



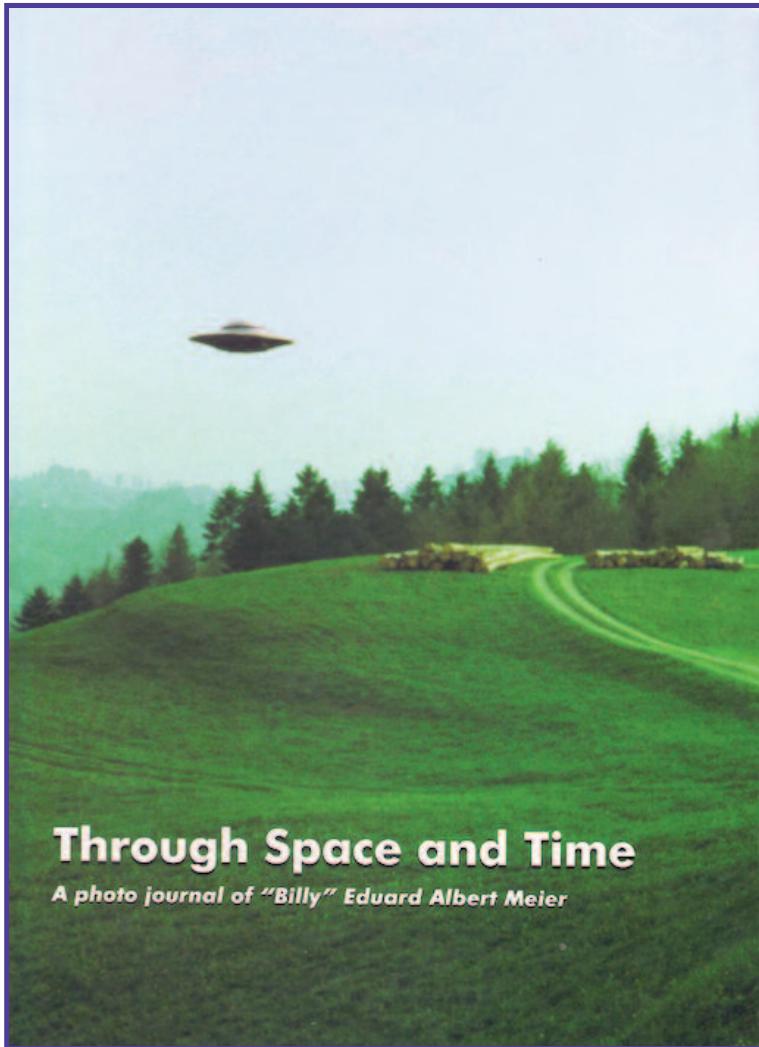
# FIGU-LANDESGRUPPE CANADA NEWSLETTER

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## Through Space and Time

A photo journal of "Billy" Eduard Albert Meier

### THROUGH SPACE AND TIME [UPDATED EDITION 2020]

FLCA has just released the hardcover updated edition of "Through Space and Time". The English Version of the German "Photobuch" [Photo Book]. This is the new updated version with translation corrections, a new updated list of the ET's that Billy has been in contact with, along with The Statesman article and the Peace Flyer. A perfect introduction to the Billy Meier contact case.

Spanning over 75 years, the scope of this extraordinary story is brought to life in full colour with detailed illustrations, scientific analyses, eyewitness testimonials, provocative excerpts from dialogue with the extraterrestrials and a stunning collection of exquisite photographs. Considered "too good to be true" by some - and "too real to be hoaxed" by others - the controversial Billy Meier UFO contact case remains unparalleled as the most well-documented and evidence-rich UFO case in history.

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### IN ZEITEN WIE DIESEN ... AUSWIRKUNGEN DER ÜBERBEVOLKERUNG / IN TIMES LIKE THESE ... THE EFFECTS OF THE OVERPOPULATION

von: Elisabeth Gruber, Österreich

by: Elisabeth Gruber, Austria

Translation: Michael Uyttebroek / July 13, 2020

In Zeiten wie diesen, da wir gerade infolge der Corona-Pandemie in einer weltweiten Krise stecken, deren Ausmass wir noch in keiner Weise abzuschätzen vermögen, wird in erschreckender Weise offenbar, wie weit wir Menschen unsschön von den natürlich-schöpferischen Gesetzen und den diesen angepassten Lebensweisen entfernt haben.

In times like these, when we are precisely thrust into a worldwide crisis, precisely as a result of the corona pandemic, the extent of which we are not yet able to assess in any wise, it is frighteningly obvious how far we human beings have moved away from the natural-creational laws and the modes of life adapted to them.

continues on page 2

**IN TIMES LIKE THESE...continues**

Wir haben uns so weit von ihnen entfernt, dass sich unter Umständen sehr schwerwiegende und für uns negative Folgen ergeben haben, die wir kaum mehr zu bewältigen vermögen, wenn nicht endlich grundlegend umgedacht wird. Ein Blick in die weite Welt, und wie in den verschiedensten Ländern mit der Bewältigung der Virus-Pandemie umgegangen wird, zeigt zutiefst Erschreckendes und ein unfassbar unmenschliches Verhalten.

Seitens vieler Regierungen gibt es ein völliges Versagen, denn die Volksvertreter, die sie eigentlich sein sollten, lassen ihre Bevölkerung vollkommen im Stich, was unzähligen Menschen das Leben kostet oder weiterhin kosten wird. Da sieht man angebliche Krisenbewältigungen, die jeder Menschlichkeit Hohn spotten, weil die völlige Überforderung im Krisenmanagement katastrophale Auswirkungen nach sich zieht, bis hin zu eiskalter Gleichgültigkeit, weil leider nur der eigene Machterhalt der Verantwortlichen der Regierenden im Vordergrund steht.

Fakt ist daher, dass vielfach ganz klar in erster Linie einzig die Aufrechterhaltung der Wirtschaftsinteressen vor dem Erhalt von Menschenleben an erster Stelle steht.

Besonders tragisch an der ganzen Sache ist der Umstand, dass auch jetzt in dieser schier ausweglosen Situation das Grundübel für all die menschenunwürdigen

Verhaltensweisen nicht erkannt wird, nämlich die masslose Überbevölkerung mit all ihren negativen Auswirkungen, die sie zwangsläufig nach sich zieht.

Die nackten Tatsachen sprechen eine sehr deutliche Sprache, und diese müssten jedem Menschen bewusst und klar werden, wenn er mit offenen Sinnen durchs Leben gehen würde und der Vernunft und des Verstandes mächtig wäre.

