

Chinese Parents Association-Children With Disabilities Inc

澳洲弱能兒童協康會



CPA NewsLetter 協康會 會訊

FEBRUARY 2013 Issue

二零一三年二月版

CPA 網址: www.chineseparents.org.au

Special Issue:

Brainstorming Before Disability Service Reform

**CPA: Winner of the Volunteer Team of Year 2012,
Mid-West Region, NSW**

**Community Participation Jan-April 2013:
National Anthem on Australian Day
Chinese New Year Parade, City of Sydney
Chinese New Year Lunch Celebration
Chinese Cultural Day
Art Exhibition at TAFE Ultimore & Hurstville**



2013



癸巳蛇年2013
HAPPY NEW YEAR

**CPA Website: www.chineseparents.org.au
Email Address: admin@chineseparents.org.au**



CPA NewsLetter Jan 2013 Issue
協康會 會訊 二零壹三年一月 號

**Chinese Parents Association -
Children With Disabilities Inc**

澳洲弱能兒童協康會

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Article Contribution

歡迎來稿

CPA NewsLetter is our quarterly publication. We share community news with our members and other community organisations. We welcome your contributions of articles.

歡迎會員朋友來稿, 在「會訊」發表, 使能與其他會員朋友分享, 響應本會的「互助友愛」的宗旨。

President's Message

Miranda Vuong

I am honoured and humbled to serve as your new board president for 2013. I will appreciate any comments, suggestions, and constructive criticisms as I attempt to learn the ropes of this challenging position. As we begin the New Year, Vincent Yu re-joins CPA as a member of committee, welcome back Vincent! We look forward to incorporating your enthusiasm and new ideas to make a successful 2013 CPA year. I am very fortunate to have the knowledge base of Elly Li, Sylvia Tinyow, Elena Lau, Ping Mu who are the former CPA presidents, and Maria Lee, the treasurer to help me along. Elena Lau and Winda Mok bring additional creativity and insight.

We feel a special responsibility to care for our members. Families with disabled child / children have to cope with extra burdens. CPA's mission is to provide a range of services and support to them, especially families with Chinese background. The main goal of our educational programs is to further develop the independence of disabled children.

I continue to support our regular Saturday programs which begin from early morning and end in the late afternoon at the Belmore Centre for both junior and youth group. Community outing activities enhance independence and socialisation and provide participants with a wide variety of experiences, within the wider community.

I am very excited to start my journey with the CPA organization. I've long been associated with CPA and have had a great time in the past. I'm looking forward to a brilliant future with wonderful programming and social events in the coming year.

There is much more to the story of the CPA, we invite you to keep tracking our newsletter which publish every quarter.

My warmest welcome to our new year together. Happy New Year and best wishes for a successful year 2013!



會長通訊

王周潤梅



本人很榮幸能當選為協康會 2013 年會長一職，我將盡己所能並樂於接受各方的意見及指導。歡迎 Vincent Yu 重返管理委員會，亦高興獲得歷屆的會長 Elly Li, Sylvia Tinyow, Elena Lau & Ping Mu 和財政 Maria Lee 及義工 Winda Mok 的幫助。我們期待 2013 年將會是成功的一年。

協康會的使命是為弱能人士提供一系列的服務和支援。我們主要的目的是幫助孩子發展獨立生活的自理能力。

我們的週末活動包括上午及下午兩個時段，下午的活動是在 Belmore Centre 舉行。

我們亦有舉辦各類社區活動，以鼓勵會員多參與活動，融入社區及促進社會和諧。

過去數年我一直積極參與協康會的工作及活動，我期盼來年將有更精彩的節目及社區活動。

有關協康會的活動詳情，請留意本會季刊。

在此謹祝大家新年快樂及一同邁向豐盛的 2013 年！



澳洲弱能兒童協康會的電郵地址更改如下

Change of Email Address

Please note that the email address of the Chinese Parents Association-Children With Disabilities Inc has been changed to:

admin@chineseparents.org.au

AGM Meeting and Election, Raffle results

2013 CPA Management Committee:

以下是現屆管理委員會的委員名單:

President 會長: Miranda Vuong 王周潤梅

Vice President 副會長: Mrs Elly Li 李羅艷媚女士
Mrs Sylvia Tinyow 陳劉秀蓉女士

Treasurer 財政: Ms Maria Lee 阮李麗萍女士

Vice Treasurer 副財政: Mrs Aileen Pang

Secretary 秘書: Ms Jennifer Chan 陳素娟女士

Other Management Committee members:

