

Dominican Retreat & Conference Center

1945 Union Street, Niskayuna, New York 12309
(518) 393-4169 www.dslny.org

Solitude on a Busy Highway

The Good News

September 2017



You are cordially invited to attend our
19th Annual

"More Than Just Desserts" Benefit

Sunday, October 29, 2017

at the

Dominican Retreat & Conference Center

6:00 - 8:00 PM



Hors d'oeuvres & Dessert Buffet

Wine & Light Beverages

Music by Ed Munger, Classical Guitarist

Silent Auction

*Come bid on a wide range of items.
Watch our website and Facebook page
for an enticing partial list of items.*

If you would like to participate in this fund raiser
to benefit the Dominican Retreat and Conference Center,
please complete the R.S.V.P. form and send it
with your check to:

Dominican Retreat and Conference Center
1945 Union St. Niskayuna, NY, 12309



"More Than Just Desserts" Reservation Form

R.S.V.P. before Monday, October 23

Name _____

Phone _____

Address _____

I/We **will** attend as:

____ Friend - \$50 per person \$ _____

____ Partner - \$75 per person \$ _____

____ Patron - \$100 per person \$ _____

I/We **cannot** attend, please accept this

contribution \$ _____

Enclosed is my check # _____ or

bill my M/C ____ Visa ____ Discover ____

Expiration date _____

(Please **PRINT** name as it appears on card)

Please make checks payable to:
Dominican Retreat & Conference Center
1945 Union Street, Niskayuna, NY 12309

*For those attending,
the tax deductible portion of your contribution is
the amount in excess of \$25 per person.*

(For office use only) DB _____ BC or BC ANON p&e

ℓ copy copy prog LT _____

sent _____ by _____



From the Desk of our Administrator

Sr. Sue Zemgulis, OP

I don't know about you, but this summer I was feeling a little like Noah – wondering if the rain was ever going to stop! While not sending forth ravens or doves, I must say I have delighted in the diversity of birds and butterflies that have made their appearance on the property as a result of the tall grasses, the weeds (wait – they did have flowers when they got really big!) the bugs and the worms.

Many days we went out looking for rainbows when the sun made an appearance and often saw one. One afternoon there was a double rainbow, but part of it was also replicating itself and could actually have been considered a triple! It was gorgeous!

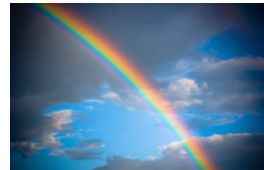
For Noah and his family, the rainbow was a sign of God's promise to them and to all of the creatures of the earth – a promise of God's unconditional love and abundance, a sign of the covenant that God made with them swearing not to destroy this earth or its inhabitants.

Sometimes I get discouraged by the violence in the world, by the ways we are stripping our earth of its resources and our neighbors of their dignity, by the fear that is permeating

our airwaves and our hearts, and by the disappearance of lush green spaces filled with an incredible diversity of creatures. God is not doing that to us – we are doing that to ourselves. But then I see a yellow finch on the weeping cherry tree, a monarch fluttering around the verbena, a doe wandering under our apple tree, and a rainbow in the sky!

And I remember God's promise -
Unconditional Love
Abundance
Beauty
and the Knowledge that I am never alone!

It gives me the courage and strength to do what ***I can*** to live my part of the covenant with God... by being a rainbow for others.



S. Zemgulis, OP



Welcome to the newest Sister Susan!

Sr. Susan M. Leslie, OP, a native of Revere, MA, is the newest member of our staff. She comes to us with a variety of ministerial experiences in her background, from teaching high school religion to parish ministry, and from hospital ministry to over 12 years as a missionary in South America. Her bachelor's degree is in Religious Studies with a concentration in scripture. She has also done some graduate level studies in theology, scripture, and spirituality. Her master's degree is in Physical Therapy.

