

*Community Resources
For Dekalb County
Smithville
Head Start Center
2024-2025*



To locate additional information on Community Resources access:

<https://empoweruppercumberland.org/discoverresources/> or
<https://ucassist.org/search/>

Developed and Distributed by L.B.J. & C. Head Start

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Adult Education:

Cumberland University

One Cumberland Square
Lebanon, TN. 37087
(615) 444-2562 & (800) 467-0562
*(Assists Adults to further their education
and they also sponsor job fairs)*

Adult Learning Center

286 E Main St
Algood, TN. 38506
(931) 528-8685
***They offer: ESOL, GED, Adult High
School, Basic Computer Training***
*(Assists Adults to further their
education)*

Genesis Career College

880-A East 10th Street
Cookeville, TN. 38501
(931) 526-8735
*(Assists Adults to further their
education)*

Middle Tennessee State University (MTSU)

1301 East Main Street
Murfreesboro, TN. 37132-0001
(615) 898-2300
*(Assists Adults to further their education
and they also sponsor job fairs)*

Nashville State Community College

1000 Neal Street
Cookeville, TN. 38501
(931) 526-2211 & (931) 520-0551
*(Assists Adults to further their education
and they also sponsor job fairs)*

Tennessee Technology Center

PO Box 8500 Lynchburg, TN 37352
McMinnville, TN. 37110
(931) 393-1500

*(Assists Adults to further their education
and job skills training)*

Tennessee Technological University

1 William Jones Dr. Cookeville,
Tennessee 38505
(800) 255-8881 or (931) 372-3888
*(Assists Adults to further their
education)*

Adult Job Training Services:

Skill Up Tennessee

Barb Siddiqui
Administrative Associate II
Family & Consumer Sciences
UT Extension, Knoxville, TN
865/200-4532 - Office
skillup.tennessee.edu

American Job Center

931-520-9502
Anthony.scionti@tn.gov

Genesis Career College

880-A East 10th Street
Cookeville, TN. 38501
(931) 526-8735
*(Assists Adults to further their
education)*

Fortis Institute

Highway 111
Cookeville, TN.
(931) 526-3660
*(Assists Adults to further their
education)*

Nashville State Community College

1000 Neal Street
Cookeville, TN. 38501
(931) 526-2211

(931) 520-0551
(Assists Adults to further their education and they also sponsor job fairs)

NHC Healthcare

825 Fisher Ave
Smithville, TN 37166
(615) 597-4284
(Offers training and employment as a Certified Nursing Tech (CNT))

Social Security Administration - SSI Program

900 Sparta St. McMinnville, TN 37110
Hotline: 877-616-2515
(Assists with Disability Services, Money/Employment Assistance. The SSA administer a program called SSI for persons with disabilities who are age 65 or older, a blind adult or child, or disabled adult or child - children under 18. If under 18, substantially reduced ability to function independently, appropriately and effectively in a manner expected of children of similar age due to a physical or mental impairment, which has lasted or is expected to last at least 12 months or end in death.)

SMX Staffing

726 S Congress Blvd
615-215-2941

Tennessee Department of Human Services - Dekalb County

Families First Program
715 Walker Dr Smithville, TN 37166
(615)-597-4725
(Assists with Children's Issues, Disability Services, Food, Health. Responsible for a variety of functions including, but not limited to administering the Families First and Food Stamp programs, processing TennCare applications, regulating

childcare centers, managing child support services and providing a wide-range of services to Tennesseans with disabilities)

Motlow Community College

225 Cadillac LN
McMinnville, TN. 37110
(931) 668-7010
(Assists Adults to further their education and job skills training)

Upper Cumberland Human Resource Agency - Dekalb County

726 S. Congress Blvd.
Smithville, TN 37166
615-597-4504
(Assists with Children's Issues, Clothing, Disability Services, Drug/Alcohol Abuse, Food, Health, Housing, Unruly and Delinquent Youth, Legal/Governmental Assistance, Mental Care and Counseling, Money/Employment Assistance, Transportation/Utilities, Youth Activities. Provides the following services: Homemaker Aide and Elderly Chore Services; LIHEAP; WAP; Emergency Assistance; Information and Referral Services; Child and Adult Care Food; Child Care Certificate; WIA; Youth; Dislocated Worker; Adult; Families First Employment; Title V Senior; 502E Senior; Drivers' Education; Community Intervention for Juvenile Offenders; Adult Community Corrections; DUI/LIOP; CHANCE for Girls; CHANCE for Boys; Lakeside Resort and Educational Complex; UCARTS; Van Pool; Job Access; Commodities; Van Buren County Head Start; Cumberland Mountain School.)

Vocational Rehabilitation (Also known as TRC)

1955 E 20th St Cookeville, TN. 38501
(931) 526-9783

(Provides assistance with re-education of disabled individuals and job skills training)

Vocational Training Center (Also known as TRC)

1605 Brown Ave.
Cookeville, TN. 38501
(931) 526-4721

(Provides assistance with vocational education, work adjustments and job placement for people with disabilities)

Resources for Bereavement:

Gentiva Hospice

Sponsored by: Lazarus House Hospice
West 5th and Willow
Cookeville, TN.
931-520-1705
931-528-5133

Heart of the Cumberland

P.O.Box 717
Cookeville, TN 38503
Phone: 931-525-2600
heartofthecumberland@gmail.com

Specifically for children and teens that are hurting because of losses suffered through death, divorce or family circumstances

John & Kay Quintero, Licensed Psychologists

Haven of Hope
612 S Congress Blvd
Smithville, TN 37166
(615) 597-8978

(They provide 20 hours per week of free mental health counseling in the areas of grief, child abuse, drug addictions, etc.)

Childcare:

**DEKALB WEST ELEMENTARY
EARLY CHILDHOOD (Pre-K)**

101 Bull Dog Lane
LIBERTY, TN 37095
(615) 536-5247 *(call for fees)*

KIDS Putnam

1130 Chocolate Dr
Cookeville, TN 38501
931-526-5437

RAINBOW PLAY SCHOOL

714 WALKER DRIVE
SMITHVILLE, TN 37166
(615) 597-8777 *(call for fees)*

SHIRLEY'S DAY CARE

1001 SOUTH MOUNTAIN ST.
SMITHVILLE, TN 37166
(615) 597-1435 *(call for fees)*

Smart Step

Contact local DHS office for childcare payment assistance.

**SMITHVILLE ELEMENTARY
SCHOOL (Pre-K)**

221 EAST BRYANT STREET
SMITHVILLE, TN 37166
(615) 597-2914

SMITHVILLE HEAD START

118 KIMBERLY LANE
SMITHVILLE, TN 37166
(615) 549-5595 *(Free Service)*

Resources to help in Child Abuse Situations:

Child Abuse Hotline

900 2nd Avenue North
Nashville, TN 37201
877-237-0004

(Hotline Only. Provides a 24-hour line to take reports of abuse and neglect from anyone who knows about a child abuse situation.)

Court Appointed Special Advocates for Children (CASA)

3300 Williams Enterprise Drive
Cookeville, TN. 38506
931-520-8733

(Assist with child placement for best possible outcome when child is taken from home due to abuse and/or neglect)

Dekalb County Sheriff's Department

100 Public Square
Smithville, TN 37166
(615) 597-4935

9-1-1 Emergencies
(Assist with emergency needs)

Department Of Children's Services

1300 Salem Road
Cookeville, TN 38506
(931) 646-3002
(Counties Include: Cannon, Clay, Cumberland, DeKalb, Fentress, Jackson, Macon, Overton, Pickett, Putnam, Smith, Van Buren, Warren, White)

District Attorney General

1519-East Spring Street
Cookeville, TN. 38501
(931) 528-5015
(Assist with child Abuse/domestic violence and other legal issues)

John & Kay Quintero, Licensed Psychologists Haven of Hope

612 S Congress Blvd
Smithville, TN 37166
(615) 597-8978
(They provide 20 hours per week of free mental health counseling in the areas of grief, child abuse, drug addictions, etc.)

LifeCare Family Services

665 S. Jefferson Ave
Cookeville, TN. 38501
(931) 528-0051
1-800- 881-0359

(615) 781-0688
(A faith-based community Non-profit mental health facility that offers community mental health and counseling services, including marriage & family therapy: child, youth and adult psychiatric care & nursing; Child & adolescent counseling: intensive and therapeutic case management: and family preservation.)

**Smithville City Police Department
104 E. Main St**

Smithville, TN 37166
(615) 597-8210
(Assist with emergency needs)

The Exchange Club/Stephens Center for the Prevention of Child Abuse

616-B North Church Street
Livingston, TN 38570
Contact: Carolyn Isbell, Executive Director
931-823-6432 & 800-635-5199
(Assist parents with building nurturing home-environments and prevent abuse/neglect through home-visitation programs, parenting classes, & community education programs)

Tennessee Commission on Children/Youth

Andrew Jackson Building, 9th Floor,
502 Deadrick St.
Nashville, TN 37243
615-741-2633

Dental Providers who take TennCare:

Cookeville Regional Dental Clinic

327 North Cedar Street
Cookeville, TN 38501
(931) 528-5105

Cumberland Pediatric Dentistry and Orthodontics

510 S. Jefferson Ave
Cookeville, TN 38501
931-845-1200
Cumberlandpediatricdentistry.com

Dr. Bewick

07 Short Mountain
McMinnville, TN.
931-473-2782

Dr. Barnes

407 Short Mountain
Smithville, TN. 37166
(615) 597-1110

Dr. Darryl Deason

801B West Main Street
Woodbury, TN.
(615) 563-2266

Zoo Crew

Dr. Charles Burdeshaw
107 Bonnahbrook Drive
Hermitage, TN 37076
1-800-373-3330

Dental Providers, who may not take TennCare, but offer services to low-income families:

Bread of Life Homeless Shelter and Clinic

281 4th Street
Crossville, TN 38555
931-707-0569
(Primary care medical clinic for uninsured no-income and low -income persons. Medication, clinic, dental services for extractions only. Long-term day shelter program for families, single men and women or single parents with children. Employment and emergency food assistance is available)

Cookeville Rescue Mission

1331 S Jefferson Ave
Cookeville, TN 38506
931-528-5819

Interfaith Dental Clinic

600 Hill Ave Suite 100
Nashville, TN
(615) 329-4790
(Based on Income/Proof of income required)

Matthew Walker Center

1305 14th Ave M.
Nashville, TN 37208
(615) 327-9400
(Based on Income/Proof of income required)

Interfaith Dental Clinic

210 Robert Rose Dr
Murfreesboro, TN 37129
615-225-4141

Resources for Persons with Disabilities:

Children's Special Services

254 Tiger Dr
Smithville, TN 37166
615-597-7590/597-7599
(Assists with the medical needs of children and young adults from birth to age 21. They offer assistance with medical bills, hearing aids, speech/language pathology for children under age 3, transportation, and TennCare appeals. Referrals are made through the local county Health Department. Eligibility is determined at time of referral and is based on income and access to other medical resources.)

Friends of T.I.P.S.

P.O. Box 5095
Tennessee Tech University
Cookeville, TN 38505
931-372-6247

(Assist with Children's Issues, Disability Services. This group serves the Upper Cumberland Region by providing educational, medical, social, respite, and/or support to families of special needs children from birth to 3 years of age. The service will coordinate with the family's schedule and individual needs to provide home-based services. A parent advisor will initially visit with the family to develop a goal-directed program. Monthly visits are then conducted to help the family meet those goals. These services will also coordinate with other local resources such as daycares, medical providers, etc. This program is limited to special needs/developmentally delayed children ages birth to 3 years, and their family members. Referrals must go through Philomena Palmer with the Tennessee Early Intervention Program at 931-372-3561.)

Independent Opportunities Inc. (I.O.I.)

25 West Broad Street
Suite # 8
Cookeville, TN. 38501
(931) 528-7701

(Non-profit organization providing high quality residential services to persons with developmental disabilities)

Pacesetters Inc.

2511 HWY 111 North
Algood, TN. 38506
(931) 537-9100

(Assist persons with disabilities and mental illness in various ways)

Tennessee Department of Human Services - Dekalb County

Families First Program
715 Walker Dr
Smithville, TN 37166
(615)-597-4725

(Assists with Children's Issues, Disability Services, Food, Health. Responsible for a variety of functions including, but not limited to administering the Families First and Food Stamp programs, processing TennCare applications, regulating childcare centers, managing child support services and providing a wide-range of services to Tennesseans with disabilities)

TN Early Intervention System (TEIS)

Education/training
(931) 528-1623

Assist children/families birth - 3 yrs)

Upper Cumberland Human Resource Agency - Dekalb County

726 S Congress Blvd Smithville, TN
37166
615-597-4504

(Assists with Children's Issues, Clothing, Disability Services, Drug/Alcohol Abuse, Food, Health, Housing, Unruly and Delinquent Youth, Legal/Governmental Assistance, Mental Care and Counseling, Money/Employment Assistance, Transportation/Utilities, Youth Activities. Provides the following services: Homemaker Aide and Elderly Chore Services; LIHEAP; WAP; Emergency Assistance; Information and Referral Services; Child and Adult Care Food; Child Care Certificate; WIA; Youth; Dislocated Worker; Adult; Families First Employment; Title V Senior; 502E Senior; Drivers' Education; Community Intervention for

Juvenile Offenders; Adult Community Corrections; DUI/LIOP; CHANCE for Girls)

Vocational Rehabilitation

1955 E 20th St Cookeville, TN. 38501
(931) 526-9783

(Provides assistance with re-education of disabled individuals and job skills training)

Vocational Training Center

1605 Brown Ave.
Cookeville, TN. 38501
(931) 526-4721

(Provides assistance with vocational education, work adjustments and job placement for people with disabilities)

Resources to help in Domestic Violence Situations:

Dekalb County Sheriff's Department

Smithville, TN 37166
(615) 597-4935

911 Emergencies
(Assist with emergency needs)

District Attorney General

1519-East Spring Street
Cookeville, TN 38501
(931) 528-5015

(Assist with child Abuse/domestic violence and other legal issues)

Genesis House

Street location is confidential
Cookeville, TN N/A
(931) 526-4730

Hotline: 800-707-5197

(This shelter offers a 24 hour crisis line (will accept collect calls), emergency shelter for women and children, legal advocacy, children's advocacy, case plans for employment and housing, supportive and transitional housing, and individual counseling for domestic

violence issues. They will also provide services in non-crisis situation as well. They offer support groups for victims of domestic violence and rape/sexual assault).

LifeCare Family Services

Cookeville, TN. 38501
(931) 528-0051
1-800- 881-0359
(615) 781-0688

(A faith-based community Non-profit mental health facility that offers community mental health and counseling services, including marriage & family therapy: child, youth and adult psychiatric care & nursing; Child & adolescent counseling: intensive and therapeutic case management: and family preservation.)

Smithville City Police Department

Smithville, TN 37166
(615) 597-8210

(Assist with emergency needs)

The Exchange Club/Stephens Center for the Prevention of Child Abuse

616-B North Church Street
Livingston, TN 38570

Contact: Carolyn Isbell, Executive Director

931-823-6432 & 800-635-5199

(Assist parents with building nurturing home-environments and prevent abuse/neglect through home-visitation programs, parenting classes, & community education programs)

Resources available to help fight the Alcohol and Drug Abuse (Including METH) Problems in your area:

All Local Churches in Area

**Bradford Health Center @ Cookeville
Regional Office**

1330 Neal Street, Suite D
Cookeville, TN 38501
931-528-6803
*(Treatment Facilities for Alcoholism and
drug addiction for adults & children)*

Dekalb County Sheriff's Department

Smithville, TN 37166
(615) 597-4935
911 Emergencies
(Assist with emergency needs)

Dekalb County Crime Stoppers

Smithville, TN 37166
(615) 597-4935/ 464-6046
(Assist with emergency needs)

**John & Kay Quintero, Licensed
Psychologists**

Haven of Hope
612 S Congress Blvd
Smithville, TN 37166
(615) 597-8978
*(They provide 20 hours per week of free
mental health counseling in the areas of
grief, child abuse, drug addictions, etc.)*

Adult & Teen Challenge

200 Freedom Ln Livingston, TN 38570
1-888-688-0470

Omni Community Health

Cookeville, TN. 38501
(931) 528-0051
1-800- 881-0359
(615) 781-0688
*(A faith-based community Non-profit
mental health facility that offers
community mental health and counseling
services, including marriage & family
therapy: child, youth and adult
psychiatric care & nursing; Child &*

*adolescent counseling: intensive and
therapeutic case management: and
family preservation.)*

Meth Hotline

Spring Street Cookeville, TN. 38501
(931) 525-6384 *(Call to report suspected
Meth activity)*

Meth Hotline/Statewide

1-877-866-6384 *(Call to report
suspected Meth activity)*

Plateau Mental Health Center

Substance Abuse Services
1200 South Willow Avenue
Cookeville TN 38502
Phone: (931) 432-4123
Hotline: (877) 567-6051 *(Assist persons
with disabilities/mental illness & Drug
abuse in various ways)*

