**Touched By Suicide**

**Another child has fallen to depression. Once again**

**mental illness used suicide to take this son away.**

**My heart aches for this mother that I do not**

**know but it's not necessary, I would say.**

**Losing a love one is bad enough but suicide leaves**

**a mother with questions that cannot be answered.**

**And the harder one tries, the harder it gets. Those**

**mixed emotions can build up to be a disaster.**

**At first one gets angry, then guilt sets**

**in and one looks for someone to blame.**

**Those aching feelings penetrates deep, some-**

**times builds up to a huge gigantic flame.**

**This child whose mother carried for 9 months,**

**then raising him with all the love she had inside.**

**Again she tries to understand, only to be even**

**more confused, losing momentum, whatever stride.**

**How does one escape those racing thoughts?**

**Sleep is something that doesn't come by easy.**

**And because of the stress, one's stomach is being**

**turned upside down, leaving one feeling dizzy.**

**I have been touched by suicide, myself. I**

**understand the turmoil a mother goes through.**

**Although I can't take your pain away, know**

**that my love and prayers go out to you.**

**Written By Frances Berumen 12/9/16 <><**

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