

LUCKY DOG ALWAYS RECOMMENDS THAT YOU CONTACT YOUR VET BEFORE ANY BELOW REMEDIES ARE GIVEN!!

HOW IS KENNEL COUGH TREATED?

Typically, mild cases of kennel cough are treated with a week or two of rest, but a veterinarian may prescribe antibiotics to prevent a secondary infection and cough medication to ease the symptoms. In rare cases, kennel cough may progress to pneumonia, requiring more intense medical therapy and hospitalization. If your dog doesn't start to improve on his/her own within a few weeks, make an appointment with your vet to be on the safe side. This advice also applies if your pup is having symptoms beyond what is typically seen with kennel cough.

HOME REMEDIES THAT HELP TREAT THE SYMPTOMS

Rest

If your dog is alert, active, eating well, and has only minor symptoms, your veterinarian may only prescribe general supportive care like rest and good hydration and nutrition. It is important to reduce their stress as much as possible and in order to prevent the spread of the virus keep them away from other dogs.

Raw Honey and Lemon

Lemon contains Vitamin C, which is required to improve the immune system of dogs. Mix two tablespoons of honey, one teaspoon of lemon juice, and half (1/2) cup of water. Give this mixture twice a day to your dog. Alternatively, you can also give a teaspoon or two of honey for quick recovery.

Vitamins

Vitamins speed up the process of recuperation in your dog. Vitamin C is considered useful not only for humans, but it can also be a beneficial remedy for dogs, to treat virus and bacteria related infections. The dosage level depends on the pet's weight, but generally a 500 mg tablet is given two to three times a day.

Chicken Soup

This remedy may sound strange, but it's very effective. Chicken soup soothes the throat and boosts the immune system of the dog.

Garlic Pills

Give your pet a 500mg garlic pill every day with its daily meal. This will recuperate its immune system quickly. In addition, you may also add an Echinacea capsule for a speedy recovery.

Keep the Air Moist

For quick healing, keep the air moist when your dog is suffering from throat problems. A vaporizer or humidifier can keep your dog's throat from turning too dry. You may put it near to the pet's bed or wherever it sleeps. You may also use air conditioners that have inbuilt "humidifier mode" in them.

Coconut Oil

It has antiviral properties which combat kennel cough. Give 2 teaspoons of coconut oil to your pet until the cough is cured. You may also pour a few drops in its food bowl or let it lick directly from the spoon.

Cinnamon

Sprinkle half a teaspoon of cinnamon over your pet's food. This will provide it relief from the canine common cold.

Robitussin

If your dog is 2-years-old or more, you can give it Robitussin. Generally, the recommended dosage is 4 times a day, which can be continued to 5-7 days. If you do not see any results within a week, consult a vet.

Note- Robitussin should be used only for unproductive, persistent and dry coughs. It shouldn't be used for moist or productive coughs.

Over-the-Counter Cough Syrup

Give your pet decongestant cough syrup, such as Umcka Cold Care (cherry flavor), which is easily available at almost all drugstore chains. Use a syringe to measure 1 teaspoon and spray this syrup down its throat with the syringe, at least 3 times a day. Thereafter, close its jaws and massage its throat gently.

Steam or Hot Water Bath

Steam is the easiest and powerful kennel cough home remedy, since it opens up the bronchial tubes of the dogs and assists them clear extra phlegm from their throat. Simply turn on the hot shower in the bathroom and allow the room to fill with steam. Now, let your pet inhale it for about 15 to 25 minutes. It will ease breathing.

Steam Vaporizer

Make use of a warm steam vaporizer that is widely available in all pharmacies. In a crate, covered by a sheet or in a small bathroom, direct the vapors in the direction of your dog's head. Allow your dog to breathe these vapors, for approximately 15-20 minutes. Repeat this procedure 2-3 times daily, for a minimum of 2 to 3 days.

Note – Make sure to put the vaporizer far away, to ensure the safety of your dog.

Herbal Remedies to Cure Kennel Cough

Anise Hyssop

This popular herb is widely used to alleviate mucous accumulations, irritated throats, and various other respiratory issues. It is easily available at any health store.

Drosera

If your pet is suffering from dry cough, you may use this herb. You can also use it, if your dog is experiencing contracted kennel cough.

Dulcamara

You may use this herb, if your dog sounds like it has extreme phlegm in its throat or chest, but is not able to get rid of out. You may try to firmly hit your pet's lungs at the time it is coughing, to aid getting the phlegm out.

Plantago Lanceolata

This is a very common herb which is known as English plantain. It efficiently soothes the upper respiratory tract and the inflamed throat.

Echinacea

It's very essential to maintain the strength of your dog's immune system, especially, if it is suffering from kennel cough. Echinacea aids fight against viruses and bacteria. Prolong the use of this herb until your dog recovers completely.

Licorice Root Tea

Herbal tea prepared from licorice root is, said to be, an excellent remedy for dogs suffering from kennel or canine cough. Mix together 1 tablespoon of dried licorice root and 2 cups of cold water. Boil the mixture, and then leave it till it reaches room temperature. Add a teaspoon of honey to every tablespoon of licorice tea. Give 2 tablespoons of prepared tea to your dog before meals.

- As an alternative, you can also mix a little amount of the prepared tea in your dog's food. You can store the tea, in the refrigerator, for 5 days.
- You can also prepare herbal teas from elder blossom, blackberry leaves, thyme and sage leaves.

Essential Oils

Essential oils help a pup with kennel cough to breathe in an easy way. Oils of lavender, eucalyptus, and tea tree may be used. Chamomile has a soothing effect. You may also use oregano oil, as it has antifungal, antibacterial, and antiviral properties.

- You can also prepare a mixture on your own by combining essential oils such as eucalyptus, ravenclaw, and spike lavender. Dilute the mixture and spray it to vaporize the air around your pet. It will immediately stop coughing and will also be able to breathe with ease.

Astragalus

This is a Chinese herb that fortifies the immune system. It also stimulates the regeneration of bronchial cells and supports lung function.

Slippery Elm

This herb soothes soreness and irritation in the throat of your pet.

Other Herbs

You may also try other respiratory health herbs that include wild cherry bark, black seed, mustard seed, rosehips, coltsfoot, elecampane, marshmallow root, kelp (seaweed), yarrow, mullein, and wormwood.