

# Weekly food Order Sheet

Name of Pupil: -

Class/Form Group:-

Week Beginning: -

	Day One	Day Two	Day Three	Day Four	Day Five
<b>Week Combo meal</b>					
<b>Additional Snacks required</b>	1. 2. 3.	1. 2. 3.	1. 2. 3.	1. 2. 3.	1. 2. 3.

**Additional snacks menu can be selected from the below**

**Snacks Selection :**

- Oat meal cookie-Sr-2
- Low sugar fresh muffin-Sr-2
- Low fat carrot cake-Sr-2
- Fruit Salad cup-Sr-4
- Greek Salad-Sr-4
- Flavored yogurts-Sr-2
- Vegetable Crudities with Hummus dip-Sr-4
- Mini Zattar Croissant (40gms)Sr-2
- Cheddar Cheese & 3 whole wheat cheese -Sr-6
- Boil brown or while rice-Sr-2
- Labna-Sr-2

Note:- To allow for planning, meals must, where possible, be ordered for the week, initially.

# CATERING



Week beginning 26<sup>th</sup> September

Lunch Menu Pack SR.13.00 per day, SR. 65.00 per week (Including Vat)

	Day One	Day Two	Day Three	Day Four	Day Five
<b>Main</b>	Baked Chicken Nuggets with Oven baked chips	Chicken with lettuce and mayonnaise sandwich made with Wholegrain or high fiber assorted bread	Mini Beef burgers (2) with French fries.	Mini pizza (chicken or pepperoni) 2pcs with oven baked home fries	Honey soya Chicken, salad wrap with homemade potato chips
<b>Whole Milk, water or tetra pack juice</b>	Whole Milk, water or tetra pack juice 180ml	Whole Milk water or tetra pack juice 180ml	Whole Milk, water or tetra pack juice 180ml	Whole Milk, water or tetra pack juice 180ml	Whole Milk, water or tetra pack juice 180ml
<b>Optional Cut Fresh fruit (Included in the price)</b>	Red Apple	Banana	Watermelon	Honeydew melon	Grapes