Good Feelings



Count: 32 Wall: 4 Level: Beginner

Choreographer: Fred Whitehouse (Ireland) December 2019

Music: Good Vibes (Good Feeling) [feat. Craig Smart] [DJ Antoine vs Mad Mark 2k19 Mix]

Single: 3.01



Intro - 16 counts from start of track

[1-8] Rock, Recover, Cha Cha, x2

1,2 Rock RF to R side, recover on to L

3&4 Step RF next to L, step LF in place, step RF in place

5,6 Rock LF to L side, recover on to R

7&8 Step LF next to R, step RF in place, step LF in place

[9-16] Out, Out, In, In, Cha Cha Forward R, Cha Cha Forward L

1,2 Step RF to R diagonal, step LF to L diagonal

3,4 Step RF back, close LF next to R

5&6 Step RF forward, close LF behind R, step RF forward 7&8 Step LF forward, close RF behind L, step LF forward

Restart During Wall 5 Facing 12.00

[17-24] Jazzbox 1/4 Turn R, Shoop, Clap

1,2 Cross RF over L, step LF to L side

3,4
½ turn R stepping RF to R side, cross LF over R
5,6
Step RF to R diagonal, close LF next to R
7,8
Step RF to R diagonal, close LF next to R (clap)

[25-32] Shoop, Clap, Double Hip Bump R, Double Hip Bump L

1,2 Step LF to L diagonal, close RF next to L

3,4 Step LF to L diagonal, close RF next to L (clap) square up to 3.00
 5&6 Step RF to R side with hip bump, recover weight on L, hip bump R

7&8 Hip bump L, recover weight on R, hip bump L (counts 5-8 is double hip bump R, double hip bump L weight

should end on L facing 3.00)

Smile and have some fun

E-mail: f_whitehouse@hotmail.com