

2020

Congregation Beth Israel

Congregation	Beth Israel			April
Monday	Tuesday	Wednesday	Thursday	Friday
		1	2	3 Pizza
6	7	8	9	10
Chicken sliders (Veggie) Sweet Potato Fries GF DF V Green beans GF DF V Fruit GF DF V	Soft Turkey Tacos DF Rice GF DF V Refried Beans GF DF V Fruit GF DF V	Spaghetti w/ marinara DF V Garlic Bread Sticks E Mixed veggies GF DF V Fruit GF DF V	No School Passover	No School Passover
Turkey (Veggie)Chili GF DF 13 Chopped Salad GF DF V Cornbread GF DF V Fruit GF DF V	Veggie soft tacos 14 Rice GF DF V Black Beans GF DF V Fruit GF DF V	Pasta w/ Meat sauce 15 Garlic Bread Sticks V Peas GF DF V Fruit GF DF V	16 No School Passover	17 Pizza
Turkey sloppy Joe GF DF 20 Baked Potato tater tots GF DF V Broccoli GF DF V Fruit	21 Bean & Cheese Quesadilla V Corn GF DF V Spanish Rice GF DF V Fruit	22 Fish Sticks DF Mac & Cheese V Peas & carrots GF DF V Fruit GF DF V	23 Baked Chicken GF DF Quorn Fingers GF DF V Buttered Noodles GF DF V Green Beans GF DF V Fruit	24 Pizza
27 Hamburger (veggie)sliders w/ fixins Baked sweet potato tots Zucchini & Squash Fruit	28 Cheese Enchiladas GF V Vegan Enchiladas GF DF V Black Beans, GF DF V Spanish Rice GF DF V Fruit	29 Swedish Meatballs Buttered Noodles V Mixed veggies GF DF V Fruit	30 Turkey Empanadas Cucumber & tomato salad GF DF V Fruit	