

# THE TERPENE EFFECT

REDUCES INFLAMMATION

RELIEVES PAIN

INHIBITS CANCER GROWTH

SUPPRESSES MUSCLE SPASMS

ANTIMICROBIAL

RELIEVES ANXIETY/STRESS

SLEEP AID/RELAXANT

REGULATES IMMUNE SYSTEM ACTIVITY

AIDS DIGESTION SYSTEM

PINENE

BISABOLOL

CARENE

CAROPHYLLENE

EUCALYPTOL

HUMULENE

LIMONENE

LINALOOL

MYRCENE

TERPINOLENE