Allein der stetig steigende hohe Bedarf an Lebensmitteln und Gütern aller Art, um die Menschenmassen ernähren und mit den notwendigen Gütern versorgen zu können, führte dazu, dass sich eine unheilvolle globale Abhängigkeit zwischen allen Staaten entwickelt hat.

Daraus resultiert ein schier unentwirrbares Knäuel aus Politik, Wirtschaft und Finanzen, deren Drahtzieher von unersättlicher Geld- und Habgier getrieben sind und mit rigoroser Ausbeutung der Erdressourcen einhergehen.

Denn auf der einen Seite sind die globalen Abhängigkeiten und der ins Unermessliche und Unersättliche steigende Bedarf an Gütern, wie an Rohstoffen, Erzen, Erdöl, Hölzern etc., durch die stetig zunehmende Erdbevölkerung.

Dies, während auf der anderen Seite der Massentourismus ist, der viele Staaten wirtschaftlich am Leben erhält, aber dafür deren unberührte Natur gnadenlos zerstört.

Dann kommen dazu auch die vielen Staatsmächtigen, die in keiner Weise fähig sind, ihr Amt in Würde und Verantwortung zu tragen, wodurch alles dazu führt, dass sich unheilvolle Katastrophen ausbreiten können, wie die derzeitige weltweit grassierende Pandemie.

Mächtige Konzerne, den Massentourismus vorantreibende Unternehmungen, unfähige und korrupte Regierende usw., alle sind sie im rein materialistischen Macht- und Konsumdenken gefangen, folglich drehtsich dabei alles nur um den Kommerz, den Gewinn, das Profitstreben sowie um Bereicherung, Macht und Machterhalt.

We have removed ourselves so far from them that, under certain circumstances, very serious and negative consequences have arisen for us, which we will hardly be able to solve unless there is finally a fundamental change in thinking.

A look into the wide world and how the mastering of the virus pandemic is handled in the most diverse countries shows a deeply frightening and an unfathomable inhuman behaviour.

On the part of many governments there is a complete failure, because the representatives of the people, who they should actually be, completely let their people down, which costs or will continue to cost countless human beings their lives.

There one sees the alleged crisis management, which derisively mocks every humaneness, because the complete overtaxing in crisis management has catastrophic consequences, up to ice-cold unconcernedness, because unfortunately only the preservation of ones own might of the ones responsible in government is in the foreground.

It is therefore a fact that in many cases it is quite clear that in the first place, solely the looking after the economic interests before the welfare of human being's life stands first and foremost.

What is particularly tragic about the whole thing is the circumstance that even now, in this almost hopeless situation, the fundamental problem for all the inhumane behaviour is not recognized, namely the excessive overpopulation with all its negative effects that it inevitably entails.

The naked facts speak a very articulate language, and these must become conscious and clear to every human being if he/she would go through life with open senses and be mighty in the reason and the rationality.

Alone the continuously increasing high demand for food and goods of all kinds to feed the masses of people and to be able to provide them with the necessary goods has led to the development of an disastrous global dependency between all states.

Hence the result is an almost inextricable tangle of politics, economics and finance, whose masterminds are driven by insatiable money and avarice and go forth with the rigorous exploitation of the Earth's resources.

On the one hand, there are the global dependencies and the immeasurable and insatiable increase in demand for goods such as raw materials, ores, oil, wood, etc. due to the continuously growing world population.

This, while on the other hand there is mass tourism, which keeps many states economically alive, but in turn mercilessly destroys their untouched nature.

Then there are also the many mighty ones of states who are in no wise capable of carrying out their office with dignity and responsibility, all of which leads to it that disastrous catastrophes can spread, such as the current pandemic spreading world wide.

Mightful corporations, companies promoting mass tourism, incapable and corrupt rulers, etc. are all caught up in the purely materialistic thinking of might and consumption, consequently it all revolves only about the commerce, the gain,

**IN TIMES LIKE THESE...continues**

Aufgrund dieser Denk- und Handlungsweise, die fernab jeder natürlich-schöpferischen Lebensweise ist, ergibt sich die logische Folge, dass alles nur derart sein kann, dass das drohende Unheil bei seiner Entstehung schlichtweg weder gesehen werden wollte noch weitsichtig erkannt werden konnte.

Daher wurde die sich anbahnende Pandemie vorerst dummdreist gelegnet und verharmlost; daher wurden auch keinerlei Anstalten gemacht, sofortige notwendige, massive Einschränkungen im Flug- und Reiseverkehr zu veranlassen, wie auch versäumt wurde, die Grenzen zu den betroffenen Ländern zu schliessen.

Dieses straflich unverantwortliche Handeln ist nur ein weiterer Ausdruck dessen, dass die meisten der politisch Verantwortlichen – die sich in populistischer Weise in diese Position heben liessen – in keiner Weise dazu fähig sind, weitsichtig, logisch und vernünftig zu agieren.

All die negativen Auswirkungen der Überbevölkerung kommen dadurch einmal mehr voll zum Tragen, und das ist jedem der Vernunft und des Verstandes mächtigen Menschen bewusst, und zwar auch, dass der Moloch ‹Überbevölkerung› mit all seinen zutiefst unmenschlichen und die Umwelt und alles Leben zerstörenden Auswirkungen uns erdrücken wird, wenn es in diesem Rahmen weitergeht und nicht umgedacht wird.

Wann kommen wir Erdenmenschen endlich zur Vernunft? Jede Krise hat aber nicht nur rein negative Auswirkungen, denn wie immer hat im Leben alles zwei Seiten.

So kommen auch hier, bei der Bewältigung der Corona-Virus-Pandemie, nebst den gravierenden negativen Folgen – besonders für die Gesundheit der Bevölkerung und die Wirtschaft –, auch positive Dinge zum Vorschein.

Diese äussern sich z.B. in einer ungewohnten Solidarität und Einstimmigkeit zwischen gewissen politischen Parteien. Auch die Wirtschaftstreibenden akzeptieren die notwendigen Einschränkungen – wenn teils auch widerwillig –, während auch ein grösserer Teil der Bevölkerung hinter den Beschlüssen steht, die sozusagen über Nacht getroffen werden mussten und umfänglich nicht dem entsprechen, was wirklich notwendig wäre.

Es wurden, und es werden nach wie vor, von vielen Seiten zum Wohl für die Gemeinschaft kreative und hilfreiche Ideen entwickelt und umgesetzt.

Bei vielen Unternehmungen gab und gibt es kein Konkurrenzdenken, sondern es wird aus der Not heraus geboren, neidlos zusammengearbeitet, um Ideen und Vorschläge auszuarbeiten.