Smithville City Police Department

104 E Main St. (City Hall)
Smithville, TN 37166
(615) 597-8210 *(Assist with emergency
needs)*

Thirteenth Judicial Task Force

Cookeville, TN. 38501
(931) 528-5400 *(Drug Task Force)*

TEMA

www.tn.gov/tema

**Upper Cumberland-Community
Services Agency**

417 East Broad Street
Suite A.200
Cookeville, TN 38501
(931) 520-0200
*(Assists with Children's Issues,
Drug/Alcohol Abuse, Unruly and
Delinquent Youth, Mental Care and
Counseling, Transportation/Utilities,
Youth Activities. Prevention case
management services to children at risk*

of being placed in state custody, home studies requested through the Court system and crisis intervention. Family Crisis Intervention for unruly youth, TennCare transportation, Family Services Counseling, AmeriCorps Tutoring and Mentoring, and Juvenile Mental Health and Drug Court Counseling are also available)

Upper Cumberland Human Resource Agency - Dekalb County

712 S Congress Blvd Smithville, TN 37166

615-597-4504

(Assists with Children's Issues, Clothing, Disability Services, Drug/Alcohol Abuse, Food, Health, Housing, Unruly and Delinquent Youth, Legal/Governmental Assistance, Mental Care and Counseling, Money/Employment Assistance, Transportation/Utilities, Youth Activities. Provides the following services: Homemaker Aide and Elderly Chore Services; LIHEAP; WAP; Emergency Assistance; Information and Referral Services; Child and Adult Care Food; Child Care Certificate; WIA; Youth; Dislocated Worker; Adult; Families First Employment; Title V Senior; 502E Senior; Drivers' Education; Community Intervention for Juvenile Offenders; Adult Community Corrections; DUI/LIOP; CHANCE for Girls; CHANCE for Boys; Lakeside Resort and Educational Complex; UCARTS; Van Pool; Job Access; Commodities; Van Buren County Head Start; Cumberland Mountain School.)

Assistance in the event of an Emergency Situation:

American Red Cross
Smithville, TN 37166

931-473-2595

(Assistance with clothing, food & shelter in the event of a disaster, such as house fires)

ST Thomas Dekalb Hospital

520 W Main St. Smithville, TN 37166

(615) 215-5000 *(Assist in emergency medical needs)*

Dekalb County Ambulance Department

248 Meadowbrook
Smithville, TN. 37166

(615) 597-6768

9-1-1 Emergencies *(Assist with emergency needs)*

Dekalb County Fire Department

782 King Ridge Rd
Dowelltown, TN. 37059

(615) 597-4141

9-1-1 Emergencies *(Assist with emergency needs)*

Dekalb County Rescue Squad

Fisher Ave.
Smithville, TN. 37166

9-1-1 Emergencies *(Assist with emergency needs)*

Poison Control/National

1-800-222-1222

Shriners of Tennessee

1354 Brick Church Pike
Nashville, TN. 37207

(615) 226-7676 *(Helping children with orthopedic and burn conditions at no cost to the families or outside agencies)*

Smithville City Fire Department

104 E. Main St.
Smithville, TN. 37166

(615) 597-4141

9-1-1 Emergencies *(Assist with emergency needs)*

Smithville City Police Department

104 E Main St.
Smithville, TN 37166
(615) 597-8210 (*Assist with emergency needs*)

Thirteenth Judicial Task Force
Cookeville, TN. 38501
(931) 528-5400
(*Drug Task Force*)

Assistance with Food/Clothing/Utilities Needs:

American Red Cross
Smithville, TN. 37166
931-473-2595 (*Assistance with clothing, food & shelter in the event of a disaster, such as house fires*)

Community Education Office for the Food Stamp Program
Legal Aid Society of Middle Tennessee and the Cumberlands
9 South Jefferson Avenue Cookeville, Tennessee 38501
Phone: 931.528.7436 Toll
Free: 800.262.6817 (*Provides Pre-screenings and information for the Food Stamp program. Serves all counties in the LBJ&C Head Start Service area.*)

Dry Creek Baptist Church
5521 Dry Creek Rd
Dowelltown, TN. 37059
(615) 536-5075 (*Assist with food/clothing needs*)

Keltonburg Church of Christ
5526 Keltonburg Rd
Smithville, TN 37166
(615) 597-1866 (*Assist with food/clothing needs*)

Smithville Church of Christ
520 Dry Creek Rd
Smithville, TN 37166
(615) 597-4159 (*Assist with food/clothing needs*)

Salvation Army
Cookeville, TN. 38501
(931) 520-1654 (*Assists with various needs*)

Tennessee Department of Human Services - Dekalb County
Families First Program
715 Walker Dr Smithville, TN 37166
(615)-597-4725
(*Assists with Children's Issues, Disability Services, Food, Health. Responsible for a variety of functions including, but not limited to administering the Families First and Food Stamp programs, processing TennCare applications, regulating childcare centers, managing child support services and providing a wide-range of services to Tennesseans with disabilities*)

Upper Cumberland Human Resource Agency - Dekalb County
726 S Congress Blvd Smithville, TN 37166
615-597-4504
(*Assists with Children's Issues, Clothing, Disability Services, Drug/Alcohol Abuse, Food, Health, Housing, Unruly and Delinquent Youth, Legal/Governmental Assistance, Mental Care and Counseling, Money/Employment Assistance, Transportation/Utilities, Youth Activities. Provides the following services: Homemaker Aide and Elderly Chore Services; LIHEAP; WAP; Emergency Assistance; Information and Referral Services; Child and Adult Care Food; Child Care Certificate; WIA; Youth; Dislocated Worker; Adult; Families First Employment; Title V Senior; 502E Senior; Drivers' Education; Community Intervention for Juvenile Offenders; Adult Community Corrections; DUI/LIOP; CHANCE for Girls; CHANCE for Boys*)

**Resources to assist with
Housing/Homeless Needs:**

**Bread of Life Homeless Shelter and
Clinic**

281 4th Street
Crossville, TN 38555
931-707-0569
*(Primary care medical clinic for
uninsured no-income and low -income
persons. Medication, clinic, dental
services for extractions only. Long-term
day shelter program for families, single
men and women or single parents with
children. Employment and emergency
food assistance is available)*