During her years in Peru, she received her training in Spiritual Direction through the Emmaus Program of Spiritual Accompaniment co-directed by a Dominican Sister from Argentina and a Benedictine Monk from Belgium. Her ministry in Peru was multi-faceted. She was the founder and director of a complementary medicine center in the Diocese of Chimbote that focused on giving personal treatments and teaching both individuals and groups some methods of holistic self-care with a particular focus on those living in poverty. As a member of the Pastoral Social of the Diocese (social action group) she was engaged in various outreach projects, such as prison ministry in the women's section of the local prison, and the annual diocesan social justice week. Sr. Susan served in leadership roles among Dominican Sisters in Latin America, as the President of the Federation of Dominican Sisters of Peru, and as a team member in the Confederation of Dominican Sisters of Latin America and the Caribbean. She has experience accompanying both men and women, religious and lay, as well as facilitating retreat experiences. She finds spiritual accompaniment and retreat work to be particularly rewarding because it gives her the opportunity to witness the Spirit's work in the lives of others as they seek to grow in their self-understanding and their relationship with God.

Sr. Susan will be a member of the retreat staff, and the coordinator of our 12-Step Programs and Retreats. Additionally, she will be available for ongoing Spiritual Direction. She is bilingual, so Spanish-speakers are welcome!



by Annette Brooks, Program Director

Once again, we are experiencing another season—that of Summer. Now is the time for the gathering of what had been planted during the Spring, or had laid dormant over the previous months—a time of harvesting. We are surrounded with flowers and vegetation of many sorts. We are experiencing their vibrant colors and are now benefiting from the many vegetables and fruits that had been planted. Seeds and young plants that have been allowed to grow to fruition are now being harvested and enjoyed. We have been truly blessed in our season of Summer, with the grandeur of God becoming obvious in so many ways.

What has God been growing in you over these months? Maybe it has been a deeper yearning to spend more quiet time with God in prayer, or to show God's love to another through your giving of service and care, as described in the Spiritual and Corporal Works of Mercy, or are you experiencing a hunger for justice for society's most vulnerable? If you can take some time to reflect, you will probably notice what God has been planting and growing in you. When you do, allow that which God has planted to

continue to blossom and bloom. Or, it may be ready to be harvested. Then, it is time to own what God has planted and nurtured in you, and to move forward and share your fruits with those around you.

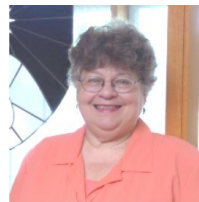
I invite you to refer to the calendar in the newsletter, listing the upcoming programs, days and evenings of reflection, along with retreats and other opportunities that are being offered at the Dominican Retreat and Conference Center. These will provide an opportunity for you to take the time, to reflect, uncover, and discover what God has planted and nurtured in you, and the fruits and gifts you are being asked by God to share with others. Try to imagine God's joy, as God sees the bounty that can be provided to others through you, who is God's creation. Enjoy the seasons of your journey with God and embrace the journey wherever it may lead.



The Happiness Project Cecelia Amendolia, OPA

What the World needs now is a tremendous amount of Happiness!

A few months ago I offered a weekend program titled, "Is God in your Happiness Project"? Using the book "The Happiness Project" the group journeyed into the definition of happiness and found out it is pretty easy to be happy. The author of the book created a 12-month outline for herself on how to achieve personal happiness in her ordinary day. We took her idea and created our own plan, bringing our faith and our relationship with God into it. Our plan can happen according to our own timeline. In each newsletter I will be offering a reflective reminder.



The project of being Happy starts with loving yourself as God created you.

The first step is to deepen our relationship with God and care for ourselves.

- ~ Find a Spiritual Director or if you have one, see the Director monthly if possible.
- ~ Make sure you are getting enough sleep
- ~ Create an exercise plan for yourself.

Any one of these changes can create happiness!

You can email me at ceildrh@yahoo.com and let me know how it is working for you.

...and Conference Center

Autumn is fast approaching - apple crisps and pumpkin everything, beautiful colors on the trees - it is like a new beginning before everything is quiet again.

It is not quiet at the Conference Center! We are busy and love it this way! We are booking for 2019, so don't think that you are too early. Weekday meeting dates are up for grabs in 2017.

This past spring we had bagpipers, and in August a week long cello workshop was here. So we have very diverse groups meeting here. I would love to talk to you about setting up a meeting, dinner, or retreat.

Shawn Palleschi
Conference Director
(518) 393-4169



Program Highlights....

