

G.O. GymStars
Championships
March 9-10, 2024

Saturday, March 9th, 2024

**Session 1:
Gold**

7:45 am **Doors Open**
8:00 am **Stretch**
8:15 am **Warm Up**

**Session 2:
Silver, level 3,
Diamond, level 7,8**
(Gym of ohio, oqi, chalk box)

12:00 pm **Stretch**
12:15 pm **Warm Up**

**Session 3:
Silver**
*(Tqs, westside, world elite,
United)*

4:00 pm **stretch**
4:15 pm **warm-up**

Sunday, March 10th, 2024

**Session 4:
Bronze, Level 2**
*(Gym of Ohio, Crossroads, chalk box
tqs, oqi)*

7:45 am **Doors Open**
8:00 am **Stretch**
8:15 am **Warm Up**

**Session 5:
Bronze, all Platinums**
(Westside, world elite, United)

12:00 pm **Stretch**
12:15 pm **Warm Up**

General Admission: \$8
Students/Seniors: \$7
Programs \$1

Concession Upstairs- NO outside food or drink permitted
Parking all around building, Awards following each session