

GYM SCHEDULE

FAR SIDE

MAY

Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
Open Gym 5:00am-9:00am	Open Gym 5:00am-9:15am	Open Gym 5:00am-9:00am	Open Gym 5:00am-9:15am	Open Gym 5:00am-9:00am	Open Gym 6:00am-9:00am
Silver Sneakers 9:00am-10:00am	Senior Fit 9:15am-10:00am	Silver Sneakers 9:00am-10:00am	Senior Fit 9:15am-10:00am	Silver Sneakers 9:00am-10:00am	Bitty Sports 9:00am-10:00am
Open Gym 10:00am-4:00pm	Open Gym 10:00am-4:00pm	Open Gym 10:00am-4:00pm	Open Gym 10:00am-4:00pm	Open Gym 10:00am-4:00pm	Youth Volleyball 10:30am-12:30pm
Live Y'ers 4:00pm-6:00pm	Live Y'ers 4:00pm-6:00pm	Live Y'ers 4:00pm-6:00pm	Live Y'ers 4:00pm-6:00pm	Live Y'ers 4:00pm-6:00pm	Open Gym 12:30pm-5:00pm
Open Gym 6:00pm-9:00pm	Adult Volleyball 6:00pm-9:00pm	Adult Volleyball 6:00pm-9:00pm	Adult Volleyball 6:00pm-9:00pm	Open Gym 6:00pm-9:00pm	



FOR YOUTH DEVELOPMENT®
FOR HEALTHY LIVING
FOR SOCIAL RESPONSIBILITY

GYM SCHEDULE

AGE REQUIREMENTS:

- Ages 10 and under
A parent or guardian, 18 years or older, must be present with children in the gym.
- Ages 11 and up may use the gym without parent present.

GYM SCHEDULE

NEAR SIDE

MAY

Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
Open Gym 5:00am-9:00pm	Open Gym 5:00am-9:00pm	Open Gym 5:00am-9:00pm	Open Gym 5:00am-9:00pm	Open Gym 5:00am-9:00pm	Open Gym 6:00am-5:00pm

- Schedule subject to change with little or no notice.

- For questions or concerns, please contact the Program Director.

