



Media Release

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FOR IMMEDIATE RELEASE

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Behavioral Health Services Now Available at WHMS



Jackie Meyer, LIMHP

ATKINSON — West Holt Medical Services has added Behavioral Health to its full array of health care services. Jackie Meyer, a Licensed Independent Mental Health Practitioner is available on Tuesdays from 8:00 a.m. to 5:00 p.m. at West Holt Medical Clinic in Atkinson.

“Behavioral health and physical health can be inter-related. Providing behavioral health in a primary medical care setting can help reduce the stigma of visiting a counselor and lead to improved patient outcomes,” shared Jarrod Wiegman, Family & Internal Medicine Physician at West Holt Medical Clinic.

Patients experiencing anxiety, depression, difficulty sleeping, chronic pain, trauma or adverse childhood experiences are encouraged to make a behavioral health appointment.

A physician referral is not required. To schedule an appointment, call (402) 925-2631. For more information about the health care services provided at West Holt Medical Services visit www.westholtmed.org.

It is the mission of West Holt Medical Services to provide well-rounded family health care with respect and understanding for the physical and emotional needs of their North Central Nebraska Communities.

This institution is an equal opportunity provider and employer.