



Do not neglect hospitality, for through it some have unknowingly entertained angels.

(Hebrews 13:2)

SCRIPTURE of the DAY

Genesis 18: 1-10

Psalms 14: 2-5

Colossians 1: 24-28

Luke 10: 38-42

When Martha complained, Jesus responded by gently inviting her to be calm and move from being distracted to being attentive. The better part is to take time to be attentive and listen to God. This dynamic reflects the balance between action and contemplation in our spiritual lives.

Today, the Church is called to extend this balance into the realm of environmental stewardship. Radical hospitality, as exemplified by Abraham's eager welcome of his guests, invites us to recognise Christ in every person and creation. This recognition compels us to act with compassion and responsibility towards the environment, treating it as a sacred trust.

Pope Francis' encyclical *Laudato Si'* emphasises this interconnectedness, urging us to care for our common home. He critiques consumerism and environmental degradation, calling for a global response rooted in justice and solidarity. The *Laudato Si'* Movement, inspired by this encyclical, mobilises Catholics worldwide to engage in ecological action, from promoting green parishes to advocating for climate justice.

Incorporating radical hospitality into environmental care means recognizing the dignity of all creation and responding with love and action. It involves creating spaces where both people and the planet can thrive, ensuring that our actions today do not compromise the well-being of future generations.

As we reflect on Martha and Mary's example, let us strive to embody both active service and contemplative listening in our approach to environmental stewardship. By doing so, we honour the sacredness of creation and fulfil our call to love and serve both God and the world He entrusted to us.✙

NEWBEC

NEW WAY OF BEING CHURCH | 16th Sunday in Ordinary Time | 20 July 2025

CELEBRATING, LISTENING AND WALKING AS PILGRIMS OF HOPE

MONTHLY FOCUS & RATIONALE

ECOLOGY (STEWARDSHIP)

CALLED TO STOPPING THE PLUNDER AND
EXPLOITATION OF RESOURCES

Radical Hospitality and Environmental Care: A Call to Action

The two famous sisters in the Gospel, Martha and Mary exemplify two paths of discipleship: Martha's active service and Mary's contemplative devotion. While often portrayed as contrasting, both are vital expressions of faith. Even though, Martha is seen as the less preferred character but then she is the one who welcomed Jesus into her home. Her hospitality created a sacred space for Jesus, and Mary's attentive listening deepened her encounter with Him.



PARISH OF OUR MOTHER OF PERPETUAL HELP
Redemptorist Community
Rev.Fr. Joseph Stephen,C.Ss.R. (Parish Priest)
Rev.Fr. Patrick Massang,C.Ss.R. (Assistant Parish Priest)
Celebrating, Listening and Walking as Pilgrims of Hope.

Address: **19-21, Jalan La Salle, Ipoh Garden, Ipoh, Perak,**
1, Jln Serindik, Ipoh Gdn., Ipoh
Tel. Nos.: (office – 05 5458220) (Fax: 05 5468495) website: omhip.org

ANNOUNCEMENTS:

FAMILY FOOD FAIR DAY

The Home for the Aged (CWS) Simee Care Centre, Ipoh will hold a Family day with Food stalls. Fun and Entertainment on

Sunday, 14 September, 2025
from 8.30 a.m. till 1.00 p.m. at Dewan SJKC Chung Tack, Lebu 2, Simee, Ipoh.
Come and Join in the fun with family & friends.
1 coupon = 5 pcs of 2 tokens = RM10/-
10 coupons (1 bk.) = RM100/-
Contact: Dennis 013 5200385 or Carol Chan 016 2948618

FEAST DAY OF ST.ALPHONSUS + ADORATION OF THE BLESSED SACRAMENT

– 1st Fri. of each month.
(date) **Friday, 1 August, 2025**
(time) **7.20 p.m.** Adoration of the Blessed Sacrament followed by a special Mass at 8.00 p.m.; the Feast day of St.Alphonsus Liguori, Founder of the Redemptorist Congregation. All are invited to celebrate with the Redemptorists.

FUND RAISING FOR St.Mary's Chapel, Kg.Tersusun, Ulu Kinta.

Dear Parishioners,
Our chapel in Ulu Kinta is in need of funds to repair the roof of the chapel. It cost RM100,000/-. We are launching a project called "Buy A Brick". Each brick cost RM10/-. Kindly help us to raise the needed fund.
God bless you.
(Fr. Joseph Stephen, Parish priest)

LITURGICAL EXHIBITION

by RCIA, CGS, Sun.Sch. & Altar Servers on
(date) Sun. 20 July,2025
(time) 9.00 a.m. – 1.00 p.m.
(venue) OMPH Parish hall.
All are welcome.

