

Sun	Mon	Tue	Wed	Thu	Fri	Sat
<p><b>Blue – start here if you are new</b></p> <p><b>Purple – more options</b></p>	<p><b>Red – experienced Yogis only please</b></p> <p><b>Orange – anyone is welcome</b></p>	<p><b>Green – chair classes</b></p> <p><b>Brown – mixed levels, experience needed</b></p>	<p><b>1</b> 9:30 Level 2 (Ellen) 11:00 Chair Yoga (Jen)</p> <p>4:15 Level 3 (Vicki) 5:50 Level 2 (Patti) 7:15 Meditative Yoga (Kim)</p>	<p><b>2</b> 9:30 Basic 1 (Vicki)</p> <p>4:30 Levels 2+3 (Debi) 6:00 Basic 1 (Vicki)</p>	<p><b>3</b> 9:30 Level 3 (Vicki)</p> <p>11:30 Yin/Restore (Brenda)</p> <p>6:00 Restorative (Erica)</p>	<p><b>4</b> No 8am Class today 9:30 Level 2 (Vicki)</p>
<p><b>5</b> 9:45 Vinyasa / Kundalini (Ken) 11:00 Level 2 (Ken)</p> <p>1:00 Basic 1 (Patti)</p>	<p><b>6</b> 9:30 Level 2 (Dee) 11:00 Chair Yoga (Helen)</p> <p>4:15 Basic 1 (Vicki) 5:45 Levels 2+3 (Vicki) 7:00 Levels 2+3 (Ken)</p>	<p><b>7</b> 9:30 Level 3 (Dee) 11:15 Basic 1 (Beverly)</p> <p>4:15 Hatha (Kamini) No Tai Chi Class tonight 7:00 Basic 1 (Dee)</p>	<p><b>8</b> 9:30 Level 2 (Ellen) 11:00 Chair Yoga (Jen)</p> <p>4:15 Level 3 (Debi) 5:50 Level 2 (Patti) 7:15 Meditative Yoga (Kim)</p>	<p><b>9</b> 9:30 Basic 1 (Vicki)</p> <p>4:30 Levels 2+3 (Debi) 6:00 Basic 1 (Vicki)</p>	<p><b>10</b> 9:30 Level 3 (Vicki)</p> <p>11:30 Yin/Restore (Brenda)</p> <p>6:00 Restorative (Beverly)</p>	<p><b>11</b> 8:00 Vinyasa (Ellen) 9:30 Level 2 (Vicki)</p>
<p><b>12</b> 9:45 Vinyasa / Kundalini (Ken) 11:00 Level 2 (Ken)</p> <p>1:00 Basic 1 (Helen)</p>	<p><b>13</b> 9:30 Level 2 (Dee) 11:00 Chair Yoga (Helen)</p> <p>4:15 Basic 1 (Vicki) 5:45 Levels 2+3 (Vicki) 7:00 Levels 2+3 (Ken)</p>	<p><b>14</b> 9:30 Level 3 (Dee) 11:15 Basic 1 (Beverly)</p> <p>4:15 Hatha (Kamini) 5:45 Tai Chi 7:00 Basic 1 (Dee)</p>	<p><b>15</b> 9:30 Level 2 (Ellen) 11:00 Chair Yoga (Jen)</p> <p>4:15 Level 3 (Vicki) 5:50 Level 2 (Debi) 7:15 Meditative Yoga (Irma)</p>	<p><b>16</b> 9:30 Basic 1 (Vicki)</p> <p>4:30 Levels 2+3 (Debi) 6:00 Basic 1 (Vicki)</p>	<p><b>17</b> 9:30 Level 3 (Vicki)</p> <p>11:30 Yin/Restore (Brenda)</p> <p>6:00 Restorative (Erica)</p>	<p><b>18</b> 8:00 Vinyasa (Debi) 9:30 Level 2 (Vicki)</p>
<p><b>19</b> 9:45 Vinyasa / Kundalini (Ken) 11:00 Level 2 (Ken)</p> <p>1:00 Basic 1 (Helen)</p>	<p><b>20</b> 9:30 Level 2 (Dee) 11:00 Chair Yoga (Helen)</p> <p>4:15 Basic 1 (Vicki) 5:45 Levels 2+3 (Vicki) 7:00 Levels 2+3 (Ken)</p>	<p><b>21</b> 9:30 Level 3 (Dee) 11:15 Basic 1 (Beverly)</p> <p>4:15 Hatha (Kamini) 5:45 Tai Chi 7:00 Basic 1 (Dee)</p>	<p><b>22</b> 9:30 Level 2 (Ellen) 11:00 Chair Yoga (Jen)</p> <p>4:15 Level 3 (Kamini) 5:50 Level 2 (Patti) 7:15 Meditative Yoga (Kim)</p>	<p><b>23</b> 9:30 Basic 1 (Helen)</p> <p>4:30 Levels 2+3 (Debi) 6:00 Basic 1 (Patti)</p>	<p><b>24</b> 9:30 Level 3 (Susanlee)</p> <p>11:30 Yin/Restore (Brenda)</p> <p>No 6pm Class tonight</p>	<p><b>25</b> 8:00 Vinyasa (Susanlee) 9:30 Meditative Yoga (Irma)</p>
<p><b>26</b> 9:45 Vinyasa / Kundalini (Ken) 11:00 Level 2 (Ken)</p> <p>1:00 Basic 1 (Patti)</p>	<p><b>27 Memorial Day</b> 9:30 Level 2 (Dee)</p> <p>No 11am Chair Class today</p> <p>No Afternoon / Evening Classes today</p>	<p><b>28</b> 9:30 Level 3 (Dee) 11:15 Basic 1 (Beverly)</p> <p>4:15 Hatha (Kamini) 5:45 Tai Chi 7:00 Basic 1 (Dee)</p>	<p><b>29</b> 9:30 Level 2 (Ellen) 11:00 Chair Yoga (Jen)</p> <p>4:15 Level 3 (Vicki) 5:50 Level 2 (Patti) 7:15 Meditative Yoga (Kim)</p>	<p><b>30</b> 9:30 Basic 1 (Vicki)</p> <p>4:30 Levels 2+3 (Vicki) 6:00 Basic 1 (Vicki)</p>	<p><b>31</b> 9:30 Level 3 (Vicki)</p> <p>11:30 Yin/Restore (Brenda)</p> <p>6:00 Restorative (Beverly)</p>	