

# Scrub-Style Chemo Caps

## General Directions

When you print the pattern pages, the width of the “wrap” piece at the fold line should be about 6½”. If it is not very close to that measurement, make sure that “Page Scaling” on the “Print Dialog Box” is set to “None”. Once you have printed the pattern pages, cut and tape the wrap pieces together, matching A to A and B to B.

Use ¼” seam allowances throughout.

You need about 21 inches x width of soft fabric. If you are making a reversible cap with two different fabrics, you need about 12 inches by the width of fabric of each fabric. Be careful when using fabric with a one-way design.

Fold the fabric in half and place the end marked with “Fold” of the long strip (the wrap section) on the fold. Trace the pattern and cut out. Cut 2 wrap sections.

Cut 2 circles out.

## Non-Reversible Sewing Instructions

1. Place the two wrap pieces right sides together. Sew around the tie part and across the longest edge back around to the other tie section. Leave the top open. Turn the wrap inside out and press. Top or edge stitch around the edge of the sewn seam.
2. Place the two circles wrong sides together. Zigzag around the outside edge. Fold the circle (crown) in quarters and mark each quarter mark.
3. Fold the wrap in quarters and mark each quarter section.
4. Match one edge of the wrap to one of the quarter marks on the circle. Pin from that mark matching up to the next quarter. Sew the quarter of the circle. Continue matching each quarter section all the way around. Overlap the last edge ½” over the first edge of the wrap.
5. Zigzag the raw edges of the circle seam.
6. Press the seam towards the center of the crown and top stitch around the crown top in the inner portion of the circle making sure the inner seam gets tacked down by the top stitching.
7. Tack down the edge where the ties overlap to close up the hole in the back a little.
8. Fold over the front of the hat down to the ties and tie the back in a small knot.

### *Reversible Sewing Directions*

1. Place the two wrap pieces right sides together and sew around 3 sides, leaving the short, straight side (top) open. Turn right side out and press. Top or edge stitch the three sewn sides.
2. Take one circle and fold it into quarters and mark each quarter section. Mark the wrap in quarters also.
3. Pin the wrap to the right side of one of the circles matching the quarter marks. Sew all the way around the circle using a ¼-inch seam allowance.
4. Fold the wrap in toward the center of the circle. Pin the two circles right sides together, keeping the wrap away from the edges. You will have something that looks like a ravioli with the wrap part as the “filling”.
5. Sew around the circle on your previous stitching line, but leave a 2 inch opening for turning. Turn right side out.
6. Press under ¼” of the opening and glue or pin into place. Edge stitch around the crown to close the opening.