Für mich ist dies eine sehr wohltuende, positive Feststellung. Es ist erfreulich und wohltuend zugleich, wahrnehmen zu können, dass – zumindest scheinbar – ein gutes und fürsorgliches Miteinander unter den Menschen doch noch zu realisieren ist und funktionieren kann, wie auch ein fester uneigennütziger Zusammenhalt unter der Bevölkerung erkennbar wird, wenn sich eine Krise ergibt.

Es sind gute Ansätze von Menschlichkeit und Nächstenliebe sichtbar, auch quer durch die Politik, dies anstelle des alltäglichen...

the striving of profit, as well as about enrichment, might and the maintaining of might.

On the basis of this manner of thinking and acting, which is far from any natural-creational way of life, the logical consequence is that everything can only be such that the threatening disaster simply did not want to be seen at its origin, nor could it be farsightedly recognised.

The impending pandemic has therefore been denied and played down in a lowly intelligent audacious manner for the time being; therefore also no immediately necessary attempt at all has been made to initiate massive restrictions on air travel and tourist travel, as well borders to the affected countries were neglected to be closed.

These criminally irresponsible actions are just another expression of the fact that most of the politically responsible ones – who let themselves be lifted into this position in a populist manner – are in no way capable of acting far-sightedly, logically and rationally.

All the negative effects of overpopulation thus once again come into full effect, and this is what any human being who is mighty in the rationality and the intellect is conscious of, and indeed, that the Moloch of 'overpopulation' with all its profoundly inhuman and environmentally and life-destroying effects will overwhelm us if it continues within this framework and is not rethought.

When will we human beings of the Earth finally come to our senses?

However, every crisis has not only purely negative effects, because as always everything in the life has two sides. So here too, in the overcoming of the corona virus pandemic, along with to the serious negative consequences – particularly health of the population and the economy – positive things also emerge.

These manifest themselves, for example, in an unusual solidarity and concordance between certain political parties. The economic operators also accept the necessary restrictions – albeit partly reluctantly – whereas a larger part of the population also stands behind the decisions, which had to be taken overnight, so to speak, and which do not correspond to what is really necessary.

Creative and helpful ideas were and continue to be developed and implemented from many sides for the benefit of the community.

With many enterprises there was and is no competitiveness-thinking, but it is born out of necessity, working together without envy in order to work out ideas and proposals.

For me this is a very pleasant, positive statement.

It is pleasing and pleasant at the same time to be able to perceive that – at least apparently – a good and caring cooperation among the human beings can still be realised and function after all, as well as a firm unselfish cohesion among the population becomes recognisable when a crisis arises.

Good approaches of humaneness and love for the next...

*N.B. This is an unofficial translation and contains errors due to the insurmountable language differences between German and English.*

**BOOK DELIVERY FOR “THROUGH SPACE AND TIME”**  
Photos: Peter Chladek and Catherine Mossman / July 8, 2020



MICHAEL RECEIVING THE SHIPMENT OF THE  
FLCA NEW EDITION OF  
“THROUGH SPACE AND TIME”

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## BOOK DELIVERY...continues



ALL ORGANISED AND READY FOR ORDERS

**COPING WITH THE CHANGING TIMES**

by: Michael Uyttebroek / Tiny, Ontario / July 8, 2020

Given the seriousness of the coronavirus and the implications of it, for example, losing contact with close relatives, death, losing one's employment, limited social interaction on a face to face basis, concern about contracting the disease or working on the front lines either treating those infected or providing a service that is necessary such as working at a post office or in a grocery store, not to mention the stress of not having enough money to pay the rent, meet the monthly mortgage payments, or other debts, etc. it is clear that these changing times can be very stressful and potentially very difficult to deal with, while at the same time, still remaining healthy, both physically as well as psychically. With that being said, it is of the upmost importance to be aware of the might of thought and how it has a tremendous influence on how one copes with the daily challenges of life, both in our outward relationships as well as with regard to our inner balance or equalisedness. This also pertains to the close confined quarters that one may find oneself isolated in along with one's partner or with other family relatives or young children. This can also accentuate one's ability or inability to cope with these conditions, that up until now, were not as demanding. For example, it used to be that one could simply go outside of one's home and work as well as experience new social environments or the children would attend school and interact with their friends. Now the times demand that one find meaningful activities at home to engage in, all of which requires resourcefulness, patience, caring, empathy, clarity of thinking, creativity, clear objectives, humour, healthy interactions among those close to you, focus on new and valueful work such as gardening, etc.

One important tool, perhaps the most important activity is meditation. It is possible to completely change or modify one's trajectory in life through the self-determined way of thinking and responding to the day to day life circumstances. There are various forms of meditative concentration exercises which are proven to be very helpful in directing ones thinking towards specific thoughts and creating changes in one's thinking patterns. For example, if one constantly thinks that one cannot accomplish a certain task, and repeats this over and over, then this is a program which inevitably must materialise itself...the pattern is established which requires its fulfilment, and the task automatically becomes too difficult to accomplish. On the other hand, if one programs positive thoughts on a regular basis, then those too have a positive, constructive influence on one's personality and interactions, and as well, in conjunction with the subconsciousness, solutions to previously difficult problems can now be solved, etc.

Deep relaxation exercises or even self-hypnosis can be useful tools for achieving a quiet peaceful state of being enabling self-suggestions to penetrate deeply into the subconsciousness and provide maximum influence and benefit. One such exercise is repeating over and over various phrases such as 'I feel calm, I feel calm' for 2 minutes at a time. Other such self-suggestions can be 'I am patient, I am patient', or 'I feel secure, I feel secure'... It is important that these phrases remain in the present and not for example: 'I will be calm or I wish to be calm or hope to be calm' .... as these already have the opposite effect because this implies that the desired effect is in the future and is not current. Therefore it is always important to keep it in the present. The power of self-suggestion is a tremendous might by which one forms one's life. Taking the time each day to carefully chose which thoughts one want to support leads to their strengthening. Through conscious thinking there are conscious consequences. Conscious thoughts lead to conscious actions; the law of cause and effect. If we take the time each day to form our thinking in a positive balanced manner, through self-suggestions, we can now consciously direct our lives and be master of our thinking. We can now steer the rudder of our boat, and not drift out into the sea of confusion, being tossed to and fro by external and internal influences that unconsciously grip our decisions, but now we are able to make the conscious decision to further strengthen our patience, humour, understanding and empathy. The key is in the effort. If there is time dedicated to promoting positive self-suggestions every day then inevitably the results and efforts will bear fruit. Establishing a routine of 20 minutes per day already sets the ball in motion. Persistence pays off.