Elena Lau 容劉敏兒女士, Ping Mu 繆桂萍, Jeff Li 李雲信先生, William Wu, Vincent Yu



澳洲弱能兒童協康會

二零壹二年十二月抽獎券揭曉

澳洲弱能兒童協康會在十二月十六日假座賓士鎮美心大酒樓舉辦午餐聚會，慶祝聖誕節及揭曉獎券中獎者。與會來賓逾眾。會員朋友一眾參與慶祝佳節活動，CPA Kidz 演唱聖誕歌曲，一展歌唱才能，場面熱鬧，溫馨感人。本會衷心感謝多年來各社團機構、商號、文化界、報界及電台的大力支持，給本會工作人員及家長會員們無限鼓勵和支持。企盼繼續同心協力，服務弱群，發揮互助友愛的精神。

日前銷售之五元獎券於當天抽出，中獎號碼如下：

頭獎: 1656	二獎: 1719	三獎: 2067	四獎: 2133	五獎: 0505
六獎: 0732	七獎: 1261	八獎: 1079	九獎: 0500	十獎: 0954
十一獎: 2437	十二獎: 2025	十三獎: 1560	十四獎: 1790	十五獎: 0781
十六獎: 0921	十七獎: 2595	十八獎: 0169	十九獎: 1801	二十獎: 1570
二十一獎: 1693	二十二獎: 0985	二十三獎: 1282	二十四獎: 0471	

亦可查詢本會網站: www.chineseparents.org.au

懇請中獎人士攜同中獎獎券及身份證明前來本會辦事處領獎。本會義工會致電聯絡中獎人士。

辦事處: 金時區Campsie, 59 Evaline St, 二樓, 四室。 02-9784 8120 / 0406 233 222 Mandy

澳洲弱能兒童協康會鳴謝下列各善長人士及機構，捐贈獎品:

Klein International, Mrs Maria Jones, Dr Andrew Li, Multipower Office Direct, Ms Jacqueline S W Ho, Mrs Sylvia Tinyow, Breville, Mandarin Kitchen, 梁珍記飯店, 華英小厨, 大地行, 德信旅遊, Ettason, Dixon Restaurant.



和諧同心營“協康”

記“協康會”2012年周年大會暨聖誕聯歡會 by Chloe

2012年12月16日正午，“澳洲弱能兒童協康會”假座賓士鎮美心酒樓舉行周年大會暨聖誕聯歡會，這是“協康會”各成員(包括孩子、家長、工作人員和義工)一年一度不容錯失的大型歡聚，不少賓客都不約而同地穿上聖誕紅裝出席盛會，把會堂點綴得喜樂融融。

當參加者陸續到達會場後，周年大會正式開始。首先由會長ELLY LI女士報告了“協康會”在過去一年中的部分成果，包括為各社區作義演。她特別提到，在悉尼市政府舉辦的龍年春節巡遊中，“協康會”的團隊表演力壓群

“龍”，表現出勃勃生機和傾力合作，因而獲得市政府頒發“特別獎”，令人鼓舞。接著，大會進行了選舉，新一屆的籌委順利誕生，可望來年再為社區中的特殊兒童謀求福祉。

周年大會結束後，“協康會”的孩子們為大家合奏演唱一曲，現場助興，隨即美味的餐宴開始。與此同時，大會開始為過去一年中積極參加社區活動、努力不懈的孩子們頒發各式獎座。在“協康會”佈置的舞台上、即使是特殊孩子也可找到一個被認可的位置、也可聽到應屬於他們的讚美聲。

在司儀姐姐的帶領下，大家進入了好玩有趣的傳球尋寶遊戲，無論是小朋友也好、大朋友也好，在歡快的音樂聲中、在急促的遞球中都情不自禁地流露出一派童真，歡聲笑語把宴會的氣氛燃點得格外熾熱。當風靡一時的“GANGNAN STYLE”音樂聲響起時，孩子們都驚喜狂舞，個個使出渾身解數，勁度十足。而在會場的一角，聖誕老人已攜著裝滿禮物的大袋，悄然地等候著小朋友們，他送上的每一份禮物，都圓了孩子們那些關於聖誕節的甜美的夢。

下午2時左右，“澳洲弱能兒童協康會”的周年大會暨聖誕慶祝會到達了尾聲，大家都帶笑走出宴會廳，互道祝福。戶外的陽光明媚，彷彿預示著來年會更燦爛。



殘疾服務改革在即，齊齊關注集思廣益

有朋友問我：「近來有不少新聞報導，都是有關弱能人士服務發展問題，究竟實情如何呢？」

同時愈來愈多出現一些名詞，包括「國家殘疾保障計劃」(NDIS)，「以人為本服務模式」(Person centred approach)，「符合個人需要撥款」(Individualized funding)，「彈性暫息服務」(Flexible respite)等等，均不時會在新聞報導中出現，被政治人物所談及，在議會上討論，甚至需要家長的回應，提供意見。

