



THE ESSEX CORINTHIAN YACHT CLUB



Annual Labor Day Weekend
Lobster Bake

ENTERTAINMENT & EVENTS:

- Sunday, September 1st: ECYC Lobster Bake (see write-up in Terry Stewart's 'View from the Bridge')
- ECYC will host a club wide party along the lines of our July 4th celebration following the inaugural Cross Sound Challenge Race on **September 21st** starting at 6pm once our boats return from the Sound. The party will celebrate our sailors, their results, and include live music. Watch for the sign up roster.
- Also stay tuned to watch America's Cup finals in the River Room on our large screen TV. These informal gathering will be BYOB and food.

Refer to our event calendar on our website at www.essexcyc.org for event details!

VIEW FROM THE BRIDGE

Fellow Corinthians,

August and September always are highlight months in the life of ECYC.

The weather is at its peak, making for wonderful days and evenings on the deck. Our boaters are off cruising near and far. Our racing sailors are bringing more honors to the club from our Ideal 18's in front of the club to PHRF boats (aka "big boats") across eastern Long Island Sound.

We enjoyed our always fun Lobster Bake on on the first day of September. And Wednesday nights with the Jazz Band and Sunday dinners continue through the end of September.

Speaking of the Lobster Bake: We welcomed September with our annual Labor Day Weekend event. Let me say how the evening illustrated the spirit of ECYC and what our club is all about.

To support the Lobster Bake involving over 70 Corinthians and guests, the Galley rented three large pots and burner units from a local rental company that will go unnamed in this newsletter. Two of the three units failed. As a result, lobsters were either late or in some cases undercooked. The galley team responded to the challenge by scrambling to use the kitchen upstairs and ordered additional steamed lobsters to accommodate everyone.



While visiting various tables and groups during the delay, I was very proud, but certainly not surprised, of the spirit shown. One member told me when they noticed their lobsters were undercooked said, "We decided we were just having sushi!" Others said the delay gave them more time to enjoy what turned out to be a wonderful evening on the deck with friends. Another member shared how lucky we are to be in such a wonderful location with close friends and, eventually, great food. "How can you complain?", she said. Any cursory review of today's headlines confirms this.



A great summer of 2013 on and near the water!

OFF SHORE NEWS & EVENTS:

PHRF Round the Buoys Racing Series Wrap-Up:

While ECYC continues to represent itself very well in a range of ECSA sanctioned events throughout the eastern end of Long Island Sound (as noted above in Terry's column), we've also been at work locally this summer providing opportunities for less experienced race crews to develop their skills and confidence level through a 3-race series co-sponsored by ECYC and EYC in Long Island Sound between Bell 8 and 6 Mile Reef. Nineteen different boats/crews engaged in friendly competition and post-race camaraderie over 3 weekends this summer. The final event, held on a sunny Sunday August 25th in a steady, if a bit light, southwesterly breeze, capped a fantastic series, sailed just for fun. Attracting 13 boats to the starting line for the series finale is a testament to the success of the mission. In these conditions, and in spite of the Morgan 24's shortest waterline length in the fleet, we were not surprised to see CELEBRATION (skillfully skippered by Jeff Going and crewed by Ed Birch and guest Stewart Galeucia) take first place overall. Bill Herlihy and his wife, sailing BANSHEE, the red Nonsuch 36 took second, and Frank Flores was third overall sailing in CHECKMATE, the Alden 44.



At the post-race party held on the lower deck of ECYC, the success of the event was evident everywhere you looked. Competing crews discussing failed strategies, blown

Your comments reinforced what ECYC is fundamentally about: "An Environment for Good Fellowship". While we salute the efforts of Monique and Ed in a difficult situation, the evening showed how our fellowship is our primary "end" and the galley is one of several supporting "means" ECYC provides to build and expand our fellowship.

Many thanks to our entertainment chair, Val Votto, for coordinating the event start to finish. We applaud the creative talents of Jean Brewer who does such wonders decorating the club in the spirit of the event. Finally, thanks to all of you for making "lemonade of out of lemons" and making the evening a lot of fun. Also thanks for your support of advanced reservations by the event deadline.

Moving Off Shore:

We will inaugurate a new ECYC-sponsored race to be run in the Sound, called the Cross Sound Challenge on September 21st.

This is an Eastern Sailing Association (ECSA - our sailing "conference" of some 40 regional yacht clubs) sanctioned race to test and demonstrate our ability to run a race in the Sound. The race will further solidify ECYC's resume as a leading sailing yacht club in the region. To celebrate, the post-race results party (a requirement for any sailing event!), will be open to all ECYC members along with race participants. Like July 4th, the party will include live music.

