



# VITAL PHYSICAL THERAPY

INTEGRATIVE HANDS-ON THERAPY

## What our Patients Say:

“Dr. Angie has helped my husband and I so much!

My husband had shoulder pain since last summer. He went to Dr. Angie, and she made him feel leaps and bounds better! His shoulder now rarely hurts because she gives you exercises to strengthen muscles and shows you how to properly tape your injury!

I went to her for some knee pain and my posture, and found out that this was all due to my hip being out of line. She is extremely educated in what she does, and she makes you feel comfortable during the entire process!

I HIGHLY RECOMMEND ANGIE! She has made us have faith in the wellness practices since regular doctors will just either prescribe pain medication or recommend surgery!”

-Maria T.

“Absolutely amazing! Even this review does not do her justice.

I have had some issues with my posture and some visible curves in my spine that could have gone on and probably gotten worse over time but thanks to Dr. Angie things are improving tremendously.

I had two car accidents in the past that probably attributed to my problems and although I knew I had some issues, I never knew just how bad they really were until Dr. Angie reviewed them with me.

I have been seeing her for about 3 months now and thanks to her I have made such progress. To say that I am thrilled with the improvement in such a short amount of time is an understatement.

You need to understand that I have been seeing a chiropractor for years which helped realign my spine, hips, etc., however, it would not have actually corrected the problems I have thus my problems would have continued to worsen over time.

Although she is so much more, I can only describe her as a cross between a chiropractor and a deep tissue medical massage therapist.

She has not only physically changed my body she has taught me some yoga and pilates which compliments the work that she does and I will of course continue to work with her because I know the improvements will continue. I cannot imagine where I would be if I had not met her.”

-Peggy M.

“She relieved 7 months of shoulder pain in one visit! With the second visit, I feel significant improvement in my plantar Fasciitis that I have had for 2 years.

She is very hands on and great at explaining the issues and how she can help heal them!”

-Amanda D.

## Testimonials continued

“I spent months going to a massage therapist and chiropractor weekly and felt I was getting worse. I would be back in pain within hours. ONE VISIT with Angie, and not only did I find instant relief and a spike in my energy, I was able to maintain that for an entire month. Sold!

She has excellent skills, is very respectful and informative, and it's obvious that she cares very much about her patients. The sessions do not feel rushed either. I can see why she earned the rewards she has.”

-Amanda H.

“I highly recommend Angie! After one session I was already seeing improvement. It feels nice to be working with someone who has such a strong passion to help me improve!! I am very grateful we crossed paths and she is able to help me heal and recover:)”

-Kimmy J

“I've been working with Angie for about four months. She is very knowledgeable of how each nerve and muscle works, which has been very helpful in the healing of my arm, shoulder and neck. Within weeks of starting my therapy I started to experience relief in my arm which I have not had in years”

-Mike O

“If you need a physical therapist in our area, I highly recommend Angie Nguyen at Vital Physical Therapy. She was the 2015 Patient's Choice Winner for Physical Therapist in Lakewood! Not only is she very experienced in a variety of modalities, she is very caring and she takes insurance! She has reduced the pain in my elbow from a 7 (constant pain) to a 1 in just 3 visits! My chiropractor was unable to fix this in more than 18 months of treatments! She is now working on knee pain I have had for many years! Here is her website <http://www.vitalptco.com/> and her phone number is 720-519-1548. You'll be glad you called her.”

-Suzie S.

“Dr. Angie Nguyen has a lot of talent and experience. She has helped with with new and old injuries alike. I play soccer and I am nearly always getting new bumps and bruises. She spends the entire hour with you which creates so much momentum in reducing pain.”

-Susan G.