PARISH ACTIVITIES & MEETINGS: (July/August 2025)

- * 20/7/2025 - 9.00 a.m. – Evangelizing Catechists, Liturgical Exhibition (RCIA/CGS/Sun.Sch/A.Servers) (parish hall)
- * 20/7/2025 - 3.00 p.m. - Youth (Mk.Rm.)
- * 20/7/2025 - 4.00 p.m. – CJM (Wallace Rm.)
- * **20/7/2025 - 7.00 p.m. – Parish Pastoral Council (parish hall)**
- * 22/7/2025 - 8.00 p.m. – Legion of Mary (C) (St.Mt.Rm.)
- * 24/7/2025 - 7.30 p.m. – RCIA (E) (St.Mk.Rm.)
- 8.00 p.m. – RCIA (BM) (Wallace Rm.)
- 8.00 pm. – RCIA (T) (St.Paul Rm.)
- * 25/7/2025 - 8.00 p.m. – RCIA (C) (ven Francis Xavier Rm.)
- * 28/7/2025 - 8.00 p.m. - Group study(C) (Gospel of Mark) (ven Francis Xavier Rm.)
- * 29/7/2025 - 8.00 p.m. – Legion of Mary (C) (St.Mt.Rm.)
- * 31/7/2025 - 7.30 p.m. – RCIA (E) (St.Mk.Rm.)
- 8.00 p.m. – RCIA (BM) (Wallace Rm.)
- 8.00 pm. – RCIA (T) (St.Paul Rm.)
- * 1/8/2025 - 8.00 p.m. – RCIA (C) (ven Francis Xavier Rm.)
- * 5/8/2025 - 8.00 p.m. - Legion of Mary (C) (St.Mt.Rm.)
- 8.00 p.m. - Liturgical Committee (St.Mk.Rm.)
- * 6/8/2025 – 8.00 p.m. – Chinese Apostolate (St.Mk.Rm.)
- * 7/8/2025 - 7.30 p.m. – RCIA (E) (St.Mk.Rm.)
- 8.00 p.m. – RCIA (BM) (Wallace Rm.)
- 8.00 pm. – RCIA (T) (St.Paul Rm.)
- * 8/8/2025 - 8.00 p.m. – RCIA (C) (ven Francis Xavier Rm.)

JULY/AUGUST COFFEE MORNINGS:

- 20/7/2025 – Eucharistic Ministers
- 27/7/2025 – BEC St.Monica (T)
- 3/8/2025 - RCIA.
- 10/8/2025 – BEC St.Alphonsus Liguori.
- 17/8/2025 – RECHOSO
- 24/8/2025 – BEC St.Faustina.
- 31/8/2025 – Sunday Sch.

ETERNAL HAPPINESS TO:

- + Agnes Kiew Foh Lan departed on 10 July, 2025..
- + Rosa Lam Siew Kang @ Lim Siew Keng departed On 14 July, 2025.



All B.E.C. leaders, please take note that the Parish is trying to revive the B.E.C.s of all language groups. Kindly inform the parish office to insert into the bulletin of your BEC monthly meetings.

Next Meeting: Fri.29/8/2025.

EVENING FOR THE ENGAGED 2025

Please see your Parish Priest for registration.

EE144	8-10 Aug 2025
EE145	7-9 Nov 2025

Couples planning to get married in the year 2025, please take note of the EE Weekends held in **english** during the year.

For **Tamil marriage preparation course 2025** –

Dormitory St.Anne, Bukit Mertajam.	Aug 23 & 24/ Nov 15 & 16
Church of St.Anthony, Nibong Tebal.	(Closing date on: 1st day of each month)

Please see your Parish Priest for registration.

You are requested to register six (6) weeks before the weekend

Please see your Parish Priest for registration.

CHRISTIAN MEDITATION TIME

All are welcome to join the Christian Meditation group which meets

*** EVERY SATURDAY AT**

11.00 A.M. –

12 NOON in the Meditation room.

BAPTISM: Please contact the Parish Priest at least

ONE MONTH in advance.

Session & Rehearsal: Sat. 30/8/2025 at 10 a.m.

Next Baptism: 31 August, 2025.

MARRIAGE:

Please contact the Parish Priest at least **SIX MONTHS** in advance.

SALVATION ARMY OPEN DAY

(date) **Sat. 20 September, 2025.**

The team from Salvation Army will be in our Parish on Sat. 9 & Sun 10 of August, 2025 to sell their Open day coupons. Please give them your support.

JUBILEE SALIB OF HOPE

The Jubilee Salib will be arriving in our OMPH church on

Mon., 18 till 31 of August, 2025

* 18 till 20 Aug., the Cross will be in our church.

On the following days, the Jubilee Salib will be move to the following locations -

* 21 & 22 Aug, it will be in Our Lady's Convent.

* 23 & 24 Aug., it will be in Good Shepherd Convent.

* 25 & 26 Aug., it will be in Fatima Hospital.

* 27 & 28 Aug., it will be in St.Mary's Chapel, Kg.Tersusun.

* 29 till 31 Aug., it will be back in OMPH church.

Come and spent sometime in prayer for Hope in our lives, in our family, our parish, our country and our world. There will be special talks and celebrations. You will be informed.

