# 5th ANNUAL POLAR BEAR DIP IN SUPPORT OF THE FORT QU'APPELLE FIRE DEPARTMENT

Saturday, March 2, 2019 at 2pm - Mission Lake

### Pledge instructions:

- All participants must raise a minimum of \$100 to jump.
- All participants must register by noon the day of the Dip. A registration booth will be set up at The Fort Qu'Appelle Firehall on Friday March 1st from 6pm to 9:30pm and on Saturday March 2nd from 9am to 12pm. Participants can also register prior to the Dip by calling 306-332-7042. All donations <u>must</u> be turned in upon registration.
- Pledge forms are available for pick-up at the Fort Qu'Appelle Town Office or on the Fort Qu'Appelle Fire Dept's webpage at www.fqfire.ca
- Challenge your friends, family, and community members to either agree to jump and raise \$100 OR donate \$20 in support of the Fire Department. FOR EXAMPLE, Susan decides she is going to jump this year and support the Fire Department. She will need to raise \$100 to jump. Susan then challenges her friend Joe to jump. Joe can either decide to take the plunge as well and begin to raise his own \$100 OR he can say, "Have you lost your marbles?" and donate \$20 to Susan.
- All dollars raised from the Polar Bear Dip will go directly to the Fort Qu'Appelle Fire Department.

Questions? Contact the Fort Qu'Appelle Fire Department at 306-332-7042 or at fqfire@sasktel.net.

Good luck and have fun! Fort Qw'Appelle Fire Department



# Polar Bear Dip Pledge Form



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Make cheques payable to: Fort Qu'Appelle Fire Department



## 5th ANNUAL POLAR BEAR DIP

## IN SUPPORT OF THE FORT QU'APPELLE FIRE DEPARTMENT Saturday, March 2, 2019 at 2pm – Mission Lake

\*\* All participants must complete the following waiver before they will be allowed to jump.

RELEASE OF LIABILITY, WAIVER OF CLAIMS, ASSUMPTION OF RISKS AND INDEMNITY: In consideration of the Fort Qu'Appelle Fire Department accepting this entry, I hereby acknowledge the inherent risk, hazards, and dangers involved in participating in the Polar Bear Dip, including loss of consciousness, hypothermia, heart attacks and other life threatening conditions due to large and sudden changes in environmental temperature. I hereby assume and accept any and all risk of my injury, paralysis or death and agree to abide by all Polar Bear Dip rules, regulations and guidelines. 1, on my own behalf and on behalf of my heirs, executors and administrators, hereby waive and release, indemnify and hold harmless the Fort Qu'Appelle Fire Department and Town of Fort Qu'Appelle and each of their selected officials, officers, employees, contractors, volunteers, servants, agents and representatives from and against any and all claims, actions, causes of action, liabilities, suits, expenses, breaches of statutory duty of care and negligence of any kind or nature, whether foreseen or unforeseen, arising directly or indirectly out of any damage, loss, injury, paralysis or death to me or my property arising out of my participation in the Polar Bear Dip.

Name of Participant:

Signature:

Signature.

Signature.
IF UNDER 18 YEARS OF AGE, PARENT OR GUARDIAN MUST SIGN THE FOLLOWING:
In consideration of the above minor being permitted to participate in the Polar Bear Dip I, the undersigned parent and/or guardian of the above minor, for himself/herself and on behalf of said minor, hereby join in the foregoing release, waiver, assumption of risks and indemnity, and hereby join in the foregoing release, waiver, assumption of risks and indemnity, and hereby agree to save and hold harmless and indemnify the Fort Qu'Appelle Fire Department and Town of Fort Qu'Appelle and each of their selected officials, officers, employees, contractors, volunteers, servants, agents and representatives from and against any and all claims, actions, causes of action, liabilities, suits, expenses, breaches of statutory duty of care and negligence of any kind or nature, whether foreseen or unforeseen, arising directly or indirectly out of any damage, loss, injury,
paralysis or death to me or my property arising out of my participation in the Polar Bear Dip.
Name of Parent or Guardian: