



Noreen's Kitchen

Avocado Tuna Salad

Ingredients

2-5 ounce cans albacore tuna in water
1/2 ripe avocado, peeled
1/4 cup fat free, Greek yogurt
1/2 cup celery, diced
1/2 cup green onion, chopped
1/2 teaspoon seasoned salt

Step by Step Instructions

Drain and flake tuna in a bowl and set aside.

Mash avocado until smooth.

Add yogurt and blend well.

Add celery and green onion to the tuna and stir well to combine.

Add dressing to the tuna mixture and stir to incorporate. Adding more yogurt if you prefer a moister consistency.

Serve as desired.