

Honey Shampoo

This is a similar formula to the liquid soap I make except it has cocoa butter and jojoba oil added and 1 secret ingredient, Baking soda! I have very thin hair and I feel that this adds some thickness to my hair. The baking soda can be optional.

Be aware that this will **NOT** be a thick shampoo as we are all used to. Put it into a squirt bottle to apply to the hair. Because it has more water and is thinner, it actually lathers up better. Your hair will also FEEL different when using this shampoo and may take some time to get used to. I would recommend using a conditioner after shampooing.

Use the same process to make the shampoo as you do liquid soap. It will yield about 220 oz. or 1 ³/₄ gal. of concentrated soap.

OILS	% of whole	Ounces
Coconut oil	52%	26 oz
Olive Oil	20%	10 oz
Castor Oil	20%	10 oz
Coco Butter	4%	2 oz
Jojoba oil	4%	2 oz.
Total		50 oz.
Lye KOH		12.30
Water		37 oz. (lye x3)
Total wt		100 oz
1 st H ₂ O Dilution	To dissolve soap paste	100 oz
Neutralizer		
Borax		1.5 oz
water		3 oz.
Glycerin		9 oz
Honey		9 oz

- When bottling the concentrated soap, mix it 1:1 with distilled water.
- When adding the (secret ingredient) baking soda, add 1 tsp of baking soda to each oz. of concentrated soap. (ex. 2 oz water + 2 oz concentrated soap + 2 tsp baking soda).
- You can add your scent at this time too or the EO I like to use for hair are Lavender, Palmarosa and Ylang Ylang. Use 4 drops of each EO to 4 oz of finished shampoo.

For any questions you may contact Robin Kolterman at robinkolterman@gmail.com or 785 305 0801