



## Resources for Lower Priced Drugs and the Quality of Supplements

**Pharmacychecker.com** is the only independent company that verifies U.S. and international online pharmacies and compares prescription drug prices. The verifications and price comparisons have been referenced by AARP Magazine, the New York Times, the Wall Street Journal, and many others. It was formed in 2002 when founder, Tod Cooperman, M.D., saw that increasing numbers of Americans were looking on the Internet to save money on medication but did not have adequate information to protect their health. They are a stakeholder in the online consumer-driven healthcare community, seeking an open Internet environment that promotes innovation and new business models, especially those that serve the public health.

An approved pharmacy means:

- Pharmacy is licensed
- Prescription is required
- Pharmacy contact information is confirmed
- Privacy policies protect personal information
- Personal/financial data transmission is encrypted

To check the prices of drugs go to [pharmacychecker.com](http://pharmacychecker.com), enter the drug name. If you need the brand name, enter the brand name. If you can take the generic form of the drug enter the chemical name. For example, Viagra is a brand name for sildenafil. Searching [pharmacychecker.com](http://pharmacychecker.com) the cost of the brand name Viagra 100 mg is \$8.00 a pill. The generic drug (sildenafil) is \$1.66 per pill. Another example, is Cialis (tadalafil). However, in a search of both the brand and generic 5 mg the prices were the same, \$3.39 per pill.

Make sure the pharmacy ships to the U.S.

**Consumerlab.com** is website for the checking the quality and indication for supplements. Consumerlab requires an annual membership fee to have full access to their website but it is well worth it. The cost is \$3.50 a month for 12 months (\$42.00) or \$2.88 a month (\$69.00) for 24 months.