Bell Street Apartments

318 Bell St
Smithville, TN 37166
(615) 597-1276
(Low-income Housing)

Cookeville Rescue Mission

1331 S Jefferson Ave
Cookeville, TN 38506
931-528-5819

Evins Manor Apartments

848 Foster Rd
Smithville, TN 37166
(615) 597-5902
(Low-income Housing)

HART

Homeless Advocacy for Rural
Tennessee
Grant based program, which allocates
homeless assistance
P.O. Box 3311
Crossville, TN 38557
931-484-3207

Royal Oaks Apartments

670 Miller Ave

Smithville, TN 37166
(615) 597-6330
(Low-income Housing)

Smithville Housing Authority

415 S Jackson St
Smithville, TN 37166
(615) 597-4140
*(This program offers low-income or no-
income housing, is a waiting list for
eligible persons depending on the type of
housing being applied for.)*

Habitat for Humanity

PO Box 750
Smithville, TN
615-215-8181
*(Habitat builds and sells houses to
“partner families” at cost with no-
interest mortgages)*

**United States Department of
Agriculture**

Rural Development
390 South Lowe Avenue Suite K
Cookeville, TN 38501
(931) 528-6539
*(Provides affordable home loans. Assists
low-income homeowners finance needed
home repairs)*

**Upper Cumberland Human Resource
Agency - Dekalb County**

726 S Congress Blvd
Smithville, TN 37166
615-597-4504
*(Assists with Children's Issues,
Clothing, Disability Services,
Drug/Alcohol Abuse, Food, Health,
Housing, Unruly and Delinquent Youth,
Legal/Governmental Assistance, Mental
Care and Counseling,
Money/Employment Assistance,
Transportation/Utilities, Youth
Activities. Provides the following
services: Homemaker Aide and Elderly
Chore Services; LIHEAP; WAP;*

Emergency Assistance; Information and Referral Services; Child and Adult Care Food; Child Care Certificate; WIA; Youth; Dislocated Worker; Adult; Families First Employment; Title V Senior; 502E Senior; Drivers' Education; Community Intervention for Juvenile Offenders; Adult Community Corrections; DUI/LIOP; CHANCE for Girls; CHANCE for Boys)

Assistance with Insurance Needs:

Blue Cross Blue Shield
(865) 588-4612 Group Insurance
1-800-845-2738
(Affordable Insurance for Families & Individuals)

Tennessee Department of Human Services - Dekalb County
Families First Program
715 Walker Dr
Smithville, TN 37166
(615)-597-4725
(Assists with Children's Issues, Disability Services, Food, and Health. Responsible for a variety of functions including, but not limited to administering the Families First and Food Stamp programs, processing TennCare applications, regulating childcare centers, managing child support services and providing a wide-range of services to Tennesseans with disabilities)

Tennessee Justice Center
Nashville, TN
615-255-0331
Assists with strategies for obtaining TennCare and appeals process, etc.

Legal/Governmental Assistance:

Child Support Services of Tennessee - Cookeville

1525 East Spring Street
Suite G
Cookeville, TN 38506
931-528-8598
(Helps locate parents who are not paying child support. They will provide legal representation in child support hearings. They also provide paternity testing)

Smithville Housing Authority

415 Jackson St
Smithville, TN 37166
(615) 597-4140
(This program offers low-income or no-income housing, is a waiting list for eligible persons depending on the type of housing being applied for.)

Legal Aid Society of Middle Tennessee and the Cumberland

9 South Jefferson Avenue
Cookeville, Tennessee 38501
Phone: 931.528.7436
Toll Free: 800.262.6817
(Serves all counties in the LBJ&C Head Start Service area. Provides free legal assistance to low-income persons on such issues as TennCare, Medicare, Domestic Violence, Housing Problems, Special Education Issues, and Consumer Issues.)

Rape and Sexual Assault Response Center

1519 East Spring, Suite F
Cookeville, TN 38506
Hours of operation = 24 hrs/day, 7 days a week
Phone: = 931-526-5197
Hotline: 800-707-5197
Translation services offered: Yes
(Serves all eight counties in L.B.J. & C. Head Start Service area. Provides free legal & governmental assistance, Rape

and sexual assault forensic exams, legal advocacy, court advocacy, counseling (individual and support group). Also qualifies for all Genesis House service).

Upper Cumberland-Community Services Agency

580 S. Jefferson Ave. Suite B
Cookeville, TN 38501
(931) 528-1127

(Assists with Children's Issues, Drug/Alcohol Abuse, Unruly and Delinquent Youth, Mental Care and Counseling, Transportation/Utilities, Youth Activities. Prevention case management services to children at risk of being placed in state custody, home studies requested through the Court system and crisis intervention. Family Crisis Intervention for unruly youth, TennCare transportation, Family Services Counseling, AmeriCorps Tutoring and Mentoring, and Juvenile Mental Health and Drug Court Counseling are also available)

Upper Cumberland Human Resource Agency - Dekalb County

726 S. Congress Blvd.
Smithville, TN 37166
615-597-4504

(Assists with Children's Issues, Clothing, Disability Services, Drug/Alcohol Abuse, Food, Health, Housing, Unruly and Delinquent Youth, Legal/Governmental Assistance, Mental Care and Counseling, Money/Employment Assistance, Transportation/Utilities, Youth Activities. Provides the following services: Homemaker Aide and Elderly Chore Services; LIHEAP; WAP; Emergency Assistance; Information and Referral Services; Child and Adult Care Food; Child Care Certificate; WIA; Youth; Dislocated Worker; Adult;

Families First Employment; Title V Senior; 502E Senior; Drivers' Education; Community Intervention for Juvenile Offenders; Adult Community Corrections; DUI/LIOP; CHANCE for Girls; CHANCE for Boys; Lakeside Resort and Educational Complex; UCARTS; Van Pool; Job Access; Commodities; Van Buren County Head Start; Cumberland Mountain School.)