Join us! Stay tuned.

America's Cup Finals: We are also now in the midst of the America's Cup finals. We will be live streaming key races on our large screen TV in the River Room. Watch for announcements for informal BYOB gatherings at the club to



watch the races. Races can be easily postponed due to exceeding the wind limit of 19 knots and equipment failures on the boats. If you've had the opportunity to watch the races so far, they make for great

television. For more information on the America's Cup finals and schedule, please see www.americascup.com.

New 20 Year Lease: I am very pleased to report we have signed our new Twenty-Year Lease with the Brewer Dauntless Shipyard and Marina. Many of you know this has been a much extended process that began with the sale of the Chandlery property (of which ECYC is a part) to the Brewer organization. The new agreement solidifies our partnership with Brewers and provides for a very favorable rent schedule with small annual increases that help with our club budgeting.



tacks and small successes; waving hands dicing the air at angles representing the set of their sail over a cold beer and a hamburger is exactly what we set out to accomplish with this series. While the two participating yacht clubs enjoy separate and equally valid philosophies of "what a yacht club should be", the bottom line was abundantly clear and shared by all in the group of 50 sailors who toasted another great day on the water, spent doing what we have in all have common and love to do most.

Many thanks to all of the participants from ECYC and to the many volunteers who answered the call to help us stage this series. At the risk of leaving someone out, for which I will apologize in advance, I would like to recognize the following for their Corinthian spirit:

Earl and Liz Fowler
Deb Wallace
Jean Brewer
Andy Roussel
Eric and Donna Altomare (and their little canine 1st mate)
Jeff Ridgway
Dan Taylor-Stypa
Ian and Kristen Douglas
Matt Myers and Mrs. Myers (EYC)
Marcus Garofalo (EYC Waterfront)



1st Inaugural Cross Sound Challenge PHRF Race

We now turn our attention and energies to a new racing event on our Club's calendar scheduled for Saturday, **September 21st**. The **Cross Sound Challenge** is our Club's entry into the Eastern Connecticut Sailing Association (ECSA) line-up for 2013 (see the NOR in the 2013 ECSA Yearbook publication). Our objective in sponsoring this event is to capitalize on the wealth of talent and enthusiasm of our active yachting membership to showcase ECYC's capabilities in race management and regatta coordination, as well as our collective prowess on the race course. With a successfully run event this September, we expect to make this a sanctioned points race contributing to ECSA official standings starting in 2104 and continuing indefinitely

ECYC Flag Officers (from left: Vice Commodore Tim Brewer, Commodore Terry Stewart, and Rear Commodore Steve Rodstrom) meet with Brewer Dauntless Shipyard Vice President and General Manager Doug Domenie to sign the new ECYC lease.

On behalf of the Bridge and the Board of Governors, we thank Doug Domenie, VP and General Manager of the Brewer Dauntless Shipyard and Marina for his tremendous support of ECYC throughout the process. For any of us who have worked with Doug and/or visited a Brewer marina, you know the high standards exhibited by the entire Brewer team. We have witnessed these standards through the wonderful renovations Doug initiated at ECYC earlier this year.

No Smoking Reminder: While we are talking about the clubhouse, a gentle reminder to all members: NO SMOKING in or around the club (including the lower deck). Please know this is club policy and is a specific requirement written into the lease. We all also know what can happen given the almost tragic loss of the River Museum a couple years ago due to a discarded cigarette. Let's avoid the need to put "No Smoking" signs around the club. Please also remind your guests while visiting the club.

2014 ECYC Planning and BOG Opportunities: The Board of Governors is beginning the planning process for next year. This includes looking at our on and off shore event calendar, our budget, House projects, and new board members to replace those with terms ending. Your feedback and suggestions are always appreciated and sought. The BOG provides club leadership opportunities and is a great way to get involved in the life of the club. Past Commodore Skip Haskins chairs our nominating committee. Please let Skip and I know if you have questions, suggestions, and interest in the BOG.

Cruise Pictures: Please email me your favorite pictures from your Summer Cruise destinations. We are seeking candidates for the 2013 John Philip Sousa cruising award and assembling our end of year slide show.

Please check out the club's web site at www.essexcyc.org. Our Facebook page also provides current club updates and has an increasing audience. Become a "fan" to get club updates.

Make it a good month!

Terry Stewart

Commodore
Essex Corinthian Yacht Club



Galley:

We are all very aware of the efforts and time spent by Monique and her team ensuring that we enjoy our lunches and dinners. We see how they run their kitchen, and prepare dish after dish, but what we do not see is how much time Monique spends recording the ordering tickets we submit. It is part of the business, but also extremely time-consuming and tedious, and often tickets are hard to read. If we help Monique reduce time interpreting the tickets, she will be

from there forward.

