



## PUDDLEDUCKS Nursery & Pre-School

### NAPPY CHANGING POLICY

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#### Policy Statement

No child is excluded from participating in our setting who may, for any reason, not yet be toilet trained and who may still be wearing nappies or equivalent. We work with parents towards toilet training, unless there are medical or other developmental reasons why this may not be appropriate at the time.

We provide nappy changing facilities and exercise good hygiene practices in order to accommodate children who are not yet toilet trained.

We see toilet training as a self-care skill that children have the opportunity to learn with the full support and non-judgemental concern of adults.

As per the terms and conditions of the setting, we expect all children to arrive at the start of their session clean and dry.

#### Procedures

- Key persons have a list of personalised changing times for the young children in their care who are in nappies or pull-ups and change nappies according to this schedule, or more frequently where necessary.
- We encourage young children from two years should wear 'pull-ups' or other types of trainer pants as soon as they are comfortable with this and their parents agree.
- Key persons undertake changing young children in their key groups; back up key persons change them if the key person is absent.
- Babies and young children are changed within sight of other staff whilst maintaining their dignity and privacy at all times
- Changing areas are warm and there are safe areas to lay young children and no bright lights shining down in their eyes. There are mobiles and other objects of interest to take the child's attention.
- Gloves and aprons are put on before changing starts and the areas prepared. Paper towel is put down on the changing mat freshly for each child.

- All staff are familiar with the hygiene procedures and carry these out when changing nappies. Our staff never turn their back on a child or leave them unattended whilst they are on the changing mat.
- In addition, key persons ensure that nappy changing is relaxed and a time to promote independence in young children.
- Young children are encouraged to take an interest in using the toilet; they may just want to sit on it and talk to a friend who is also using the toilet.
  - We encourage children to wash their hands and have soap and towels to hand. They should be allowed time for some play as they explore the water and the soap.
  - We do not use anti-bacterial hand wash liquid or soap for young children; young skin is quite delicate and anti-bacterial products kill off certain good bacteria that children need to develop their own natural resistance to infection.
  - Key persons are gentle when changing; they avoid pulling faces and making negative comment about 'nappy contents'
  - Key persons do not make inappropriate comments about young children's genitals when changing their nappies.
  - Older children access the toilet when they have the need to and are encouraged to be independent.
  - Nappies and 'pull-ups' are disposed of hygienically. Any soil (faeces) in nappies or 'pull-ups' is flushed down the toilet and the nappy or pull-up is bagged and put in the appropriate bin provided. Cloth nappies, trainer pants and ordinary pants that have been wet or soiled are rinsed and bagged for the parent to take home.
  - NB If young children are left in wet or soiled nappies/pull-ups in the setting this may constitute neglect and will be a disciplinary matter. Settings have a 'duty of care' towards children's personal needs.
  - Students or volunteers working in the setting are not permitted to change or monitor nappies or toileting.