Resources to Strengthen Marriages:

Assessment/Counseling/training Services (ACTS)

Cookeville, TN. 38501
(931) 528-9399

(Provide Assistance with Marriage & Mental Health Counseling)

First Baptist Church

101 W Church St
Smithville, TN 37166
(615) 597-4275

(Upon request and by appt)

LifeCare Family Services

Cookeville, TN. 38501
(931) 528-0051
1-800- 881-0359
(615) 781-0688

(A faith-based community Non-profit mental health facility that offers community mental health and counseling services, including marriage & family therapy: child, youth and adult psychiatric care & nursing; Child & adolescent counseling: intensive and therapeutic case management: and family preservation.)

Upper Cumberland Development District

1104 England Dr.
Cookeville, TN 38501

(931) 432-4111
(Provide assistance with Disability Services, Housing, Legal/Governmental Assistance, Money/Employment Assistance, Parenting and Marriage Issues, Transportation/Utilities)

Pre- Marriage Counselors:

Assessment/Counseling/training Services (ACTS)
Cookeville, TN. 38501
(931) 528-9399
(Provide Assistance with Marriage & Mental Health Counseling)

First Baptist Church
101 W Church St
Smithville, TN 37166
(615) 597-4275
Contact: Donald Davidson
(Upon request and by appt)

Medical Providers who take TennCare:

ST Thomas Dekalb Hospital
520 W Main St
Smithville, TN 37166
(615) 215-5000
(Assist in emergency medical needs)

Children's Special Services
Cookeville Regional Health Office
200 W. 10th Street
Cookeville, TN 38501
931-528-7531
(Assists with the medical needs of children and young adults from birth to age 21. They offer assistance with medical bills, hearing aids, speech/language pathology for children under age 3, transportation, and TennCare appeals. Referrals are made through the local county Health Department. Eligibility is determined at

time of referral and is based on income and access to other medical resources.)

Cookeville Pediatrics Associates
345 West Broad Street
Cookeville, TN. 38501
(931) 528-1485
(Takes TennCare)

Cookeville Regional Medical Center
142 West 5th Street
Cookeville, TN. 38501
(931) 528-2541
(Takes TennCare)

Dekalb County Health Department
254 Tiger Dr
Smithville, TN. 37166
(615) 597-7590/ 597-7599

Dr. Thorton Bryan
302 North Congress Blvd
Smithville, TN. 37166
(615) 597-4395
(Takes TennCare)

Dr. Cooper
302 North Congress Blvd
Smithville, TN. 37166
(615) 597-4395*(Takes TennCare)*

Dr. David Foutch/Eye Doctor
517 West Broad Street
Smithville, TN. 37166
(615) 597-2255

Dr. Doug Hooper
Family Medical Center
Smithville, TN. 37166
(615) 597-4395
(Takes TennCare)

Dr. Starla Meigs
107 North Congress Blvd
Smithville, TN. 37166
(615) 597-4218

(Takes TennCare)

Dr. Jack & Kevin Rhody
302 North Congress Blvd
Smithville, TN. 37166
(615) 597-4395
(Takes TennCare)

Dr. William Sherwood
302 North Congress Blvd
Smithville, TN. 37166
(615) 597-4395
(Takes TennCare)

Dr. David Snodgrass
4761 Andrew Jackson Parkway
Hermitage, TN. 37076
(615) 885-3525
(Takes TennCare)

Dekalb Medical Center
518 West Main Street
Smithville, TN. 37166
(615) 597-4005
(Takes TennCare)

Family Medical Center
302 N Congress Blvd.
Smithville, TN. 37166
(615) 597-4395
(Takes TennCare)

Kids Kare
Dr. Climico
758 South Willow Ave.
Cookeville, TN. 38501
(931) 526-6173
(Takes TennCare)

Tennessee Pediatrics
435 North Cedar Street
Cookeville, TN. 38501
(931) 526-6100
(Takes TennCare)

Medical Providers, who may not take TennCare, but offer services to low-income families:

Dekalb Community Hospital
520 W. Main St
Smithville, TN 37166
(615) 215-5000
(Assist in emergency medical needs)

Bread of Life Homeless Shelter and Clinic
281 4th Street
Crossville, TN 38555
931-707-0569
(Primary care medical clinic for uninsured no-income and low-income persons. Medication, clinic, dental services for extractions only. Long-term day shelter program for families, single men and women or single parents with children. Employment and emergency food assistance is available)

Children's Special Services
Cookeville Regional Health Office
200 W. 10th Street
Cookeville, TN 38501
931-528-7531
(Assists with the medical needs of children and young adults from birth to age 21. They offer assistance with medical bills, hearing aids, speech/language pathology for children under age 3, transportation, and TennCare appeals. Referrals are made through the local county Health Department. Eligibility is determined at time of referral and is based on income and access to other medical resources.)

Cookeville Regional Medical Center
142 West 5th Street
Cookeville, TN. 38501
(931) 528-2541
(Takes TennCare)

Dekalb County Health Department
254 Tiger Dr
Smithville, TN. 37166
(615) 597-7590/ 615-597-7599

Warrior Counseling, PLLC
Natalie Whorton
705 Howell St
Sparta, TN 38583
931-510-8365

Mental Health Providers who take TennCare:

Cumberland Plateau Recovery
550 North Church Street
Livingston, TN. 38570
(931) 403-3577
(931) 265-5382 (*Assists those recovering from substance abuse with counseling and support services*)

Dale Hollow Mental Health Center
501 Spruce Street
Livingston, TN. 38570
(931) 823-5678 (*Assist with family or individual counseling for drugs/alcohol/etc.*)

Personal Growth and Learning Center
509 North Cedar Avenue
Cookeville, TN 38501
931-520-8435
(*Provides out-patient psychiatric and psychotherapy services (individual - adult and child, family, couples, groups) with specialties in trauma and abuse recovery, eating disorders, child/play therapy, EMDR, employee assistance programs, expert witness, and other generalized mental health services*)

