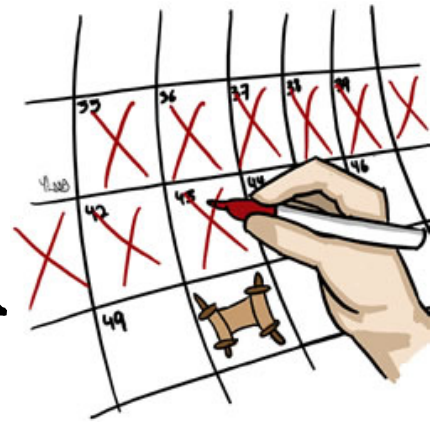


# Counting of the Omer



*And you shall count for yourselves from the day after the Sabbath, from the day that you brought the sheaf of the wave offering: seven Sabbaths shall be completed. Count fifty days to the day after the seventh Sabbath; then you shall offer a new grain offering to the LORD. Leviticus 23:15-16*

*You shall count seven weeks for yourself; begin to count the seven weeks from [the time] you begin [to put] the sickle to the grain. Then you shall keep the Feast of Weeks (Shavuot) to the LORD your God with the tribute of a freewill offering from your hand, which you shall give as the LORD your God blesses you. Deuteronomy 16:9-10*

The counting is intended to remind us of the link between Passover, which commemorates the Exodus, and Shavuot, which commemorates the giving of the Torah. It reminds us that the redemption from slavery was not complete until we received the Torah.

Before the reading, it is customary to recite a blessing after nightfall:

Blessed are You, Lord our God, King of the universe, who has sanctified us with His commandments, and commanded us concerning the counting of the Omer.

And then recite the day and week:

For instance, on the sixteenth day you would recite, "Today is sixteen days which is two weeks and two days of the Omer," likewise, on the forty-first day: "Today is forty-one days, which are five weeks and six days of the Omer" and so on until "Today is forty-nine days, which are seven weeks of the Omer."

## All readings are from Psalm 119 and begin after nightfall, Saturday, April 20, 2019.

|            |                |            |                |            |                |
|------------|----------------|------------|----------------|------------|----------------|
| ___ Day 1  | Psalm 119:1-8  | ___ Day 18 | verses 137-144 | ___ Day 35 | verses 97-104  |
| ___ Day 2  | verses 9-16    | ___ Day 19 | verses 145-152 | ___ Day 36 | verses 105-112 |
| ___ Day 3  | verses 17-24   | ___ Day 20 | verses 153-160 | ___ Day 37 | verses 113-120 |
| ___ Day 4  | verses 25-32   | ___ Day 21 | verses 161-168 | ___ Day 38 | verses 121-128 |
| ___ Day 5  | verses 33-40   | ___ Day 22 | verses 169-176 | ___ Day 39 | verses 129-136 |
| ___ Day 6  | verses 41-48   | ___ Day 23 | verses 1-8     | ___ Day 40 | verses 137-144 |
| ___ Day 7  | verses 49-56   | ___ Day 24 | verses 9-16    | ___ Day 41 | verses 145-152 |
| ___ Day 8  | verses 57-64   | ___ Day 25 | verses 17-24   | ___ Day 42 | verses 153-160 |
| ___ Day 9  | verses 65-72   | ___ Day 26 | verses 25-32   | ___ Day 43 | verses 161-168 |
| ___ Day 10 | verses 73-80   | ___ Day 27 | verses 33-40   | ___ Day 44 | verses 169-176 |
| ___ Day 11 | verses 81-88   | ___ Day 28 | verses 41-48   | ___ Day 45 | verses 1-8     |
| ___ Day 12 | verses 89-96   | ___ Day 29 | verses 49-56   | ___ Day 46 | verses 9-16    |
| ___ Day 13 | verses 97-104  | ___ Day 30 | verses 57-64   | ___ Day 47 | verses 17-24   |
| ___ Day 14 | verses 105-112 | ___ Day 31 | verses 65-72   | ___ Day 48 | verses 25-32   |
| ___ Day 15 | verses 113-120 | ___ Day 32 | verses 73-80   | ___ Day 49 | verses 33-40   |
| ___ Day 16 | verses 121-128 | ___ Day 33 | verses 81-88   | ___ Day 50 | verses 41-48   |
| ___ Day 17 | verses 129-136 | ___ Day 34 | verses 89-96   |            |                |