

BULLY PROOF YOUR CHILD **WITH BRAZILIAN JIU-JITSU**



- BRAZILIAN JIU-JITSU IS A PROVEN MARTIAL ART, COMBAT SPORT AND SELF DEFENSE SYSTEM THAT FOCUSES ON GRAPPLING & GROUND TECHNIQUES TO DEFEND AGAINST A BIGGER STRONGER ASSAILANT.

- BRAZILIAN JIU-JITSU WILL KEEP YOUR CHILD FIT AND ACTIVE WHILE TEACHING HIM/HER RESPECT FOR OTHERS AS WELL AS BUILDING SELF-CONFIDENCE TO HELP COMBAT BULLYING.

SPECIAL OFFER!

FIRST 2 CLASSES FREE!! **PLUS 50% OFF FIRST MONTH TUITION**

LET'S HELP COMBAT BULLYING! **AGES 8-13yrs JUNIOR JIU-JITSU CLASSES!**

WALK-INS ARE WELCOME!

WEDNESDAY — 5:00PM-6:00PM
SATURDAY — 11:00AM-12PM

CONTACT ERIC HARTWIG
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