Morning of Reflection for Women

The Woman God Sees

is:

Brave and Courageous (Sept. 26)

Sr. Susan Zemgulis, OP

Loving and Compassionate (Oct. 3)

Sr. Susan Leslie, OP

Hopeful and Visionary (Oct. 10)

Annette Brooks, MA

Wise (Oct. 17)

Sr. Carol Davis, OP

Our time together will include prayer, presentation and reflection...and lunch!

10:00AM-1:00PM

Come to any or all!



Senior Day of Reflection

October 4

Francis of Assisi --A Man for Everyone who Loved this World and it's People

We will pray together for our world - where the need of mutual understanding and tolerance are so crucial to the continued existence of our planet and the protection of its beauty.

9:45AM -3:00PM

Directed by Fr. Gary Gelfenbein



Visitation Ministers Evening of Reflection

October 5

Recognizing the Good Samaritan Within

The mandate of the parable of the Good Samaritan calls us to look beyond a person's outsides and see the face of Christ within.

The person we see before us is Christ asking us to bind his wounds and tend to his needs.

Come and reflect together about how well we see him right in front of us.

6:20PM-9:15PM

Directed by Fr. Tom Konopka



Dreaming Workshop

October 21

The Art of Healing through Dreaming

Pre-requisite: Participation in one of Sr. Carol's dream groups, retreats or workshops.

This is a day of active dreaming together in support of spiritual, emotional and physical healing for ourselves and others.

Bring your journal for action plans and **a symbol of healing** that you can place at the center of the circle.

10:AM-4:00PM

Directed by Sr. Carol Davis, OP



Creative Day of Reflection

October 22

Contemplative Creativity

Jesuit theologian Walter Burghardt once described contemplation as "*a long, loving look at the real.*"

And looking ... contemplating ... not only nourishes our inner life, but is a boon to our creative life.

It is a down to earth approach that you most likely already employ in some fashion.

Bring your journals, sketchbooks, cameras or just come and join us for "*a long, loving look at the real.*"

11:00AM-4:00PM

Directed by Claudia Gregoire, OPA



Pray and Paint Workshop

October 22

The Leaves of the Tree are for the Healing of the Nations

The workshop combines reflection on nature, painting and God's Word. It includes doing a step by step painting of *Yellow Tree* for you to take home.

1:30PM-4:30PM

Directed by Noreen Powell

Thanksgiving Day of Reflection

November 7

A Grateful Heart is God's Gift in Troubled Times

Join us as we take a look at gratitude as the antidote for anger, the corrective for entitlement and the font of grace for life

9:45AM-3:00PM

Directed by Fr. Rick Lesser



Presentation

November 28 10:00AM-12:00PM

or

November 30 7:00PM-9:00PM

An Introduction to Islam

This presentation will offer an overview of ISLAM, the religion of Muslims.

The 5 "Pillars" of Islam will be reviewed, along with excerpts from the Qur'an, some Muslim prayers, quotes related to 9-11 and connections with the Catholic Church faith.

Come and increase your knowledge about this faith understood by few yet prominently featured in the media.

Pope St. John Paul II said, "Together we must proclaim to the world that the name of the one God is a name of peace and a summons to peace."

Directed by Fr. James Kane



Afternoon of Prayer and Reflection

December 10

Peace in our Hearts and in Our World

Music, presentation, prayer, and refreshments.

All are welcome.

Free of charge, donations accepted. Please register so we know how many to prepare for!

Come be in a peaceful setting and pray for peace with us!

1:00PM-3:00PM

Led by Dominican Sisters and Associates of Peace

Day/Evening Programs September-December 2017

FYI: times on calendar indicate the **scheduled time** for the actual beginning and end of the program.



CASAC Training

*The Wounded Observer: Accumulated Trauma
and the Search for Meaning* 9:00AM-4:00PM
Friday, September 15 fee paid by 9/8: \$60.00
John Crowe, LMHC, BCSCA after 9/8: \$65.00

Vespers in the Spirit of Taizé

Thursdays: Sept. 21, Oct. 19, Nov. 16, Dec. 7
7:00PM-8:00PM

Coffeehouse featuring.....