## **WAS WIR JETZT SCHON AUS DER CORONA-KATASTROPHE LERNEN KÖNNEN**

von: Kai Amos, Deutschland

In diesen Tagen ist es für mich traumhaft, durch Kaiserslautern (mein Wohnort) zu gehen.

Die Straßen haben weniger als 50% des üblichen Verkehrs, es sind weniger als 50% der üblichen Menschen auf den Straßen und in den Geschäften – sofern sie offen sind –; die Menschen und Verkehrsteilnehmer sind wesentlich entspannter, und auf den Straßen fahren keine Raser und Trödler, wie sich auch die Luft sauberer und frischer anfühlt.

Die Angebote der Läden, die der Wahrheit widersprechen, wie z.B. in Körperbemalungsläden, Tätowierungs- und Tattoostudios, Drogenkonsumläden (Shisha-Bars) sowie in Sportstudios etc., sind verschwunden.

So müsste es sein, wenn unser Planet nicht überbevölkert wäre.

Niemals hätte ich gedacht, einmal einen Zustand zu erleben, wie er sein müsste, wenn unser Planet nicht überbevölkert wäre.

Leider ist es aber nicht so, denn diese angenehmen Zustände sind nicht auf den Zustand einer mehr oder weniger planetengerechten Bevölkerung zurückzuführen, sondern auf eine Seuche, die auf die Menschen zwingend wirkt, sich in eine (freiwillige?) Quarantäne, einen Hausarrest zu begeben und/oder dies auf staatliche Anordnungen hin tun zu müssen.

Das ist jetzt so, zwar erst seit circa vier Wochen, doch bereits jetzt können wir einiges aus der CoronaKatastrophe lernen.

### **Was also können wir aus der Corona- Katastrophe lernen?**

Die Überbevölkerung ist sofort mit humanen Mitteln zu beseitigen (dauerhafte Geburtenkontrolle/7- Jahre-Geburtstenstop-Zyklus gemäss Vorschlag der FIGU).

Alle Länder müssen ihre Grenzen dauerhaft so lange schliessen und Grenzkontrollen einführen, bis die Seuche besiegt ist.

Das bedeutet nicht, dass sich die einzelnen Völker abschotten sollen, sondern dass der Austausch der Länder auf ein vernünftiges Niveau gebracht und die Seuchengefahr eingedämmt wird.

Gegen Handel, diplomatische Beziehungen, Arbeiten, wissenschaftlichen Austausch oder ähnliches ist nichts einzuwenden, doch nur solange es auf einem vernünftigen Niveau geschieht.

Erst die unkontrollierten offenen Grenzen ermöglichten die Ausbreitung des Corona-Virus zu einer Pandemie, die laut offizieller Statistik zum gegenwärtigen Zeitpunkt bereits weltweit über 100 000 Menschenleben gefordert hat, wobei jedoch die Dunkelziffer weit höher sein wird.

Auch der Handel muss auf ein vernünftiges Niveau gebracht werden.

Jedes Land sollte zur Selbstversorgung zurückkehren und der Austausch von Waren nur dort erfolgen, wo ein Land gewisse Produkte nicht selbst produzieren/anbauen kann.

Die Gesundheitssysteme der einzelnen Länder sind so zu finanzieren, dass sie in der Lage sind, ihre Bevölkerungen zu versorgen.

Das heisst, die Produktion von Medikamenten, medizintechnis-

## **WHAT CAN WE ALREADY LEARN FROM THE CORONA DISASTER**

by: Kai Amos, Germany

Translation: Michael Uyttebroek / Tiny, ON / July 16, 2020

In these days it is a dream for me to go through Kaiserslautern (my home town).

The streets have less than 50% of the usual traffic, there are less than 50% of the usual people on the streets and in the shops – provided that they are open – ; the people and road users are much more relaxed, and on the roads there are no speeders and slow pokes driving, just as the air feels cleaner and fresher.

The offerings of the shops that contradict the truth have disappeared, as for example in the body paint shops, tattoo studios, drug consumption shops (shisha bars) as well as in the sports studios, etc.

If our planet was not overpopulated, it would have to be so.

I would never have thought that I would ever experience a state as it would be if our planet were not overpopulated. Unfortunately it is not so, because these pleasant conditions are not due to the condition of a more or less equitable planetary population, but to an rampantly spreading disease that compels the human beings to undergo a (voluntary?) quarantine, a house arrest and/or have to do so on government orders.

This is the case now, indeed for about four weeks, but already now we can learn something from the Corona catastrophe.

### **So what can we learn from the Corona-catastrophe?**

The overpopulation must be eliminated immediately by humane means (permanent birth control/7-year birth stop cycle as proposed by FIGU).

All countries must permanently close their borders and introduce border controls for so long until the rampantly spreading disease is defeated.

This does not mean that the individual peoples should seal themselves off, but rather, that the exchange of countries should be based on a rational standard and the danger of pandemic is contained.

There are no objections against trade, diplomatic relations, work, scientific exchange or the like, however only as long as it happens at a rational level.

Only the uncontrolled open borders made it possible for the corona virus to spread to a pandemic which, according to official statistics, has already killed over 100,000 people worldwide, in which case, however, the number of unreported cases will be much higher.

The commerce must also be brought to a rational level. Each country should return to self-sufficiency and the exchange of goods should only occur where a country is cannot produce/cultivate certain products itself.

The health systems of the individual countries must be financed thusly that they are in a position provide for their populations.

This means that the production of medicines, medical devices as well as necessary disinfectants, etc. must

**WHAT CAN WE ALREADY LEARN...continues**

chen Geräten, wie auch notwendige Desinfektionsmittel etc. muss im eigenen Land erfolgen, wie auch Nahrungsmittelvorräte angelegt werden müssen.

Die Menschen sind anzuhalten und aufgeklärt zu werden gesund zu leben, um so nach Möglichkeit gegen Krankheiten immun zu werden und sich eine gute Konstitution aufzubauen.

Dies ist unabdingbar für eine Abwehr von Krankheiten.

Es gibt noch viel mehr zu tun.

Aber viele Probleme erledigen sich von selbst, besonders wenn das erste Problem – eben das Übermass der Überbevölkerung – gelöst wird.

Mit meinen Vorschlägen sollen ein paar Probleme und deren Lösungen angesprochen werden, zukünftig Pandemien zu verhindern.

Und dazu ist zuallererst das Problem Überbevölkerung aus der Welt zu schaffen.

Viele Menschen erleben jetzt trotz ihren Angsten, Unsicherheiten und gedanken-psych- gefühlsmässigen Belastungen die positiven Seiten eines Zustandes, als ob der Planet nicht überbevölkert wäre, weil der gesamte Motorverkehr so gut wie stillgelegt ist und die grossen Massen der Menschen nicht mehr auf den Strassen und Plätzen sind.