PRISON MINISTRY

Penang Diocesan Prison Ministry & OMPH church organised a talk on

(date) **Sat. 9 August, 2025**

(time) 9.30 a.m. – 10.30 a.m.

(venue) ven Francis Xavier Rm.

FUNDAY 4.0

A fun day for all catechism children filled with games & activities on

(date) **Sat. 9 August, 2025**

(time) 8.00 a.m. till 12 noon.

(venue) OMPH compound.

ST.MARY'S CHAPEL, Tersusun 45th FEAST DAY CELEBRATIONS

(date) **Sat. 16 August, 2025.**

(time) **6.00 p.m. Novena,**

6.30 p.m. Mass followed by procession & Benediction.

In preparation for the feast day, St.Mary's chapel have organized nine nights of Novena and Mass starting on Fri. 8 till Fri. 15 Aug., 2025 On the 1st day; Fri. 8 Aug. at 7.15p.m. Flag raising, 7.30 p.m. Novena followed by 8p.m. Mass.

On Sat. 9 Aug there will be Novena at 7.30 p.m.

From Sun.10 till Fri. 15 Aug., Novena @ 7.30 p.m. followed by 8 p.m. Mass each night.

To help defray the expenses of the feast day, donations can be submitted at the parish office or at St.Mary's chapel.



Drug abuse is an

alarming issue in Malaysia. Since 2022, as much as 60000 youths below 18 are addicted to various kinds of substances. In this training, we will equip Parish Caritas with the skills to journey with drug users, design plans, and eventually help them recover. Also open for other parish outreach ministries and anyone who keen to learn. Sign up at

<https://forms.gle/Y5UN4LNbVkJXanwHD9> before July 29, 2025.

SCHEDULE: For MASS, DEVOTIONS and PRAYER MEETINGS.
(20 July 2025) (Mass at 8.00 a.m. if it is a PUBLIC HOLIDAY)
(All in *English* unless stated otherwise.)

SUN.20 SIXTEENTH SUN. IN ORD. TIME

8.00 a.m. Mass (E)
10.00 a.m. Mass (T)
11.30 a.m. Mass (C)

MON.21 16th Week in Ord. Time (Wk 4)/St.Lawrence of Brindisi

7.00 a.m. Mass

TUES.22 ST.MARY MAGDALENE,Apostle of the Apostles

7.00 a.m. Mass.
8.00 p.m. Tamil Charismatic prayer meeting.

WED.23 16th Week in Ord. Time (Wk 4)/St.Bridget of Sweden

7.00 a.m. Mass.

THURS.24 16th Week in Ord. Time (Wk 4)/St.Charbel Makhoul

7 a.m. Mass

FRI.25 ST.JAMES, Apostle

7.00 a.m. Mass

SAT.26 16th Week in Ord. Time (Wk 4)/SS.Joachim & Anne/B.V.M

7.30 a.m. Mass. (Novena intentions)
9.00 a.m. Novena devotion to Our Mother of Perpetual Help. (church)
5.00 p.m. Novena devotion to Our Mother of Perpetual Help. (church)
5.45 p.m. Mass.

SUN.27 SEVENTEENTH SUN. IN ORD. TIME

8.00 a.m. Mass (E)
10.00 a.m. Mass (T)
11.30 a.m. Mass (C)

ST. MARY'S CHAPEL, KG. TERSUSUN

- Sun.20 /7/2025 – 8.00 a.m. – Mass in Tamil.
- Sun.27/7/2025 – 8.00 a.m. – Mass in Tamil.

2nd COLLECTION: 20/7/2025 – For parish maintenance.

DAILY SCRIPTURE READINGS

(WEEKEND READINGS:::: Year C) (WEEKDAY READINGS :::: Year 1)

SUNDAY 20	(20 July – 27 July, 2025) (a) Gen 18: 1-10. (Ps 14: 2-5) (b) Col 1: 24-28 (c) Lk 10: 38-42
MONDAY 21	(a) Ex 14: 5-18. (Ps Ex 15: 1-6) (b) Mt 12: 38-42
TUESDAY 22	(a) Song 3: 1-4 or 2 Cor 5: 14-17. (Ps 62: 2-6, 8-9) (b) Jn 20: 1-2, 11-18
WEDNESDAY 23	(a) Ex 16: 1-5, 9-15. (Ps 77: 18-19, 23-28) (b) Mt 13: 1-9
THURSDAY 24	(a) Ex 19: 1-2, 9-11, 16-20. (Ps Dan 3: 52-56) (b) Mt 13: 10-17
FRIDAY 25	(a) 2 Cor 4: 7-15. (Ps 125: 1-6) (b) Mt 20: 20-28
SATURDAY 26	(a) Ex 24: 3-8. (Ps 49: 1-2, 5-6, 14-15) (b) Mt 13: 24-30
SUNDAY 27	(27 July – 3 August, 2025) (a) Gen 18: 20-32. (Ps 137: 1-3, 6-8) (b) Col 2: 12-14 (c) Lk 11: 1-13