



1ST PORT NELSON CAMPING EQUIPMENT SCOUTS & VENTURERS WINTER GEAR LIST

Please ensure you have your uniform (*including necker*) for **every** camp.

BEING PREPARED for the weather will mean that everyone can enjoy the outdoors, be comfortable and safe.

CLOTHING:

- Full Uniform
- Winter Jacket (water proof, raincoat and warm fleece if the winter jacket is not water proof)
- Winter Pants/Rain Proof pants
- 2 pair of pants (*ideally* no jeans as cotton gets wet and stays cold!)
- Wool or fleece Socks **only** (1 pair for sleeping in, 2 pairs per day, *no cotton socks please*)
- 2 long sleeve shirts
- 3 pair of underwear
- 2 T-shirts/Undershirts
- 2 pair Long underwear (Tops & bottoms, polypro or polyester is best)
- Long underwear or fleece (Tops & bottoms that can be worn under clothing or as PJ's) As the nights get cooler it makes sense to sleep in extra clothes as you'll need the extra warmth.
- Wool Sweater/Fleece Jacket
- 2 Toques & Scarf (must cover ears, one should be worn at night to keep warm)
- Mittens and gloves (one pair will certainly get wet & you will need a spare)
- Good water proof boots (preferably Sorel style boots with an extra pair of inserts (look for label that says at least 50% wool; the best are 75% wool/ 25% polypropylene). Be sure they have been water proofed before going to camp!

*It is **extremely** important that you layer clothes in the cooler weather. When you feel a chill you can then add layers, change into dry socks etc. to stay warm.... **It is far easier to stay warm than get warm after going cold!***

EQUIPMENT:

- Backpack for everything to be carried in
- Sleeping bag (rated for cold temperatures) or two sleeping bags inserted inside each other, or a blanket (wool or fleece) - *We have one extra sleeping bag if you require one*
- Scout Blanket (Wool or fleece for keeping warm)
- Camp chair
- Insulated sleeping pad (Therma-rest or blue foam pad *air mattresses* are too cold for this weather)
- Flashlight (with extra batteries)
- Chapstick, sunscreen, sun glasses – *it gets very sunny in the winter with sun reflecting off the snow*
- Toothbrush, toothpaste & toiletries
- Mess Kit: knife, fork, spoon, plate, bowl, mug & a sturdy refillable water bottle
- Soap (for washing hands & dishes, biodegradable camp soap comes in small bottles & is excellent for doing both)
- Camp knife, whistle, matches and personal first aid kit

SPECIAL:

- Any medication should be given to the Camp Chief to ensure that it is available for any medical emergencies. Please include a set of instructions as to how to administer the medication in case of an emergency
- Snacks: The Scouts plan a full menu in advance for food/snacks and will have plenty to eat without needing anything from home
- Please note that it is a *wise idea* to pack your clothes and sleeping bag wrapped in plastic garbage bags if the weather is to be wet (or if there is snow on the ground).
- Please label all articles with your name

PLEASE NOTE:

- *The group has equipment that any Scouts/Venturers can borrow if they are short at all. Please contact your group Scouter if you are in need of anything*
- Remember to read your Field Book for Canadian Scouting page 149- 155. Wear loose fitting clothing in layers so that you can adjust your level of warmth to temperature and activity. Use this list as a guide to help you pack.

FINALLY: *Please check the weekend weather when packing for the trip to be sure you have everything that you need!*