



Roll It Pure with the “Eye-Dropper”

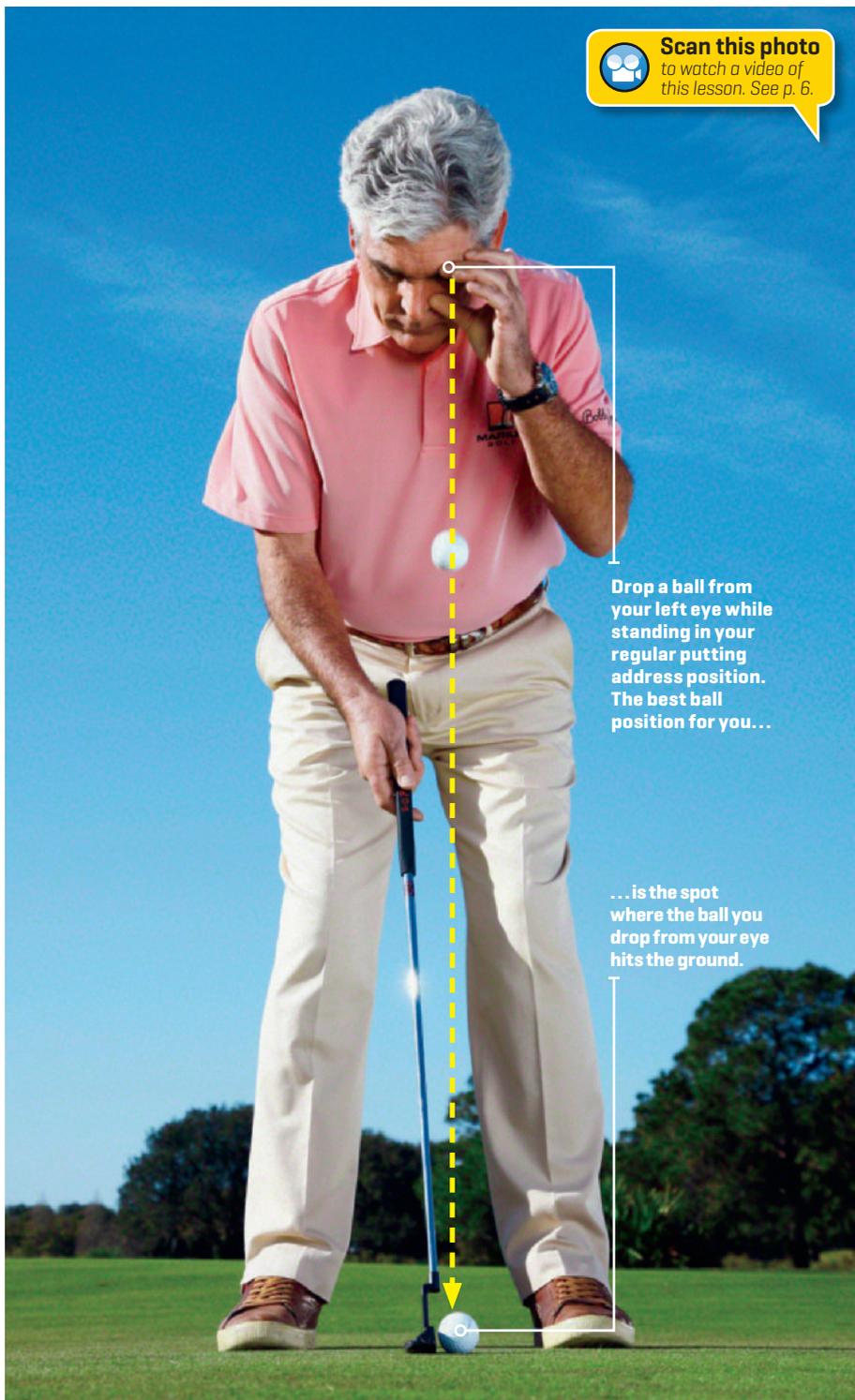
My easy drill reveals where to play the ball in your stance for perfect strikes

How many times have you made what felt like a perfect putting stroke, only to watch the ball leap off line within the first few feet? It happens a lot with weekend players, usually because they forget about ball position. Unless you play the ball in the perfect spot in your stance, you won't catch it pure, and it'll start on the wrong line.

GET THE DROP ON BALL POSITION

Ideally, you want to strike the ball immediately after the putterhead reaches the low point in your swing arc. [Yep, your stroke traces an up-and-down arc, just like your full swing does.] I've studied more than 65,000 putting strokes, and the low point always seems to occur right under the golfer's nose, regardless of technique. So if you position the ball just forward of this spot, you're guaranteed to make contact with an appropriately ascending hit. My recommendation: Play the ball under your left eye.

TRY THIS: Take your regular putting posture and bring a ball up to your left eye with your left hand, then let the ball drop to the ground. Where it hits is where you should play the ball in your stance. Note the location of this spot and set up for an actual putt. Drop another ball from your left eye to make sure you got it right. If your setup and ball position are correct, the ball you drop from your left eye will hit the other one on the ground.



Scan this photo
to watch a video of
this lesson. See p. 6.

Drop a ball from your left eye while standing in your regular putting address position. The best ball position for you...

... is the spot where the ball you drop from your eye hits the ground.

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