Running the River 7:00PM-9:00PM
Sunday, September 24 \$16.00

Benefits Dominican Pastoral Counseling Center

Morning of Reflection for Women:

The Woman God Sees is:
Brave and Courageous (Sr. Susan Zemgulis, OP)
September 26
Loving and Compassionate (Sr. Susan Leslie, OP)
October 3
Hopeful and Visionary (Annette Brooks)
October 10
Wise (Sr. Carol Davis, OP)
October 17
10:00AM-1:00 PM \$75 for all 4/\$20 each

Senior Day of Reflection

Francis of Assisi - A Man for Everyone
Who Loved this World and its People
Wednesday, October 4 9:45AM-3:00PM
Fr. Gary Gelfenbien \$25.00

Evening of Reflection for Visitation Ministers

Recognizing the Good Samaritan Within
Thursday, October 5 6:20PM-9:15PM
Fr. Tom Konopka \$25.00

12 Step Sunday Afternoon Presentation

Addiction and the Family
Sunday, October 8 1:30PM-4:30 PM
Rev. Sally Heiligman \$20.00

Monthly Workshop

Ongoing Organizing, Changing, Downsizing, Rightsizing
Thursdays: Oct. 12, Nov. 16, Dec. 14 10:00AM-noon
Ceil Amendolia, OPA \$15.00 per session

Promoters' Conference

Sunday October 15 2:00PM-6:00PM

Grounds Day 10:00AM-7:00PM
Come join us for any part of the day - Food provided
October 20

Dreaming Workshop

The Art of Healing Through Dreaming
Saturday, October 21 10:00AM-4:00PM
Sr. Carol Davis, OP \$40.00
**Participants must have previously attended one of Sr. Carol's dream programs or dream groups.*

Day of Creativity

Contemplative Creativity
Sunday, October 22 11:00AM-4:00PM
Claudia Gregoire, OPA \$30.00

Afternoon Pray and Paint Workshop

The Leaves of the Tree are for the Healing of the Nations
Sunday, October 22 1:30PM-4:30PM
Noreen Powell (includes supplies) \$35.00

Annual Fund Raiser: More Than Just Desserts

Sunday, October 29 6:00PM-8:00PM
(see invitation p. 1) \$50.00

CASAC Training

*Working with the LGBTQ Clients in Addiction
and Substance Abuse Services* 9:00AM-4:00PM
Friday, November 3
Sue Sulzman, LCSW, MAC, CASAC
fee paid by 10/27: \$60.00 after 10/27: \$65.00

Thanksgiving Day of Reflection

A Grateful Heart is God's Gift in Troubled Times
Tuesday, November 7 9:45AM-3:00PM
Fr. Rick Lesser \$30.00

12 Step Evening of Gratitude

Adjust your Attitude with a Dose of Gratitude
Tuesday, November 14 6:20PM-8:30PM
Anne Samson \$25.00

Presentation

An Introduction to Islam
Tuesday Morning, November 28 10:00AM-noon
OR
Thursday Evening, November 30 7:00PM-9:00PM
Fr. James Kane \$15.00

Advent Evening of Reflection

TBA
Tuesday, December 5 6:20PM-9:15PM
Bishop Edward Scharfenberger \$25.00

Day/Evening Programs September-December 2017 (continued)

Prayer and Reflection

Peace in Our Hearts and in Our World

Sunday, December 10 1:00-PM-3:00PM

Dominican Sisters and Associates of Peace

Advent Day of Reflection

Do you hear what I hear?

Wednesday, December 13 9:45AM-3:00PM

Fr. Tom Berardi \$30.00

Evening for Trauma Survivors and Their Allies

From Darkness to Light

Friday, December 15 7:00PM-9:00PM

**Sr. Carol Davis, OP; Br. Mickey McGrath, OSFS;
and Sr. Sue Zemgulis, OP** \$25.00

Day for Women Survivors of Sexual Abuse

Maternal Womb of Mercy

Saturday, December 16 10:00AM-4:00PM

**Sr. Carol Davis, OP; Br. Mickey McGrath, OSFS;
and Sr. Sue Zemgulis, OP** \$40.00

Annual Carol Event

Sunday, December 17 2:00PM
(Doors open at 1:30PM)

New Year's Evening of Reflection

Behold, I Make All Things New

Sunday, December 31 7:30PM-1:00AM

Fr. Dan Dwyer, OFM \$25 eve/\$50 overnight



Promoters Conference
Sunday October 15, 2017
2:00PM-6:00PM

Complete this **REGISTRATION FORM** and include with deposit (\$50.00 non-refundable for Weekend Registration)

To save time and postage, Credit Card Reservations can be

✓ e-mailed (dslcny@nybiz.rr.com)

✓ faxed (518-393-4525)

✓ phoned in (518-393-4169)

Mr. Mrs. Ms.

