

Health & Safety Protocol

Masks/Face Coverings

- **Face Mask recommendations for outdoor activities has been lifted in the state of PA**
- **Participants:** Athletes will not be required to wear cloth face coverings while actively playing
- **Fully Vaccinated** Individuals will not be required to wear a face mask
- **Anyone who is not fully vaccinated** and does not wear a mask does so at their own risk
- **Fans/Family Members:** Everyone should have one readily available if a situation arises where you need to put one on. Not wearing a face mask is at your own risk.
- It is recommended that non vaccinated individuals always wear a mask while on the sidelines and while not actively playing. Not wearing a mask is at your own risk.
 - Face coverings are still recommended by the CDC, especially for older youth & adults, when feasible, particularly in indoor or crowded locations.
 - Older youth and adult participants should have a mask readily available if a situation arises where you need to put one on.
- **Penalty Corner Mask:** We recommend that **NO SHARING** of penalty corner mask be done.
 - Teams using penalty corner mask should have each individual have their own mask
 - **Sharing a mask is done at your own risk**

Standard Procedures / Reminders

While attending a Viper Sports Club Summer League, participants should remember to follow all recommended health and safety actions. Per the CDC, these include things like:

- **Hand Washing:** Participants will need wash their hands with soap and water for at least 20 seconds after using the lavatory and returning to the field
- **Social Distancing:** It is recommended to stay at least 6 feet (about 2 arms' length) from other people, when possible. We will be encouraging social distancing with our spectators by sitting at least 6' from non-family members.
- **Cover Coughs and Sneezes:** Always remember to cover your mouth and nose with a tissue when you cough or sneeze or use the inside of your elbow. Throw used tissues in the trash. Immediately wash your hands with soap and water for at least 20 seconds. If soap and water are not readily available, clean your hands with a hand sanitizer that contains at least 60% alcohol.
- **When to Stay Home:** We need any participant who is sick, or coming from a household where someone is sick, to stay home.
- **Temperature Check:**
 - Any participant who arrives showing any symptom of illness will have their temperature taken using a contact-free thermometer
 - Temperature reading above 100.4 degrees – will be asked to go home and they will



not be permitted back to play in 14 days, unless documentation of a negative test result can be provided and 72 hours has passed.

- **Updates:** Our staff will regularly communicate and monitor developments with local authorities, employees, and families regarding cases, exposures, and we will update policies and procedures when needed.

Exclusionary Criteria

- **Temperature:** Participants who register a temperature above 100.4° will not be permitted participate for 14 days, unless documentation of a negative test result can be provided and 72 hours has passed.
- **Symptomatic Individuals:** Participants will be sent home if showing symptoms and will not be allowed to return to camp for 14 days, unless documentation of a negative test result can be provided and 72 hours has passed. Parents of participants who were exposed to symptomatic individuals will be notified through their team coach or representative. It will be the coach/representative responsibility to notify the remainder of the team.

Sanitation

- **Hand Sanitizing:** Recommend that each athlete has individual hand sanitizer for use.
- **Hand Sanitizer Stations** will be available at the registration table for those who need it.
- **Personal Items:** Recommend the players place personal belongings away from someone else's items.

Athlete/Coach: Shared Objects/Equipment

- We discourage sharing of items that are difficult to clean, sanitize, or disinfect.
- We instruct participant to try and keep their belongings separated from others.
- Follow directions for spacing and other outlined social distancing instructions
- **No** handshakes, high fives and other contact related encouragement done after each game
- Avoid touching your face
- Don't share equipment
- Avoid touching the game ball
 - Game ball should be hit by a stick or kicked back to the center to restart the game after a score or to start or end the game
- Coaches use verbal cues rather than physical contact when instructing athletes
 - Maintain social distancing during chalk talk prior, at half time & after the games
- Encourage social distancing on the sideline
- Avoid sharing food, drinks, towels and other personal care items
- Wash hands thoroughly or use a hand sanitizer after your game
- Leave facility as soon as reasonably possible after you game finishes
- Disinfect all personal equipment when you get home