

Del Norte Senior Center
1765 Northcrest Drive
Crescent City, CA 95531
707-464-3069
Hours 9:00am to 4:00pm

COME JOIN US!!!
Lunch Served
Monday Thru Friday
11:00am TO 12:30Pm



October 2025

Suggested meal contribution: \$3.00. No one over 60 will be denied a meal for inability to contribute. Those under 60 must pay a fee

	MON	TUE	WED	THU	FRI	SAT
1 Saltshaker indicates a higher sodium meal. Low-fat milk served with every meal. 			1 Meatloaf W/Gravy, Mashed Potatoes, Carrots, WW Bread & Fruit Cup	2 Beef and Bean Chili, Corn Bread, Green Salad w/Dressing & Peaches	3 Teriyaki Chicken, Steamed Rice, Broccoli, Banana & Fortune Cookie	4 Menu is Subject To Change Without Notice
5 Menu is Subject To Change Without Notice	6 Tuna Sandwich, Tomato Basil Soup, WW Cracker & Applesauce	7 Bean and Cheese Burrito, Fiesta Corn, Cheese Stick & Tropical Fruit Cup	8 Diced Chicken, Scalloped Potatoes, Steamed Spinach, WW Roll & Pears	9 Beef Stew, Corn Bread & Orange Slices	10 Chicken Pot Pie, Biscuit, Peas, and Carrots & Fresh Fruit	11
12  shutterstock · 156033374	13 Site Closed	14 Beef Lasagna, Italian Squash Mix Garlic Bread, & Fresh Fruit	15 Chinese Chicken Salad, WW Roll, WW Crackers & Mandarin Oranges	16 Turkey & Cheese Sandwich on WW Bread, Pumpkin Soup, WW Cracker & Applesauce	17 Chef Salad, WW Roll, Tropical Fruit Cup & WW Cracker	18  shutterstock · 156033374
19	20 Chicken Tenders, Oven Fried Potatoes, Steamed Broccoli, WW Roll & Banana	21 Vegetarian Chili, Corn Bread, WW Cracker, Cole Slaw, Cheese Stick & Mixed Fruit Cup	22 Chicken Alfredo on WW Pasta, Italian Green Beans, Garlic Bread & Fresh Fruit	23 Salisbury Steak, Mashed Potatoes, Carrots, WW Bread & Fruit Cup	24 Ham & Cheese Sandwich on WW Bread, Split Pea Soup, WW Cracker & Peaches	25
26	27 BBQ Chicken, Baked Beans, Corn & Tropical Fruit Cup	28 Beef and Bean Chili, Corn Bread, Green Salad w/Dressing & Mixed Fruit Cup	29 Baked Ham, Sweet Potatoes, WW Roll & Fresh Fruit	30 Teriyaki Chicken Steamed Rice, Broccoli & Banana	31 Happy Birthday Monster Cheeseburgers, w/ Lettuce, Tomato and Onion on WW Bun Spooky Tator Tots, Green Goblin Jello, Fruit Juice, & Wicked Chocolate Cupcakes	Senior Legal Service 464-3069 1-800-972-0002 X304 1-707-445-0866 X304