Plateau Mental Health Center
Substance Abuse Services
1200 South Willow Avenue

Cookeville TN 38502
Phone: (931) 432-4123
Hotline: (877) 567-6051 (*Assist persons with disabilities and mental illness in various ways*)

Rape and Sexual Assault Response Center
1519 East Spring, Suite F
Cookeville, TN 38506
Hours of operation = 24 hrs/day, 7 days a week
Phone: = 931-526-5197
Hotline: 800-707-5197
(*Serves all eight counties in L.B.J. & C. Head Start Service area. Provides free legal & governmental assistance, Rape and sexual assault forensic exams, legal advocacy, court advocacy, counseling (individual and support group). Also qualifies for all Genesis House service.*)

Volunteer Behavioral Health Care System - Plateau Mental Health Center
1200 South Willow
PO Box 3165
Cookeville, TN 38502
931-432-4123 **Hotline:** 1-800-281-4943
(*Volunteer Behavioral Health Care provide a broad array of services and treatment strategies which include: psychiatric evaluations; individual, family, and group counseling; psychological assessments; chemotherapy; case management; residential facilities; crisis response; rehabilitative and supportive services – thus providing opportunity for people to help themselves*)

Mental Health Providers, who may not take TennCare, but offer services to low-income families:

Assessment/Counseling/training Services (ACTS)

Cookeville, TN. 38501
(931) 528-9399 (*Provide Assistance with Marriage & Mental Health Counseling*)

Omni Community Health

Cookeville, TN. 38501
(931) 528-0051
1-800- 881-0359
(615) 781-0688
(*A faith-based community Non-profit mental health facility that offers community mental health and counseling services, including marriage & family therapy: child, youth and adult psychiatric care & nursing; **Child & adolescent counseling**: intensive and therapeutic case management: and family preservation.*)

Plateau Mental Health

1200 S. Willow Ave.
Cookeville, TN. 38501
(931) 432-4357 **24-hour hotline** (*Assist persons with disabilities and mental illness in various ways*)

Pacesetters Inc.

2511 HWY 111 North
Algood, TN. 38506
(931) 537-9100 (*Assist persons with disabilities and mental illness in various ways*)

John & Kay Quintero, Licensed Psychologists

Haven of Hope
Smithville, TN 37166
(615) 597-8978 (*They provide 20 hours per week of free mental health counseling in the areas of grief, child abuse, drug addictions, etc.*)

Upper Cumberland-Community Services Agency

580 S. Jefferson Ave. Suite B
Cookeville, TN 38501
(931) 520-0200
(*Assists with Children's Issues, Drug/Alcohol Abuse, Unruly and Delinquent Youth, Mental Care and Counseling, Transportation/Utilities, Youth Activities. Prevention case management services. Family Crisis Intervention for unruly youth, TennCare transportation, Family Services Counseling, AmeriCorps Tutoring and Mentoring, and Juvenile Mental Health and Drug Court Counseling are also available*)

Upper Cumberland Human Resource Agency - Dekalb County

726 S. Congress Blvd.
Smithville, TN 37166
615-597-4504
(*Assists with Children's Issues, Clothing, Disability Services, Drug/Alcohol Abuse, Food, Health, Housing, Unruly and Delinquent Youth, Legal/Governmental Assistance, Mental Care and Counseling, Money/Employment Assistance, Transportation/Utilities, Youth Activities. Provides the following services: Homemaker Aide and Elderly Chore Services; LIHEAP; WAP; Emergency Assistance; Information and Referral Services; Child and Adult Care Food; Child Care Certificate; WIA; Youth; Dislocated Worker; Adult; Families First Employment; Title V Senior; 502E Senior; Drivers' Education; Community Intervention for Juvenile Offenders; Adult Community Corrections; DUI/LIOP; CHANCE for Girls; CHANCE for Boys; Lakeside Resort and Educational Complex;*)

UCARTS; Van Pool; Job Access;
Commodities; Van Buren County Head
Start; Cumberland Mountain School.)

Quit Tobacco Resources

Tennessee Tobacco Quitline
1-800-784-8669

**Cumberland County Health
Department**
Smoking Cessation
Ruth Lucas
1503 South Main St
Crossville, TN
931-484-6196

Highlands Medical Center
Quit 4 Life Smoking Cessation
931-738-9211

**Tennessee Department of Health,
WIC Program**
S.M.A.R.T. – Smart Mothers are
Resisting Tobacco
1-800-342-5942

Nicotine Anonymous
800-642-0666

American Lung Association
800-586-4872
Freedom From Smoking
info@lung.org

**American Lung Association of
Tennessee**
212 S. Peters Rd Suite 106
Knoxville, TN 37923
865-691-7228
www.lung.org

Former Smokers
The No Smoke Café
<http://clever.net/chrisco/nosmoke/stop.html>

Resources to assist persons raising children possibly other than their own:

**Agricultural Extension Service -
DeKalb County**

712 S Congress Blvd
Smithville, TN 37166
615-597-4945

The Agricultural Extension Service of Putnam County offers information on basic food preparation, storage, safety and/or preservation. The service also offers family life skills information and referrals related to parenting, communication, discipline, economics, and nutrition. Information relating to health issues such as exercise, health risks, stress, personal grooming, eating disorders, etc. is also available.

Department Of Children's Services

1300 Salem Road
Cookeville, TN 38506
(931) 646-3002

(Counties Include: Cannon, Clay, Cumberland, DeKalb, Fentress, Jackson, Macon, Overton, Pickett, Putnam, Smith, Van Buren, Warren, White)

Relatives as Caregivers

1225 South Willow Ave.
Cookeville, TN. 38501
(931) 432-4111

(Assists in various ways, such as support groups, etc.)