Aber es fragt sich trotzdem, ob die Menschen dieses Planeten das alles realisieren und aus allem auch die richtigen Schlüsse ziehen resp. ob sie daraus

lernen, dass sie die Überbevölkerung endlich durch einen humanen Sieben-Jahres-Geburtenstop-Zyklus und eine dauerhafte Geburtenkontrolle bekämpfen müssen?

Es wäre allen Menschen zu wünschen.

Was können wir wohl noch alles aus der Corona- Pandemie lernen?

Das sehen wir freilich erst, wenn die Corona- Pandemie beendet ist, wenn es sich zeigt, wie die Welt dann aussieht.

Und hoffentlich denken die Menschen dann zum Positiven um und handeln dementsprechend – doch ehrlich gesagt, dafür besteht wohl kaum Hoffnung.

occur in one's own country, just as food supplies must be set up.

The human beings are to be encouraged and advised to live healthily in order to become immune against diseases as far as possible and to build up a good constitution.

This is indispensable for a defence against diseases.

There is much more to do.

However many problems sort themselves out, especially if the first problem – simply the excessiveness of the overpopulation – is solved.

Through my proposals, a few problems and their solutions should be addressed to prevent future pandemics. And first of all, the problem of overpopulation must be straighten out in the world.

Despite their fears, uncertainty and thought- psyche-feeling-based burdens, many human beings now experience the positive sides of a condition as if the planet would be not overpopulated because the entire motor traffic is practically at a standstill and the large masses of human beings are no longer on the streets and squares.

But the question is nevertheless, whether the human beings of this planet realise all this and also draw the right conclusions from all this resp. whether they learn from the fact that they must finally fight the overpopulation through a humane seven-year birth-stop-cycle and a permanent birth control?

It would be desirable for all human beings.

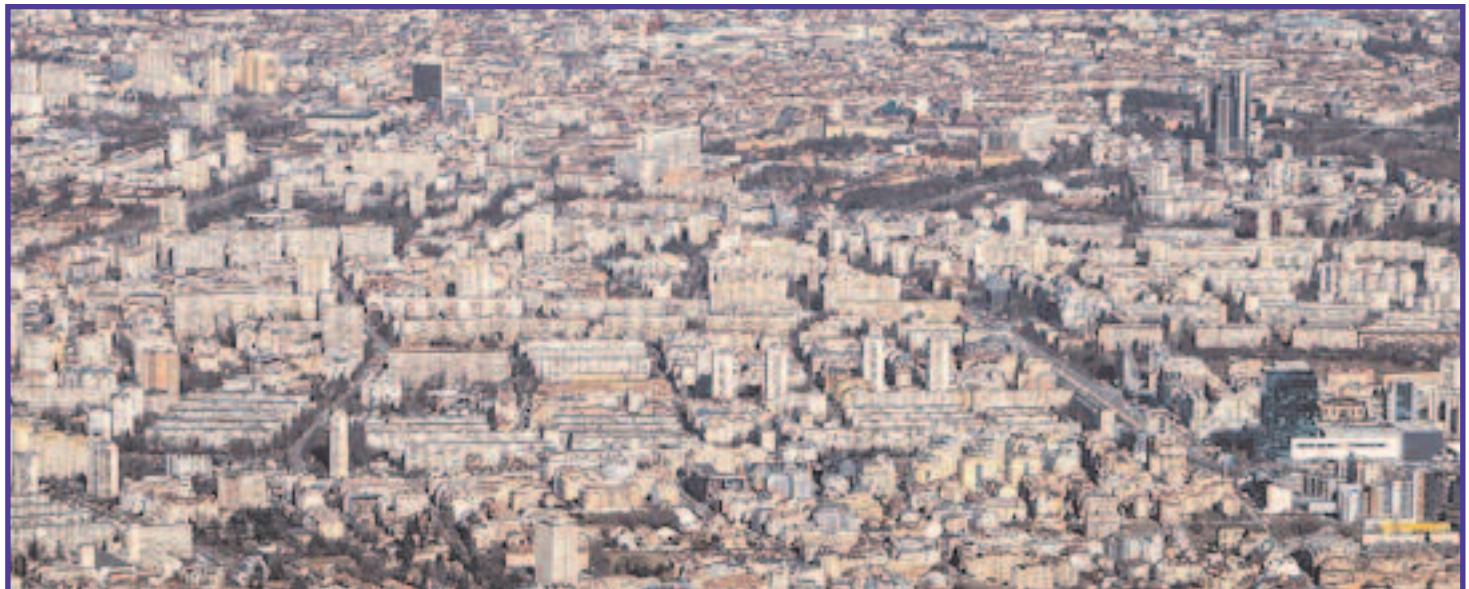
What more can we learn from the corona pandemic?

Of course, we will only see this when the corona pandemic is ended, when it becomes apparent how the world looks like then.

And hopefully the human beings will think to the positive and act accordingly – but honestly, there exists hardly any hope for that.

**THE POWER OF THE THOUGHTS: ANTI-AGING**

by: Catherine Mossman / Tiny, Ontario / July 8, 2020



Upon recent review of Contact 39 from December 3, 1975. (Plejadisch-plejarische Kontaktberichte, Block 2, Pages 29-30).

continues next page

## THE POWER OF THE THOUGHTS... continues

The power of the thoughts, and the degree of radiating and attracting influences they engender is yet again something to really think about. In this time of Covid it is easy to fall into anxious and negative thought patterns that can generate feelings of hopelessness and depression... we are reminded, however, that we all have the power to steer our consciousness to that which is good and neutrally positive. Additionally, of interest is the effect that large collections of human beings living in close proximity has and how that can shorten the lifespan! Thought this was worth a revisit.

Salome, Catherine

73. Die Masse der sich in bewusst evolutiven Formen bewegenden Erdenmenschen ist verhältnismässig noch sehr gering und vielfach nur mit den Anfängen der wirklichen Wahrheit verbunden, so bisher noch keine grossen Fortschritte erzielt wurden.

74. Doch je mehr sich der Erdenmensch der wirklichen Wahrheit und damit auch der Evolution auf allen Gebieten und so auch im Bezüge der Lebensverlängerung zuwendet, um so mehr steigt sein Lebensdurchschnittsalter wieder an.

75. Im Gesamten gesehen ist jedoch jede einzelne Lebensform von wichtigster Bedeutung, nämlich in ihrem Denken und in den damit freiwerdenden Kräften.

76. Jeder Gedanke strahlt als ungeheure Kraft aus und trifft die andern Lebensformen, die sie wie Magnete an sich ziehen.