Other _____

Name: _____

Address: _____

City/St/Zip _____

Phone (h) _____ (w) _____

(c) _____

E-mail _____

Diet/room need _____

Please register me for the following Program:

_____ Date _____

Deposit: \$ _____ Check #: _____ Coupon _____

Credit Card: M/C Visa Discover

_____ Exp. _____

Print name as it appears on card for clarification

(Office Use only)

BK DB List Conf Code: _____

Weekend Programs September-December 2017

Women's Theme Weekend

What do you want me to do for you? (Mk. 10:51)

September 15-17

Sr. Kay Kanick, RSM \$205.00*

Women's Theme Weekend

What do you want me to do for you? (Mk. 10:51)

September 22-24

Sr. Marilyn Vassallo, CSJ \$205.00*

Retreat for Women Concerned with Alcoholism

Growing Toward Wholeness: Healing and Self-Care

October 13-15

Sr. Susan Leslie, OP, MPT \$205.00*

Men's Theme Weekend

What do you want me to do for you? (Mk. 10:51)

November 3-5

Bishop Emeritus Howard Hubbard \$205.00*

Weekend for Women: Heart and Soul Quest

Hope: Openness to Possibility

November 17-19

Sr. Carol Davis, OP \$205.00*

Advent Silent Weekend for Men and Women

Too Blessed or Too Stressed

December 1-3

Fr. Ray Dlugos, OSA \$205.00*

Yoga Overnight for Men and Women

Yoga & Guided Meditation for the Mind, Body and Spirit

December 8-9

Sonya Boesse \$100.00

Weekend Programs begin Friday with sign-in at 6:45 PM

***Weekend Retreats - \$205.00**

Seniors (65 and older - \$190.00)

Be assured however that no one will ever be turned away for lack of funds.



Support our annual fund raiser, **“More than Just Desserts”** by joining in this year’s raffle!
 Once again the Committee has decided to have **two special drawings**.
 One drawing is for the popular **Year Long Pass**, good from January 1-December 31, 2018.
 It enables you to attend any and all programs at DRCC free of charge.
 The other drawing is for a king sized Tile Tango quilt in shades of green, maroon and tan created by Sr. Betsy Van Deusen, CSJ and The Bazaar Krafty Girls of Shrewsbury, Mass

**Drawings will be held on
 Sunday, October 29, 2017 at our Fall Benefit,
 “More Than Just Desserts”**

*On each ticket please put a check mark
 before the drawing of your choice.
 Need not be present to win.
 Donation not required for participation.*



Dominican Retreat & Conference Center 2017 Drawing
 ___ Year Long Pass OR ___ Quilt (Tile Tango—king sized)
 Name _____
 Address _____
 Telephone _____
 Please make checks payable to: D.R.C.C.
 Mailing address: 1945 Union St., Niskayuna, NY 12309.
Tickets: \$2.00 each /3 for \$5.00. Need not be present to win.
 Drawing: Sunday, October 29, 2017
 Donation not required for participation

Dominican Retreat & Conference Center 2017 Drawing
 ___ Year Long Pass OR ___ Quilt (Tile Tango—king sized)
 Name _____
 Address _____
 Telephone _____
 Please make checks payable to: D.R.C.C.
 Mailing address: 1945 Union St., Niskayuna, NY 12309.
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 Drawing: Sunday, October 29, 2017
 Donation not required for participation

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Dominican Retreat & Conference Center 2017 Drawing
 ___ Year Long Pass OR ___ Quilt (Tile Tango—king sized)
 Name _____
 Address _____
 Telephone _____
 Please make checks payable to: D.R.C.C.
 Mailing address: 1945 Union St., Niskayuna, NY 12309.
Tickets: \$2.00 each /3 for \$5.00. Need not be present to win.
 Drawing: Sunday, October 29, 2017
 Donation not required for participation

