

Beginning Visions

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Dear Parents,

We finally made it! A whole new year, a whole new decade, and a whole new start to Beginning Visions! We are so excited for the new year; we can barely contain ourselves. As we learn from the last year, we are ready to make 2020 our best year yet!

Here are some of our favorite memories from the past month:



Surprise guest came to visit our kids before Christmas!



Upcoming Events & Birthdays:

January 6th

National Bean day!

January 14th

Dress up your pet day!

January 16th

3's and 4's Library Trip

January 21st

Martin Luther King Jr. day

January 23rd

Mrs. Starr's birthday!

Announcements

If you have not already gotten your January calendar, ask the front office for one.

Watch closely

Boost your child's concentration with this fast-paced game. Line up three colored plastic cups upside down and put a coin under one. Have them watch the cup with the coin as you quickly rearrange the cups for 10 seconds. Then, ask them to tap the cup the coin is under. Were they right? Switch roles and see if they can stump you!

Spy the Rhymes

Play this version of "I spy" and your youngster will practice hearing rhymes. You might say, "I spy something green that rhymes with beef" (lead) or "I spy something on the table that rhymes with boy" (toy). They could point to or bring you the correct item. Then, let them come up with "I Spy" rhymes for you.

Getting Enough Sleep

A good night's sleep prepares your youngster's body and brain for a new day. It may be tempting to let them stay up late or sleep in on weekends and during school breaks but try your best to keep consistent schedule. This will help them get the 10-13 hours of sleep they need each night.

Mr. Robbie's joke of the month

Why was 6 afraid of 9 on New Year's Eve?

Because 9,8,7,6...



After schooler's wreathes and trees!

Match Beginning Sounds

Gather pairs of small household objects with beginning sounds that match. Examples: ball and bowl, pencil and paper, fork and fan. Mix them all up – can they put each item with its partner? Now have them collect objects for you to pair up. Each time, they'll work on hearing beginning sounds in words.