



TRINIDAD & TOBAGO SECONDARY SCHOOLS' TRACK & FIELD ASSOCIATION

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TO: PRINCIPALS, ZONAL CONVENORS AND TEACHERS IN CHARGE OF TRACK & FIELD, SECONDARY SCHOOLS' TRINIDAD & TOBAGO

FROM: JOSEPH BREWSTER, PRESIDENT, TTSSTFA

DATE: TUESDAY OCTOBER 08, 2019

SUBJECT: CROSS COUNTRY RUN & HEALTH FAIR – GUIDELINES

Dear Colleague

- The Cross-Country Run will be held on Sunday October 20, 2019 from 3:00 p.m. at the Queen's Park Savannah, Port of Spain, as a 4K and 6K.
- Competitions will be on a school basis, U13 and U15 will run the 4K, U17 and O17 will run the 6K. Students must not attain the age by December in the year of Competition
- Registration of athletes must be done the appended prescribed form appended.
- A registration fee will of @ \$20.00 per athlete and \$100.00 per school is necessary.
- Birth dates MUST be checked and verified by the school principal.
- All entries for the Cross Country must be submitted to the Secretary, Mr Andy Joseph, Moruga Secondary, on or before Monday October 14, 2019 either via hard copy or by email to: ttsecondaryschools@gmail.com.
- Competition Numbers will be provided on Race Day from 1.30pm with the submission of a copy/copies of the signed registration forms.
- Registration Fees will also be collected on Race Day at the venue. Students will not be allowed to participate without these.
- Please complete separate forms for males and females in each age group.

ADDITIONAL CATEGORIES

There is the inclusion of three extra categories:

- Fees for each category per person is \$40.00
- Teachers/Educators – open to all Secondary and Primary School Teachers and Administrators, also to anyone working in a school
- University students – open to all current University students – Must present University ID
- Public – open to everyone else including parents etc.

Registration for these categories can be completed on Race Day

Please be guided by the above. We thank you for your usual cooperation.

Joseph Brewster,
President
TTSSTFA