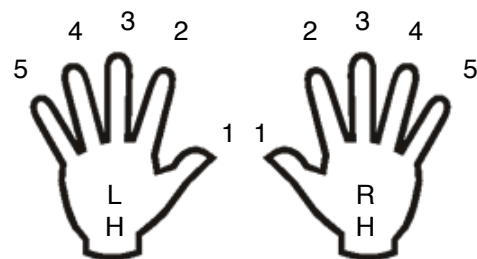


Daily Exercises

Start Date

Thumbs are *ONE*

C POSITION



R.H. Fingers	1	2	3	4	5	5	4	3	2	1						
Note	C	D	E	F	G	G	F	E	D	C						
L.H. Fingers	5	4	3	2	1	1	2	3	4	5						
R.H. Fingers	1	2	2	1	2	3	3	2	3	4	4	3	4	5	5	4
Note	C	D	D	C	D	E	E	D	E	F	F	E	F	G	G	F
L.H. Fingers	5	4	4	5	4	3	3	4	3	2	2	3	2	1	1	2
R.H. Fingers	1	3	5	5	3	1										
Note	C	E	G	G	E	C										
L.H. Fingers	5	3	1	1	3	5										
R.H. Fingers	1	3	2	4	3	5	5	3	4	2	3	1				
Note	C	E	D	F	E	G	G	E	F	D	E	C				
L.H. Fingers	5	3	4	2	3	1	1	3	2	4	3	5				
R.H. Fingers	1	5	4	2	3	2	1	1	2	3	2	4	5	1		
Note	C	G	F	D	E	D	C	C	D	E	D	F	G	C		
L.H. Fingers	5	1	2	4	3	4	5	5	4	3	4	2	1	5		