77. Je nach Qualität, negativ, positiv oder ausgeglichen, erzeugen sie in den sie auffangenden Lebensformen gleichartige Kräfte mit dementsprechenden Wirkungen.

78. Positive Kräfte erzeugen positive Kräfte, negative Kräfte dementsprechend natürlich wiederum negative Kräfte.

79. Durch die Irrlehrten und sonstigen Irreführungen der Religionen aber vermag der Erdenmensch im Hauptsächlichen viele Kräfte zu entfalten, die sich auf alle Lebensformen zerstörend auswirken.

80. Diese Zerstörungen beruhen darin, dass sie infolge Irrlehrten und falschen Lebensweisen usw. das Alter beeinträchtigen, also das Durchschnittsalter herabsetzen.

81. Je grösser die Menschenansammlungen sind, so z.B. in Städten, desto tiefer sinkt das Durchschnittsalter, denn gerade an solchen Orten werden unermessliche Gedankenenergien im Bezug auf falsche Lebensweisen frei und dringen unbewusst in die Nächsten ein.

82. Jedoch auch Tiere und viele Materien werden durch diese zerstörerischen Kräfte der menschlichen Unvernunft beeinträchtigt und fallen so einer frühzeitigen Vernichtung anheim, wie z.B. das Eisen, das normalerweise niemals so schnell rostet wie es zur Zeit auf der Erde der Fall ist, und das nur darum, weil durch die gedanklich und ideenmässig erzeugten Fortschritte die Atmosphäre und Umwelt zerstört werden.

83. Die gefährlichsten Speicher falscher menschlich erzeugter Gedankenschwingungs Kräfte aber sind Edelmetalle, Edelsteine und Kristalle, die diese Energien oft in tödlicher Dosis anreichern.

73. The mass of Earth human beings who move in consciously evolving forms is still relatively very low and is often only connected with the beginnings of the real truth; thus, no major progress has been made yet.

74. But the more the Earth human being turns to the real truth and, with this, also towards evolution in all areas, and so also in reference to life extension, the more his/her average age of life rises again.

75. Seen as a whole, however, every single life form is of most important significance, namely in its thinking and in the powers released from it.

76. All thoughts radiate as tremendous forces and encounter the other life forms, which draw these towards themselves like magnets.

77. Depending on the quality and whether they are negative, positive, or well-balanced, they produce powers of the same kind, with corresponding effects, in the life forms intercepting them.

78. Positive forces produce positive forces, and accordingly, negative forces produce negative forces, of course.

79. Through the erroneous teachings and other deceptions of the religions, however, the Earth human being, in the main, is able to deploy many powers that destructively influence all life forms.

80. These destructions are based in the fact that they impair one's age as a result of erroneous teachings and wrong lifestyles, etc., so the average age lowers.

81. The larger the gatherings of human beings are, such as in cities, the lower the average age falls, because exactly at such places, immeasurable thought energies, in terms of wrong lifestyles, are released and unconsciously penetrate into fellow human beings.

82. But also animals and many materials are impaired by these destructive forces of human irrationality and, thus, are left to an early destruction, like iron, for example, which normally never rusts as quickly as what is currently the case on Earth and which only does so because the thought-based and idea-based produced progressions are destroying the atmosphere and environment.

83. The most dangerous storehouses of wrong, humanly produced thought-swinging wave powers, however, are precious metals, precious stones, and crystals, which often accumulate these energies in deadly doses.

**PEACE SYMBOL**

by: Billy

Translation: Michael Uyttebroek

Human being of the Earth, consider: Through weapons, military, wars, terror, hatred, deluded belief and Gewalt\*, as well as through fraud, deception, lies, calumny and greed for might of the unjust, rationality-less, selfish rulers and criminals, there was the spreading of unpeace, misery, affliction, death, destruction, annihilation and ruin on the Earth since time immemorial; for this purpose, the innocent peoples, as a result of indoctrination and bondage, extended a hand to their Gewalt-rulers, might-rulers or heads of state or emperors of both sexes, and thus helped to unstoppably further all malicious mischief.

Human being of the Earth: Peace, freedom, harmony and righteousness can never come about through weapons, military, wars, terror, hatred, deluded belief and other foolishness but only through the use of intellect, rationality, communication, consensus, humaneness and love.

Therefore, human being, you as an individual, pay attention to this and strive to understand it and to act solely according to these high values so that all unpeace, all malice and deadly things dissolve.

\*[In the "Goblet of the Truth" the German "Gewalt" is also used in English, because there is no adequate word in English that explains this Gewalt that is above all might and force]



Mensch der Erde, bedenke: Durch Waffen, Militär, Kriege, Terror, Hass, Wahnglauben und Gewalt, sowie auch durch Betrug, Irreführung, Lügen, Verleumdung und Machtgier unrechtschaffener, vernunftloser, selbstsüchtig Herrschender und Verbrecher wurden auf der Erde seit alters her Unfrieden, Elend, Not, Tod, Zerstörung, Vernichtung und Verderben verbreitet; dazu reichten die unbedarften Völker infolge Indoctrination und Hörigkeit ihren Gewalthabern, Machthabern resp. Staatsoberhäuptern oder Imperatoren beiderlei Geschlechts die Hand und halfen damit alles bösartige Unheil unaufhaltsam zu fördern.

Mensch der Erde: Frieden, Freiheit, Harmonie und Rechtschaffenheit können niemals durch Waffen, Militärs, Kriege, Terror, Hass, Wahnglauben und andere Dummheiten zustande kommen, sondern einzig durch die Nutzung von Verstand, Vernunft, Kommunikation, Konsens, Menschlichkeit und Liebe.

Daher, Mensch, achte Du als einzelner darauf und bemühe Dich, das zu verstehen und einzig nach diesen hohen Werten zu handeln, damit aller Unfrieden, alles Bösartige und Todbringende sich auflöst.

**AN EXPERIMENT**

by: Jimmy Chen / May 15, 2020

When studying the various topics within the Spiritual Teaching in Billy's abundant books, one will eventually come across the information which deals with the more 'occult' or mystical areas of life, which are seen by most people today as supernatural or unprovable, for example, the areas of numerology, horoscopes, etc. Some people completely dismiss these topic areas as something of pure imagination, while on the other hand, some people follow this type of information as if it is something that determines their fate and destiny, and as a result believe they have no control over their lives. But what is the actual truth behind this?

According to the Spiritual Teaching, these 'occult' or mystical powers do in fact exist and is a part of the reality in which we live in, however, not in the manner as they are presented today, e.g. the horoscopes in newspapers or psychic numerology readings, etc., because these hardly contain any true value anymore and have either become used for purely entertainment purposes or are often conducted by frauds and charlatans for the sake of profit. The truth is that everything within the universe – including these mystical powers – is explainable according to the laws of nature, i.e. creational universal laws and there is nothing in this universe that is 'supernatural'.