Ongoing Programs



Monthly Workshops for Men & Women

Organizing,
Changing,
Downsizing,
Rightsizing

**Thursdays: Sept. 14, Oct. 12,
Nov. 16, Dec. 14**
10:00 AM - 12:00 PM



"Sung Vespers in the Spirit of Taizé"

Join us as we pray
(singing, quiet time, scripture
and intercessory prayer)

**Thursdays: Sept. 21, Oct. 19,
Nov. 16, Dec. 7**
Time: 7:00-8:00PM



Dream Group
with Sr. Carol Davis, OP
**October 2, November 6,
December 11**

Meets monthly / \$25 per class
CarolDavisOP@gmail.com OR call:
(518) 393-5517

**Would you like an evening of
great music? Come hear ...**

Running the River

at
Dominican Retreat and Conference
Center

Sunday, Sept. 24, 7-9PM
Cost: \$16

includes music and snacks



*Proceeds benefit Dominican Pastoral
Counseling Center*

*Questions: Sr. Carol Davis, OP
518-393-5517*

*Directions: Please visit
www.dslny.org*



Advent offerings

Advent Silent Weekend For Men & Women

December 1-3, 2017

"Too Blessed or Too Stressed"

This retreat will focus on the passage from Matthew's Gospel in which Jesus invites all who labor and are heavy burdened to come to him so that he can give us rest and replace our burdens with the yoke of Christ.

The conferences will invite participants to reflect on the forces that push and drive our choices and priorities. We'll examine what we may be able to lay down, and not only lose nothing, but gain freedom and peace. And finally, to discern what burdens, crosses, or yokes we are being asked to carry by Christ

Directed by Fr. Ray Dlugos, OSA

Advent Evening of Reflection

Tuesday, December 5

TBA

Directed by Bishop Edward Scharfenberger



Advent Day of Reflection

Wednesday, December 13

Do you hear what I hear?

Preparing, Waiting and Listening. The day will call us to discover and make time in the course of our busy lives to *prepare, to be patient and to see and hear* a star shining in the night that will bring us goodness and light.

Directed by Fr. Tom Berardi

Heart & Soul Quest

A retreat for women

November 17-19

Hope: Openness to Possibility

We can lose hope when overwhelmed by life through great loss, repeated failure, being hurt by people we trust, being in impossible situations.

When we feel hopeless, it is the nature of the One Beyond All Names to lead us through the valley of darkness and the shadow of death to new life.

You can grow hope through
Faith – Gratitude – Love –

Come celebrate possibilities
this weekend!

Directed by Sr. Carol Davis, OP

Yoga Overnight for Women and Men December 8-9

Yoga & Guided Meditation for the Mind, Body & Spirit

Relax, Renew, Restore and Reflect
with this Yoga Overnight.

Excellent for going "inwards" and
deepening your learnings of 2017 in
order to start 2018 with new wisdom.

Workshop includes: gentle easy yoga,
deep relaxation at the end of class,
basic breath-work, healing guided
meditation, intention setting, silence &
stillness, self-nurturing time, private
journaling time and a good nights sleep
away from life's responsibilities
worries and distractions.

Directed by Sonya Boesse

Evening for Trauma Survivors and Their Allies

From Darkness to Light.

December 15

An evening of healing and prayer



Day for Women Survivors of Sexual Abuse

The Maternal Womb of Mercy
December 16

A day of empowerment, connection,
healing and transformation.

Both programs will be led by **Sister Carol Davis, OP**, **Brother Mickey O'Neill McGrath, OSFS**, and **Sister Sue Zemgulis, OP**



DRCC Recovery Corner

Sunday afternoon, October 8, the Rev. Sally Heiligman will be here to guide us in reflection, prayer, and

discussion about *Addiction and the Family*. Rev. Sally will focus on the behaviors of family members and addicts alike that often preserve the family, but also enable the addict. Learn some ways that each person can change their behaviors and begin to break the pattern of addiction. This afternoon is open to both men and women.

Sr. Susan M. Leslie, OP will guide the weekend for **Women Concerned with Alcoholism**, scheduled for **October 13-15**. The theme will be *Growing Toward Wholeness: Healing and Self-Care*. Sr. Susan reminds us that we are all on a life-long journey toward freedom—freedom from whatever holds us captive, and freedom for whatever gives us life. She will guide us in meditations and other healing modalities that will help us on our road to ongoing recovery, one day at a time!