Our goal is to put a minimum of 20 (but I really want 30!) boats on the starting line for this inaugural event. Please help us get the word out to the yachting community that we welcome entries from all yacht clubs in our area, as well as sailors unaffiliated with a club. The post-race party will be an event that you do not want to miss. We'll have a live band, casual cook-out food, cold beer and soft drinks, and handsome trophies to mark a fantastic day on the water and at the Club. The post-race party is open to all club members and the shoreline yachting community for \$15 per person. I will have an event poster and event details available in paper and .pdf format for forwarding via email and posting at clubhouses, marinas, etc. Let me know if you can help promote this event.

Many of you have already answered our call to assist in the coordination, management and myriad tasks necessary for on-shore and off-shore logistics associated with this first-class regatta. Our thanks in advance to Chris Morano and Toby Doyle for their organizational efforts. David Dorrance, Peter Kamford, Adam McEwen, Liz Baird, Priscilla Robinson, John Martin, Sharley Barringer, and Cate Beckstein who have already offered their assistance for on-water and off-water responsibilities. We are so appreciative of the Corinthian spirit within our membership and recognize that we cannot possibly achieve our objectives without this kind of support. That said, it's no secret to these folks that we will have one heckofa good time preparing for and staffing the event. While our volunteer list is impressive as it stands right now, we definitely need your help to pull this together. Contact me directly if you can help us make this a spectacular event!

Contact me at tbrewer@tlbarchitecture.com or call 860 638 7025

Tim Brewer

Vice Commodore



COMMITTEE UPDATES

House & Grounds Update:

able to invest that time on value added activities revolving menu selection, sourcing, meal preparation and, ultimately, timely delivery.

Here are a few guidelines that will help clarify orders and reduce meal delivery times.

Essex Corinthian Yacht Club

Member # 12345 Date 9/1/12

Name (please print) Mr + Mrs Boaterman

Signature Mrs Boaterman

Quantity	Description	Amount
1	cp clam chowder	5.50
2	bowls gazpacho	13-
	ea w/ shrimp	10-
1	Corinthian Burger	13-
	Medium/NO CHEESE	
1	Artichoke Quiche	14.50
1	Small Caesar	7-
	add chicken	6-
1	Dessert Sampler	11-
2	Cappuccino	7-
3	COKEs	6-
	TOTAL	93-

(14) Thank You

Take a look at what Monique considers the "perfect" completed ticket.

Member number, date and member name are clearly printed at the top. While this may seem obvious, questions often arise about these three simple elements, if they are not indicated correctly or hard to read.

Separate your food order by course. Start with the Appetizers on the top lines, then Main Courses/Entrees, followed by Desserts, and ending with Drinks. Place a thick line between the courses - this helps the galley team focus and plan the preparation. Adding the Item Price/Amount and Total is a big time saver during billing. The Amount is the Item Price times the Quantity.

Please **clearly indicate any changes** or requests, if you want to modify anything on the menu. For example, the Corinthian Burger on the menu is served with cheese. On the sample ticket, note how the member indicated "no cheese" and how they wanted the burger cooked.

Very important, please **indicate your table number at the bottom**, and circle it. The table number is printed on the vase/glass containing the ordering tickets and pens on your table if you are on the patio, or under the glass top on the indoor tables. This will allow more accurate delivery of the ordered meals.

And finally, **if you have a larger group at one table** with several order tickets

We thank Essex sign maker Jim Danks for his efforts creating a new sign for ECYC which is now located in the new island leading into our parking lot. Jim was a founding member of ECYC and has contributed his talents to many of the plaques and trophies around the club.



Not much has changed from an improvement perspective during August. The summer of 2013 provided the full season use of the replacement heads, as well as timely introduction of air-conditioning. The July heat wave would have been pretty unbearable otherwise. The appointment of the shower room has begun with installation of shower curtain and ordering of appropriate decorative hooks. A small seat will be the final touch.

As the fall season approaches focus will once again shift toward tackling the many projects, both maintenance and improvement. As review and prioritizing for each of the efforts are completed, I will reach out to the house committee and membership at large for assistance. Also, with fall comes hurricane season. A top priority will review and enhance the storm plan with the strategy to maximize the features incorporated into the renovation, i.e. roll up carpets. I hope all had a great summer, enjoyed & maximized use of the club.

