

10 Intro to Strumming Patterns (in 4/4 time) Fretboard Toolbox



	D	U	D	U	D	U	D	U
Pattern #	1	&	2	&	3	&	4	&
1		&	1	&	1	&	1	&
2	.	&	•	&	•	&	1	1
3	1	&	1	&	1	1	1	1
4	1	&	1	1	1	1	1	1
5	1	1	1	1	1	1	1	1
6	1	1	1	1	1	1	1	&
7	1	1	1	1	1	&	1	&
8	1	1	1	&	1	&	1	&
9	1	1	1	&	1	&	1	1
10	1	1	1	&	1	1	1	1
'	= "[Down" strum	1					

Note that each pattern has only ONE difference from the previous pattern!

Rest when there are no arrows, but keep your hands moving down and up during rests!



10 Folk / Pop Strumming Patterns (in 4/4 time) Fretboard Toolbox



	D	U	D	U	D	U	D	U
Pattern #	1	&	2	&	3	&	4	&
1	↓	&	1	&	1	&	1	1
2		&	1	&	1	1	1	1
3	•	&	1	&	1	1	4	1
4	•	&	1	1	1	1	4	1
5		&	1	1	3	1	4	1
6 *		&	1	1	3	1	1	1
7		&	1	1	3	1	1	&
8		1	1	1	3	1	1	&
9		1	1	1	3	1	1	1
10	1	1	2	1	3	1	1	1
= "Down" strum 2, &, 3 = Rest during beats without arrows								

= "Down" strum

(But keep your hands moving down and up during rests!)

Note that each pattern has only ONE difference from the previous pattern!

* Pattern 6 is my "go to" strumming pattern!



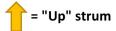
10 Country / Bluegrass Strumming Patterns (in 4/4 time) Fretboard Toolbox



	D	U	D	U	D	U	D	U
Pattern #	1	&	2	&	3	&	4	&
1	N	&	1	&	N	&	1	&
2	N	&	1	&	N	&	1	1
3	N	&	1	&	N	↑	1	1
4	N	&	1	1	N	Î	1	1
5	N	&	1	1	N	&	1	1
6	N	&	1	1	N	&	1	&
7	N	&	1	1	N	1	1	&
8	N	1	1	1	N	1	1	&
9	N	1	1	1	N	&	1	&
10	N	1	1	1	N	&	1	1



= Play a single "note" from the chord being played



2, &, 3... = Rest during beats without arrows
(But keep your hands moving down and up during rests!)

Note that each pattern has only ONE difference from the previous pattern!



10 Fingerpicking Patterns (in 4/4 time) Fretboard Toolbox



	D	U	D	U	D	U	D	U
Pattern #	1	&	2	&	3	&	4	&
1		&	T	&	T	&	T	&
2		&	Ţ	&	T	&	T	U
3	Ţ	&	P	&	T	&	T	U
4	Ţ	&	Ţ	&	T	U	T	U
5	Ţ	&	P	&	T	Ü	T	U
6	Ţ	&	Ţ	U	T	U	T	Ü
7	P	&	Ţ	U	T	Ü	T	U
8	Ţ	U	T	U	T	U	T	Ü
9	Ţ	Ü	Ţ	U	T	&	T	U
10	T	U	T	U	T	&	P	&

T = "Thumb" - Use your thumb in downward motion

= "Pinch" two strings simultaneously with your thumb and a finger

= "Up" - Use individual finger in upward motion

& = rest on these measures with "&"

Note that each pattern has only more or less ONE difference from the previous pattern!