Our annual **Evening of Gratitude** for men and women is scheduled for **November 14**, from 6:30 to 8:30 p.m. We will begin with a delicious dinner, and then explore together the theme *Adjust Your Attitude with a Dose of Gratitude* under the guidance of **Anne Samson**. Anne plans to share some practical ideas with us that we can use to increase our gratitude each and every day.

Some other dates to save:

- In December, **Sister Carol Davis, OP**, **Brother Mickey O'Neill McGrath, OSFS**, and **Sister Sue Zemgulis, OP** will be leading two programs of interest: **December 15** an **Evening for Trauma Survivors and Their Allies** with the theme of *From Darkness to Light*. Then on **December 16** during a **Day for Women Survivors of Sexual Abuse** titled *The Maternal Womb of Mercy*. (see previous page)
- Sunday, **January 7, 2018** we will have an afternoon for women and men in 12-Step Programs on *Resilience & Recovery: Integrating Gratitude, Grace and Mindfulness in the Practice of the Twelve Steps* led by Diane Cameron.
- The retreat weekend for **Men Concerned with Alcoholism** will take place **February 9-11, 2018**. **Fr. Emmet Murphy, OFM** will facilitate the weekend with the theme *Sought Through Prayer and Meditation*.
- **March 16-18, 2018**, **Sr. Carol Davis, OP** will lead a weekend for **Women Survivors of Sexual Abuse**.
- The **Men and Women's 12-Step Weekend** retreat is scheduled for **April 13-15, 2018**.

Keep Coming Back!

CASAC Training

These trainings are designed to provide CASAC credentialing credit. However, all are welcome to attend.

Friday, September 15, 2017

The Wounded Observer: Accumulated Trauma and the Search for Meaning.

a CASAC/CPP/CPS Workshop with

John Crowe, LMHC, BCSA

Early registration on or before 9/8/17

Friday November 3, 2017

Working with the Lesbian, Gay, Bisexual, and Transgender Clients in Addiction and Substance Abuse Services.

a CASAC/CPP/CPS Workshop with

Sue Sulzman, CASAC

Early Registration: on or before 10/27/17

Each of the trainings begins with registration at 8:30AM and ends at 4:00PM.

They are approved through NYS OASAS for 6 hours credentialing credit.

Coffee, tea, lunch, and snacks are included.

Early registration \$60.00 per person.



Grounds Day at DRCC

Friday, October 20, 2017

10:00am to 7:00pm

Come for ANY PART of the day!

Food provided.

Bring your gloves, rakes, hedge trimmers, etc. and your energy.

Contact Ceil at: 518-393-4169 Ext. 231, if you can help.

Many Hands Make Light Work!



The Good News is published four times a year.

Dominican Retreat & Conference Center

1945 Union St, Niskayuna, NY 12309

518-393-4169 dslcnny@nybiz.rr.com (email)

www.dslcnny.org

\$5.00 Coupon

Present this coupon to receive \$5.00 off a day or evening program at: **Dominican Retreat & Conference Center**

\$10.00 Coupon

Present this coupon to receive \$10.00 off a weekend program at: **Dominican Retreat & Conference Center**



Dominican Retreat & Conference Center
Dominican Spiritual Life Center
1945 Union Street, Niskayuna, NY 12309

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TIME FOR A TRUCK UPDATE!

So many of you have given generously to our Truck Fund and we are immensely grateful!

As of August 17th, when this newsletter went to the printer, we were 57 % of the way there!

Thank you for all you have done and continue to do for us!



Yes, I would like to donate to the **Truck Fund**
for the
Dominican Retreat and Conference Center

\$10____ \$20____ \$50____ Other Amount____

Enclosed is my check #____ OR M/C____ Visa____ Discover____ card

Credit Card #____ Exp.Date____

Print Name____
(as it appears on check or credit card)

Address____

City/ST/Zip____

Phone #____ Email____

If you wish to remain anonymous, please check here.____

Office use only: DB____ BC____ ANON____ LT____ Truck

Copy____ Copy____ TU sent on____ by____