Chuck Grusse
House Chair

ART on the River:

Art on the River Exhibit ends September 14th. The current exhibit by Essex Art Association ends September 14th. If you are interesting in a



going in, and would like to receive your food around the same time, please **submit all your tickets at the same time**, and mention to the galley staff that you are all on the same table.

By following these simple rules, we can all do our part in taking the dining experience at ECYC to the next level. Let's make this part of the "Corinthian Way" of doing things!

Off Shore Update:

August has been another amazing month for ECYC racers involved in several ECSA races.



Jim Francis holds his Wetherill trophy

Free Spirit (Jim Francis) placed first in the EYC Wetherill Overnight Race.



Celebration (Jeff Going and Ed Birch) placed first in the Ram Island YC race around Fishers Island.

In the same race, **Petrel** (Cindy and Jon Gibbs) placed fourth in their class, **Irish Lady** (Bill St. John) fourth in his class, and **Counterpoint** (Dan Watts) 6th in his class.



Counterpoint's crew enjoying the Ram Island YC race around Fisher Island



Irish Lady placed second in the Masons Island Race which along with the Ram Island YC and Fishers Island YC race on August 31st make up the

particular work, please submit a galley ticket to Elaine prior to that date. Given your positive feedback, we are continuing our collaboration with the EAA for another exhibit.

Green Tip of The Month:

Have You Caught A 'Bagfish' or 'Balloontfish' Lately?

There are many things floating in our waterways that can slow our boats down. Be it seaweed, tangles of branches or driftwood, plastic bags, balloons, or other trash. All these items can have a negative impact. Unfortunately, floating plastic debris in particular is becoming a very common sight. More often than not, do we encounter drifting plastic bags or semi-deflated balloons as we sail by. Needless to say, a plastic bag sucked into the water intake of any boat with an engine can become a very costly experience. Unfortunately we had this happen to us the first year we owned our sailboat, and the subsequent fatal overheating of our somewhat ancient (yet until then functioning) engine cost us half a season and a lot of money, of course.



The Dreaded Northeastern 'Bagfish'

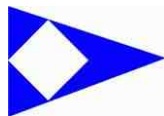
In some places, debris is caught in the current line, and you can see the garbage stretched for miles, bobbing in the waves. It is not just unpleasant to witness, but also means your keel, prop or even water intake could catch some of that trash. Small boats can actually suffer greatly from hitting trash like that. Even something as innocent looking as a plastic shopping bag can act as a sea anchor, effectively slowing you down. 'Bagfish' are a common sight these days, unfortunately.

What is even sadder is that plastic bags and balloons can be mistaken for jelly fish by sea turtles and cetaceans. They end up in their

Island Cup series.

Irish Lady (Bill St. John) takes third in the Island Cup Series.

Based on cumulative results of the Ram Island, Mason's Island, and Fisher s Island Yacht Clubs races around Fishers Island, Bill St. John and the crew of Irish Lady earned third place honors for the Island Cup. The Fishers Island YC race, the third and final leg of the series, had the best combination of wind and tides to make for a great day of sailing followed by a terrific post race results party at FIYC. Congratulations, Bill!



Tartuca (Ruth and Peter Emblin) placed fourth in both the Outer Light Classic sponsored by North Cove and the Leukemia Cup sponsored by Duck Island and Pilots Point. Combined with her first place finish in the Essex Rum Challenge last month, Tartuca is in a leading position for the ECSA Long Sand Shoals trophy.

Celebration turned in an outstanding 2nd place finish in their class in the Leukemia Cup. She also won the third and last "Fun Buoy Race" held with EYC on August 25th. Truly an amazing boat and crew who do so much representing EYC throughout the season.

With these results, EYC again is a leading contender for ECSA's Outer Light Trophy recognizing the Yacht Club with the best combined non-spinnaker results for the season.

Looking ahead, EYC will sponsor and run the inaugural Cross Sound Challenge on September 21st. Contact Tim Brewer if you are interesting in crewing. A club-wide party will commence following the race. Stay tuned.

Our traditional Tom Clark Memorial Race in the river will be on October 12th, followed by the Charles Birch Race sponsored by PYC on October 19th, and both are preceded by the Willets Race sponsored by EYC on October 5th.

Corinthian Kayakers (a.k.a. "The Mini Fleet"):

stomach, ultimately killing them, as the unforgiving bag makes its way through their digestive tract. Seabirds can get entangled in balloon strings, and also ingest plastic particles from balloons and bags, as they float in the ocean looking like the perfect meal.



A school of 'Balloonfish'

This problem stems not only from inconsiderate boaters who just throw their trash overboard, often garbage is not disposed of properly both on land and at sea, and blows into the water.

Balloons are of major concern, as revelers often do not see the implications of letting 500 balloons fly up into the air - where will they end up, nobody really knows, all they see is the colorful note added to their event. Well, guess what? Most of these balloons end up in areas where wildlife can get to them, on and off shore.

What can we do about this? Yes, plastic bags are very convenient, but the majority of the bags used by today's supermarkets are almost impossible to reuse, even if we try, as they tend to rip easily. Off they go into the trash after just one use... Why not invest in a few reusable shopping bags and forgo single-use plastic shopping bags completely? These days most supermarkets offer their own bags and some even give you a small discount for using something other than a plastic or paper bag. The reusable bags actually fit more groceries, are more stable and many times more durable than their single-use 'cousins'. Ban the plastic bag in your home, on your boat, at your marina!

Secondly, ban the balloon! If you are at an event where they are planning on letting go a lot of balloons - talk to the organizers and explain why you think this is a really bad idea. Helium-filled balloons can fly a long way, and near the shoreline it is almost 100% certain that they will end up in the water somewhere.

September is a great month for paddling along the rivers, ponds and the Sound. The days are still warm and the water is also warm after the past few months of high temperatures.

On August 27th, as a scouting mission, I joined with Frank Hall, Rep. Phil Miller, and members of the Essex Land Trust for a paddle across the river and around Nott Island. Wild rice grows abundantly on the island and it is home to several osprey families and a pair of bald eagles. The eagles have been there for two years and their nest is growing quite large. Certainly a weekday is the best for the crossings.

Our next trip is planned for the Salmon River. The put-in has good parking and the paddle is very leisurely and can be as long as you want. We will be confirming several dates soon.

Look for end of season deals on kayaks and equipment, both on-line and at area retailers.

Don Shannehan
donshannehan@sbcglobal.net



Burgee of the Month:

Our newest burgee continues our members' travels to the "Wide World of Yacht Clubs"! Presented to ECYC by members Ruth and Peter Emblin, our newest burgee is from the Royal Malta Yacht Club located in Valletta on the island of Malta in the Mediterranean Sea.

RMYC is a club rich in history having been founded in 1835. It is the only yacht club in Malta and has a deep commitment to yachting with a full program of racing and social activities throughout the year.



Sailing Instruction & Ideal 18s:



A balloon fragment can easily be mistaken for a tasty jellyfish, and becomes a deadly meal for a bird or turtle instead.

Be a responsible boater on and off-shore - and why not take part in a beach or shore clean-up? The sailing community consists of so many people who care for the environment we so enjoy, let's all come together and make sure that this will continue for a long time into the future!

Let's work together to eradicate the 'Balloonfish' and the 'Bagfish' from our playground!

Ruth Emblin

Fleet Communicator

Ideal 18 Perpetual Trophy: Consistent with our initiative to put the "Yacht" more prominently back into the Essex Corinthian Yacht Club, this year our Bridge and Board of Governors will introduce a new trophy to be awarded annually in recognition of a deserving member making an outstanding contribution to our sailing programs. To be sure, the Ideal 18 half-hull model mounted on a black Awlgriped plaque with gold lettering and bronze medallions will be a handsome addition to our clubhouse walls.

Formal Classes have concluded for this year. We wish to thank Ed Birch and Cindy Gibbs for all of the skill, patience and time that they devoted in 2013 to make our instructional programs at ECYC a grand success.

While formal instruction has concluded for the year, if you are an experienced sailor (perhaps a new member of the club) and you would like to become qualified to skipper or crew an Ideal 18, we will be happy to arrange a check-out sail with one of the Club's Instructors at any time during the year.

As late summer turns to fall, take advantage of the beautiful weather and sign-out one of the Ideals for an afternoon sail. These boats are a fabulous club resource and Essex Harbor is hard to beat for autumn afternoon sail.

Later in the month, the Ideals will be pulled for routine cleaning and maintenance in preparation for the Fall Frostbite Series, which will start in October. Start planning now to participate in this great series.

Promote ECYC!

The perfect way to promote ECYC and show your club spirit throughout the season on and off shore is by flying or wearing the club burgee! Fly it right! Consult Eldridge or Chapman for guidelines.

The Ship's Store not only sells burgees, there are vests, scarves, ties, polos, tees, sweaters, windshirts, etc., etc., etc., all waiting for you to show your Corinthian Spirit!

And if you want to add some Corinthian Spirit to your evenings at the club, check out the etched wine and drinks glasses. Toast your friends in style!

See Jean Brewer at the Ship's Store for all the new items she has added to the store's selection!



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For general questions on ECYC please refer to our website at www.essexcyc.org, email us at ecyc@essexcyc.org, or snail-mail to
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