

Dr. Eric E. Dooley, PsyD, CSAT
License and State: PY61035758 Washington
Licensed Psychologist

INFORMED CONSENT

My policy is to ensure that clients are made fully aware of their rights and responsibilities prior to commencing therapy. For this reason, please read the following carefully and bring up any questions you may have.

My Background: I lived in Southeast Asia from 1986-2014, having worked in Indonesia, Singapore, Cambodia, and Vietnam. I hold a B.A. in Biology from Pacific Lutheran University, an M. Div. from Trinity Theological Seminary, an M.A. in Counseling from Singapore Bible College, and a doctorate in counseling psychology (PsyD) at Northwest University. I am a Licensed Psychologist and a certified sex addiction therapist (CSAT). I am currently earning a Master of Science in Clinical Psychopharmacology at Idaho State University. After spending twenty-eight years in pastoral ministry, I formalized my counseling training and currently provide clinical psychological counseling for those suffering from emotional, relational, spiritual and psychological distress. I offer non-judgmental compassionate support, respect, and a safe place to talk about difficult private issues.

My Philosophy: I take an integrated approach to counseling, focusing on person centered therapy, psychodynamic therapy, and cognitive behavioral therapy. I also take the family systemic therapy approach in exploring how family systems and attachments influence the way in which we interact. I believe that each person brings with them to counseling the ability to determine much of what their own issues are, and I work in collaboration with the client to determine and achieve their own goals. My approach is positive, hopeful, warm, compassionate, non-judgmental, and respectful. Most importantly I will guard your information with strict confidentiality.

My Faith: I am a Christian and my worldview is deeply influenced by my faith. However, my faith is not explicitly introduced into the counseling process since we are meeting to talk about you, not me. I welcome clients from all faiths, those struggling with faith, and non-religious. I want those of the Christian faith to feel safe and confident in meeting with me, while at the same time assuring all clients that my faith will not be imposed upon them.

Confidentiality: The information obtained from you will remain confidential and will not be shared with anyone without your written permission, except under the following conditions: (1) perceived risks to commit serious harm to yourself or others; (2) information indicating the abuse of children or the elderly; (3) valuable information during a medical emergency; and (4) an order from the court to disclose information. As needed, I will be consulting with colleagues and supervisors as a means of providing the best professional service to you. Good therapeutic practice requires counselors to have regular supervision to monitor their practice. Your privacy is fully protected during any of these consultations. If you are coming with your family member or spouse, please note that individual sessions are confidential and separate from couple or family sessions.

Your Rights: You have the right to refuse any treatment.

Fees: *Sessions are 50-minutes long, and the fee is \$220 for an individual session and \$250 for a couples session. Group therapy is \$350/month. Payment is to be made at time of service in cash, check, or major credit card (3.1% fee). I do not accept insurance. Cancellations made less than 24-hours in advance incur a \$75 fee, and no-show without prior cancellation will be billed a full price.*

Full name of client

Signature of client

Date

Signature of Dr. Eric E. Dooley