**The Exchange Club/Stephens Center
for the Prevention of Child Abuse**

Livingston, TN 38570
Contact: Carolyn Isbell, Executive
Director

931-823-6432 & 800-635-5199

(Assist parents with building nurturing home-environments and prevent

abuse/neglect through home-visitation programs, parenting classes, & community education programs)

Upper Cumberland-Community Services Agency

417 East Broad Street Suite A.200
Cookeville, TN 38501
(931) 520-0200
(Assists with Children's Issues, Drug/Alcohol Abuse, Unruly and Delinquent Youth, Mental Care and Counseling, Transportation/Utilities, Youth Activities. Prevention case management services to children at risk of being placed in state custody, home studies requested through the Court system and crisis intervention. Family Crisis Intervention for unruly youth, TennCare transportation, Family Services Counseling, AmeriCorps Tutoring and Mentoring, and Juvenile Mental Health and Drug Court Counseling are also available)

Upper Cumberland Human Resource Agency - Dekalb County

Smithville, TN 37166
615-597-4504
Food, Health, Housing, Unruly and Delinquent Youth, Legal/Governmental Assistance, Mental Care and Counseling, Money/Employment Assistance, Transportation/Utilities, Youth Activities. Provides the following services: Homemaker Aide and Elderly Chore Services; LIHEAP; WAP; Emergency Assistance; Information and Referral Services; Child and Adult Care Food; Child Care Certificate; WIA; Youth; Dislocated Worker; Adult; Families First Employment; Title V Senior; 502E Senior; Drivers' Education; Community Intervention for Juvenile Offenders; Adult Community Corrections; DUI/LIOP; CHANCE for

Girls; Lakeside Resort and Educational Complex; UCARTS; Van Pool; Job Access; Commodities; Van Buren County Head Start.)

Youth Villages

448 Neal Street
Cookeville, TN. 38501
(931) 525-6900
(Assists Foster Parents in the Upper Cumberland)

Resources to assist with Transportation Needs:

Upper Cumberland-Community Services Agency

417 East Broad Street
Suite A.200
Cookeville, TN 38501
(931) 520-0200
(Assists with Children's Issues, Drug/Alcohol Abuse, Unruly and Delinquent Youth, Mental Care and Counseling, Transportation/Utilities, Youth Activities. Prevention case management services to children at risk of being placed in state custody, home studies requested through the Court system and crisis intervention. Family Crisis Intervention for unruly youth, TennCare transportation, Family Services Counseling, AmeriCorps Tutoring and Mentoring, and Juvenile Mental Health and Drug Court Counseling are also available)

Upper Cumberland Human Resource Agency - Dekalb County

627 S. congress Blvd.
Smithville, TN 37166
615-597-4504
(Assists with Children's Issues, Clothing, Disability Services, Drug/Alcohol Abuse, Food, Health, Housing, Unruly and Delinquent Youth,

Legal/Governmental Assistance, Mental Care and Counseling, Money/Employment Assistance, Transportation/Utilities, Youth Activities. Provides the following services: Homemaker Aide and Elderly Chore Services; LIHEAP; WAP; Emergency Assistance; Information and Referral Services; Child and Adult Care Food; Child Care Certificate; WIA; Youth; Dislocated Worker; Adult; Families First Employment; Title V Senior; 502E Senior; Drivers' Education; Community Intervention for Juvenile Offenders; Adult Community Corrections; DUI/LIOP; CHANCE for Girls; CHANCE for Boys; Lakeside Resort and Educational Complex; UCARTS; Van Pool; Job Access; Commodities; Van Buren County Head Start; Cumberland Mountain School.)

Upper Cumberland Development District

1104 England Dr.
Cookeville, TN 38501
(931) 432-4111
(Provide assistance with Disability Services, Housing, Legal/Governmental Assistance, Money/Employment Assistance, Parenting and Marriage Issues, Transportation/Utilities)

Promoting Youth Involvement:

Boy Scouts of America

Middle TN
(615) 383-9724
(Provides opportunities for boys and young men to get involved with community activities)

Girl Scouts of America

Smithville, TN 37166
1-800-395-5318

(Provides opportunities for girls and young women to get involved with community activities)

Justin Potter Library

101 S 1st St
Smithville, TN. 37166
(615) 597-4359
(Assists with library cards, tax forms, research and Internet access)

Upper Cumberland-Community Services Agency

417 East Broad Street
Suite A.200
Cookeville, TN 38501
(931) 520-0200

Upper Cumberland Human Resource Agency - Dekalb County

Smithville, TN 37166
615-597-4504

WCTE American Graduate & Ready To Learn

IWray@wcte.org
CPutnam@wcte.org
931-528-2222

Language Assistance
(All Counties)

Brent Simpson

931-212-8097

County Health Depts - Primary Health Care Services

County operated outpatient health care facilities that provide a broad range of diagnostic and treatment services including primary adult and pediatric care, prenatal care, dental care and specialty medicine as well as laboratory and radiological services and allied support services like nutrition and health education. Some public clinics may also

offer public health services such as immunizations and communicable disease screening and treatment. Services are available on an ability-to-pay basis and target low-income and indigent residents of the community. (Spanish Language Services)

grief and loss, job and life transitions, parenting, and conflict resolution/communication training. (Spanish Language Services)

**Department of Human Services,
Counties**

A state government agency that provides the following financial assistance and health insurance programs to those who qualify: Families First - temporary cash assistance program; Food Stamp Program/Electronic Benefit Transfer (EBT) - nutritional assistance program, EBT Helpline (1-888-997-9444); Medicaid/TennCare - processes applications for health insurance coverage; Child Care Resource & Referral; & Adult Protective Services - investigates reports of abuse, neglect, or financial exploitation of adults (1-888-277-8366). Interpreter Services available upon request

Hispanic Family Resource Center

(615) 227-7500
(800) 280-8682

Hispanic Association

732 Lafayette Rd Red Boiling Spgs, TN
37150
(615) 699-6279

Omni Community Health

665 South Jefferson Avenue
Cookeville, TN 38501
(931) 528-0051

Provides a variety of counseling services such as academic and behavioral school issues, juvenile delinquency, marriage and family, separation and divorce, depression, alcohol and drug dependency & twelve step recovery,