

Vital Energy Services, Inc

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Ionic Foot Detox Consent Form

An Ionic Body Detox & Cleanse foot bath should NOT be used by anyone with any of the following conditions:

- I have a pacemaker or any other battery-operated or electrical implant.
- I am on heartbeat regulating medication.
- I am pregnant or breast-feeding.
- I have had an organ transplant.
- I have had an organ removed, especially the colon.
- I take medication. If I don't take this medication I would be mentally or physically incapacitated. (Examples: psychotic episodes or seizures)
- I have open wounds on my feet.
- I am currently undergoing chemotherapy or radiation.

If any of the above items pertain to you, you cannot proceed with this treatment.

Please read the following information and sign at the bottom:

- Persons should not wear metal, use a computer or **cellular phone** during an Ionic Foot Detox session.
- Persons with low blood sugar should eat before using the Ionic Foot Detox.
- Though not dangerous, persons having a metal joint implant may find exposure to the electromagnetic field generated by the Ionic Foot Detox to be uncomfortable. If discomfort is experienced, the session will be stopped immediately.
- Persons taking prescription medication should take meds after or four hours prior to their session.
- Because the Ionic Foot Detox is designed to aid the body in eliminating toxins that the kidney and liver cannot eliminate on their own, as a general rule, it may be used by persons on dialysis or by those diagnosed with diabetes or congestive heart failure. However, persons with these conditions, or any other medical condition, should consult their physician prior to implementing the Ionic Foot Detox as part of their wellness program.
- In addition to toxins being pulled out of the bloodstream, valuable electrolytes (calcium, potassium, sodium, and magnesium) may also be purged from the body. To safeguard against this possibility, users are encouraged to take a whole-food vitamin supplement, fatty acid supplement, and vitamins. This is recommended to replace electrolytes, vitamins & minerals with natural foods, herbs and mineral sources.
- Users should be properly hydrated prior to each session.

Disclaimer: I do not make any claim to offer cures or treatment of any disease or illness. If you are sick, please consult with your medical doctor.

Acknowledgment: By signing below, you acknowledge that you have read and understand this document and have received acceptable answers to all of your questions and consent to receiving an Ionic Foot Detox. You hereby agree to release Vital Energy Services, Inc, Janet-Lynn Novotny, LMT, LE, 500 RYT and all owners, operators, manufacturers, distributors and governmental agencies from any liability or damage that may incur due to the use of the Ionic Foot Detox.

Signature

Date

Name:

Date:

Address:

Preferred Phone:

Preferred Email:

Birthdate:

Referred by:

Please state your main health concerns and any diagnosed medical conditions that you have:

Are you currently taking any medications and/or supplements?

YES

NO

If YES, please list what you are currently taking and the reason:

Do you have any allergies to oils, creams, or ointments?

YES

NO

If YES, please explain:

Please read the following information and disclaimer, and sign below:

I understand that at the end of a session that the footbath water will be discolored. Some of this discoloration is due to the minerals in the water or sea salt being used in the water, and some of it may be the body releasing toxins from your skin into the water. The color changes in the water will vary between clients and between sessions. When only slight color changes occur, the body may choose to detoxify through the urinary system and through the colon following the foot bath, rather than through the lymph system via the skin during a foot bath session.

I give permission for Janet Novotny to clean my feet and the end of my session. I also give permission to Janet Novotny to apply a foot scrub and foot lotion on my feet after the session if I choose to upgrade to this added service. I further understand that Janet Novotny is not a medical doctor and does not prescribe the use of herbs or supplements as a form of treatment for illness. The information provided from the foot spa session is for educational purposes only, to empower people with knowledge to take care of their own health. I understand that Janet disclaims any liability if the reader of this form uses or prescribes any remedies (natural or otherwise) for him/herself. Historically herb and vitamin supplements may nutritionally support the body's biological systems. I understand that I am to consult a licensed health care professional should a need be indicated.

Signed _____

Date _____