Exploring deeper into the topic of horoscopes, for example, one comes to the understanding that there are in fact yearly cycles which influence the lives of the human beings. Like the changing seasons which influence the human beings throughout the year: spring, summer, fall and winter, which bring about different climatic conditions primarily determined by the amount of sunlight the planet receives from the sun, there are in fact also other types of influences the planet and its inhabitants receive from other celestial bodies, e.g. moons, planets, suns, super massive black-holes, etc. From these other types of celestial bodies, the finest energies – which are currently undetectable by our scientists – are emitted by them and reach our planet. For example, within the centre of our Milky Way galaxy, there is a super massive black-hole, and during a certain time-period when the Earth is in alignment with certain other celestial bodies, the Earth receives the most energy from this black-hole/galactic central sun (note: a black-hole is essentially a super massive sun which has gathered so much material through gravitational forces that it even captures light and appears as a black hole because light cannot escape from its gravitational forces). These energies actually in fact have an effect on the human being's inner processes, e.g. just like how other types of artificial electromagnetic frequencies emitted by electronics, e.g. cell-phones, WIFI, etc. affect the human being's consciousness-based processes – although in a negative manner – due to the lack of safety protections constructed into these apparatuses. But what type of influences do these energies from other celestial bodies have on the human being?

According to the Spiritual Teaching, these influence the lives and inner processes of the human being, for example, with the Age of Aquarius through the precession of the equinoxes (year 1844 – 3999) – due to the alignment of the celestial bodies – the human being is showered with the golden rays from the galactic central sun which have a very strong effect on his/her development in terms of truth, harmony, technology, peace, spiritual development, readiness to help, etc. Furthermore, within the yearly Aquarius influence between January 21st and February 18th, the values of: expectation, observation-power, adaptability, planning and readiness to help (from the Spiritual Teaching Lessons) are prevalent and influence the lives of the human beings. But how does this actually relate to reality?

When looking back at our history, it is evident that we have experienced the greatest degree of development in almost all areas of life during the last two centuries and this timeframe corresponds to the end of the Age of Pisces (Age of Belief) in the year 1844, and the entering into the Age of Aquarius lasting until the year 3999 (with the greatest effect starting in year 2029). So the great progress could conceivably be attributed to the influences of the Age of Aquarius and the corresponding cosmic energies from the galactic central sun. But what type of effects do the monthly horoscopic influences have on the human being? To get a better understanding, I decided to do a small experiment to find out, and it is as follows:

On the internet, there are very large archives of news articles which can be accessed and searched through. Using different search terms such as 'harmony', 'reality', 'helpfulness', 'representation', 'family', 'sociability', etc. which are some of the values prevalent during the different times of the year depending on the prevailing horoscopic influence (as listed in the Spiritual Teaching Lessons), it is possible to get a count of news articles written which contain these words. As an example, using the search terms 'spring', 'summer', 'autumn' and 'winter', it can be seen that the usage of these words vary throughout the year, and that they are most used during their corresponding timeframes:

| word   | Aries | Taurus | Gemini | Cancer | Leo  | Virgo | Libra | Scorpio | Sagittarius | Capricorn | Aquarius | Pisces |
|--------|-------|--------|--------|--------|------|-------|-------|---------|-------------|-----------|----------|--------|
| spring | 7050  | 7424   | 4001   | 3457   | 3580 | 3853  | 3666  | 3714    | 3518        | 5921      | 4779     | 6706   |
| summer | 6819  | 7320   | 8847   | 8720   | 8744 | 6250  | 4101  | 3750    | 5023        | 5969      | 4691     | 6419   |
| autumn | 3231  | 2191   | 1928   | 1300   | 2150 | 5993  | 7155  | 5913    | 3790        | 3356      | 2706     | 3625   |
| winter | 4990  | 4561   | 3786   | 3799   | 3902 | 3830  | 4422  | 6106    | 7965        | 8368      | 8113     | 7441   |

**AN EXPERIMENT** continues

Explanation: the table above [previous page] shows the count of news articles which contain the words in the first column throughout the different times of the year, so the word 'summer' is heavily used in the time of year from Cancer – Virgo (June 21 - September 23). The table cells have also been coloured with different shades of green so that the correlations can be seen more easily (the darker tones indicate higher number of articles). Here are the same results shown in percentages:

| word   | Aries | Taurus | Gemini | Cancer | Leo | Virgo | Libra | Scorpio | Sagittarius | Capricorn | Aquarius | Pisces |
|--------|-------|--------|--------|--------|-----|-------|-------|---------|-------------|-----------|----------|--------|
| spring | 32%   | 35%    | 22%    | 20%    | 19% | 19%   | 19%   | 19%     | 17%         | 25%       | 24%      | 28%    |
| summer | 31%   | 34%    | 48%    | 50%    | 48% | 31%   | 21%   | 19%     | 25%         | 25%       | 23%      | 27%    |
| autumn | 15%   | 10%    | 10%    | 8%     | 12% | 30%   | 37%   | 30%     | 19%         | 14%       | 13%      | 15%    |
| winter | 23%   | 21%    | 20%    | 22%    | 21% | 19%   | 23%   | 31%     | 39%         | 35%       | 40%      | 31%    |

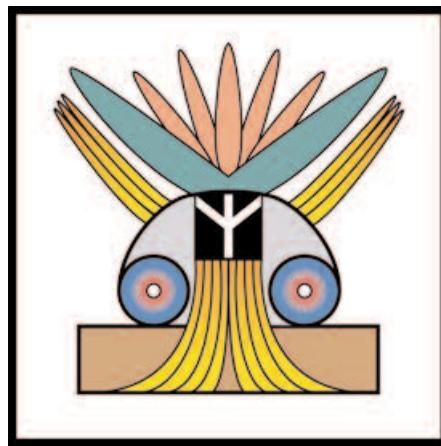
This shows that the writers of the news articles choose to use the words which are more relevant during the time it was written, e.g. there are more news articles containing the word 'summer' during the summer months (which is to be expected, e.g. "Summer is here" articles). Now, if the same procedure is followed but instead with different words, including some of the different horoscopic values:

| word       | Aries | Taurus | Gemini | Cancer | Leo   | Virgo | Libra | Scorpio | Sagittarius | Capricorn | Aquarius | Pisces |
|------------|-------|--------|--------|--------|-------|-------|-------|---------|-------------|-----------|----------|--------|
| action     | 5.48% | 5.51%  | 4.02%  | 4.54%  | 4.81% | 5.38% | 6.14% | 5.99%   | 5.49%       | 5.14%     | 5.19%    | 5.51%  |
| adapt      | 0.95% | 1.13%  | 0.88%  | 0.86%  | 0.71% | 0.77% | 0.71% | 0.53%   | 0.58%       | 0.73%     | 0.65%    | 0.81%  |
| careful    | 0.58% | 0.79%  | 0.94%  | 0.88%  | 0.77% | 0.55% | 0.55% | 0.51%   | 0.69%       | 0.58%     | 0.56%    | 0.50%  |
| confidence | 2.59% | 2.49%  | 2.68%  | 2.46%  | 2.40% | 2.58% | 3.48% | 3.47%   | 4.05%       | 3.32%     | 2.95%    | 2.37%  |
| conserve   | 0.22% | 0.23%  | 0.33%  | 0.24%  | 0.27% | 0.20% | 0.24% | 0.19%   | 0.18%       | 0.17%     | 0.20%    | 0.19%  |
| creation   | 3.54% | 3.22%  | 4.49%  | 3.89%  | 4.76% | 4.05% | 4.76% | 4.01%   | 3.21%       | 3.53%     | 3.87%    | 3.43%  |
| diligence  | 0.42% | 0.47%  | 0.97%  | 0.78%  | 0.44% | 0.42% | 0.41% | 0.39%   | 0.42%       | 0.39%     | 0.48%    | 0.39%  |
| equality   | 1.45% | 1.34%  | 2.46%  | 1.85%  | 1.69% | 2.01% | 1.78% | 1.64%   | 1.74%       | 1.41%     | 1.77%    | 2.21%  |
| existence  | 0.53% | 0.53%  | 0.61%  | 0.56%  | 0.48% | 0.50% | 0.65% | 0.59%   | 0.59%       | 0.50%     | 0.49%    | 0.44%  |
| fairness   | 0.35% | 0.29%  | 0.43%  | 0.44%  | 0.29% | 0.27% | 0.34% | 0.28%   | 0.32%       | 0.27%     | 0.34%    | 0.29%  |
| family     | 4.55% | 5.02%  | 4.18%  | 4.93%  | 4.39% | 4.78% | 4.28% | 4.64%   | 4.22%       | 5.01%     | 4.38%    | 4.92%  |
| feeling    | 3.50% | 3.61%  | 4.15%  | 3.70%  | 4.20% | 4.61% | 4.42% | 4.14%   | 3.79%       | 3.46%     | 3.80%    | 3.55%  |
| fight      | 5.60% | 5.76%  | 3.82%  | 4.19%  | 4.97% | 5.02% | 5.11% | 4.73%   | 5.15%       | 5.27%     | 3.58%    | 5.40%  |
| freedom    | 3.78% | 4.47%  | 4.20%  | 5.10%  | 4.44% | 3.93% | 3.78% | 3.35%   | 3.92%       | 3.49%     | 4.22%    | 3.62%  |
| harmony    | 2.11% | 1.56%  | 2.02%  | 1.96%  | 2.21% | 1.89% | 2.43% | 1.87%   | 2.30%       | 2.08%     | 2.13%    | 2.08%  |
| help       | 3.72% | 3.44%  | 3.29%  | 2.75%  | 2.86% | 3.05% | 2.71% | 3.72%   | 4.26%       | 3.17%     | 4.29%    | 3.63%  |
| impatience | 0.05% | 0.04%  | 0.06%  | 0.03%  | 0.04% | 0.05% | 0.02% | 0.03%   | 0.09%       | 0.03%     | 0.04%    | 0.04%  |
| initiative | 4.34% | 4.22%  | 4.37%  | 3.68%  | 3.53% | 3.95% | 5.10% | 4.84%   | 3.66%       | 3.39%     | 4.28%    | 3.47%  |
| invention  | 0.68% | 0.55%  | 0.86%  | 0.50%  | 0.39% | 0.42% | 0.63% | 0.40%   | 1.00%       | 0.85%     | 0.60%    | 0.38%  |

## Geisteslehre Friedenssymbol Frieden

Wahrer Frieden kann auf Erden unter der Weltbevölkerung erst dann werden, wenn jeder verständige und vernünftige Mensch endlich gewaltlos den ersten Tritt dazu macht, um dann nachfolgend in Friedsamkeit jeden weiteren Schritt bedacht und bewusst bis zur letzten Konsequenz der Friedenswerdung zu tun.

*SSSC, 10th September 2018, 16.43 h,  
Billy*



\*Gewalt-less = absence of Gewalt  
In the "Goblet of the Truth" the German "Gewalt" is also used in English, because there is no adequate word in English that explains this Gewalt that is above all might and force.

## Spiritual Teaching Peace Symbol Peace

True peace on the Earth among the world's population can only be when every intelligent and rational human being finally takes the first Gewalt-less\* step towards it, in order then, in peaceableness, to subsequently take every further step, deliberately and consciously, up to the last consequence of the becoming of peace.

Translation: Michael Uyttebroek /  
July 3, 2020 / Tiny, Ontario

### PEACE SYMBOL INITIATIVE MAILOUT / MARCH 16, 2020

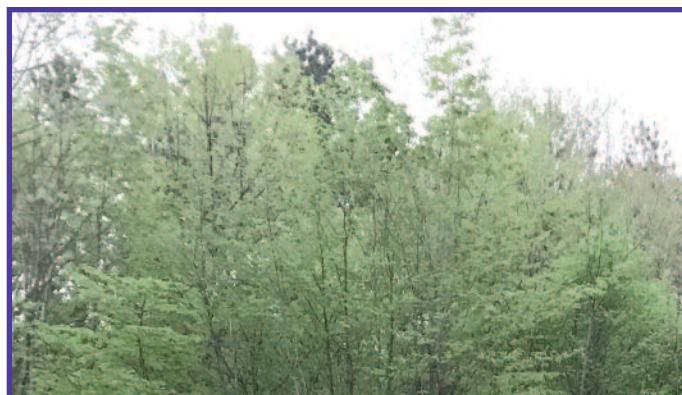
Photos: Peter Chladek

MARY AND ISAAC FOLDING FLYERS FOR THE PEACE SYMBOL INITIATIVE MAILER



2ND SHIPPING CONTAINER PREPARATION / MAY 24, 2020

Photos: Peter Chladek



THE LOCATION OF THE SECOND SHIPPING CONTAINER FOR FLCA BOOK STORAGE

LYNDON USING THE TRACTOR AND ISAAC WITH THE CHAINSAW CLEAR THE AREA



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by: Ferdinand Suzara

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