老實講，不要說你不明白，我在弱能服務界工作了三十年，有時也為這些急速的改革和新思維弄到頭昏腦脹，找不出頭緒。這不是說我不高興目前的發展。相反，我對殘疾服務的改革感到振奮。在澳洲社區服務發展史上，我從未見過關注殘疾人士需要和發展殘疾服務，是如此的熱情，而且具體落實在政治，政策和財源方面，都有很多的配合。

首先，澳洲廣泛社會和政黨，都認同發展殘疾服務是刻不容緩的，這些家庭的需求必須要獲得回應，而且社會應認同殘疾者是社區一員，他們應有任何人所享有的同等權利。目前針對殘疾者及其家庭需求所提供的服務是遠不足夠，是需要擴大其服務的數量，種類和內涵。

「國家殘疾保障計劃」很大部份是拓展殘疾服務。聯邦政府已注資了十億元作為發展費用。

紐省是第一個省宣佈與聯邦合作，在未來六年，將全面推行這項計劃。目前在紐加素地區已發展了一些試驗項目。

其次，政府認為目前所提供的服務方法和模式是需要改進。過去政府一直只是撥款給提供殘疾服務的機構，再由機構設立服務給予弱能人士及其家庭。但為了要使這些撥款更有效地運用，政府的計劃是把這些款項直接撥入弱能人士的口袋。作為受助者，弱能人士應是最清楚知道自己需要什麼服務，和那些機構能幫到他們，由他們自行選擇，使服務能更有效和減少浪費。這樣做，理論上是更能幫助弱能人士，滿足其實際的需要。



理論歸理論，但事實是否可行？對家庭是否真有幫助 - 特別是移民家庭？如何推行符合個人需要撥款？會不會因加得減，個人撥款反而得不到以前所有的服務水平，又或者會不會有一些家庭會因這些改變，反而被排除在服務之外？當這些理想，目標和政策落實到具體行動時，又將會如何實行？

這些都是目前政府搞盡腦汁需要解決的問題。但家長同時也需要明白到，這些改革與子女的未來福利有很大關係，這是需要大家齊來關注，不宜假手於人。即使是政府的構思，也要看清楚是什麼，是否行得通？對誰比較有利？和在那些方面會影響子女的福利。

范鎮榮

Brainstorming Before Disability Service Reform

I have been asked many times about the latest development of disability services in NSW and how this trend would affect people with a disability. Besides we have gradually come across many new terminologies related to disability services, including "National Disability Protection Scheme (NDIS)", "Person centred approach", "Individualized funding", "Flexible respite" etc. We frequently heard mention of these terms in news, from politicians, in Parliamentary debate, and sometimes we could be asked to make a response or contribute a comment.

To tell the truth, though I have been working in community services for 30 years and over, I have occasionally mixed up and confused due to recent rapid reform of disability services and new concepts in behind. But don't take this the wrong way, I don't mean to disapprove the current development. Quite the contrary, I am thrilled about the recent reform and development. In my entire career, I can't recall a time in Australian history that disability services have been given such a high priority as present. There are solid policies and plans already in place with budget committed by the government.

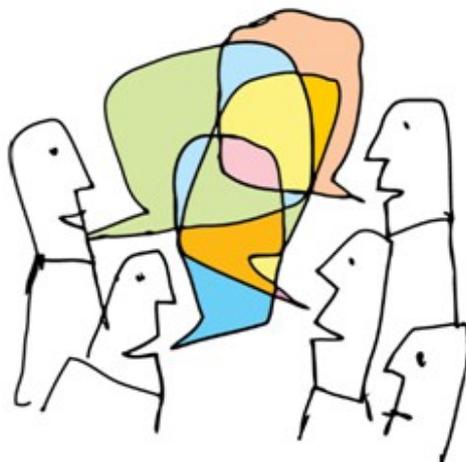
Firstly, the wider community and all major political parties in Australia have agreed that the need for expanding disability services is urgent; that the needs of those families with a member with disability are to be addressed; that they should have the same right as any other people in the community. The current supply of disability services is grossly inadequate and there is a need to expand the supply in terms of quantity, types and accessibility.

The "National Disability Protection Scheme (NDIS)" intends to expand the current supply of disability services with the Commonwealth already injecting 10 Billion for development purpose. NSW is the first State to work with the Commonwealth and will promote and deliver NDIS in the next 6 years. Currently, a number of pilot projects have been implemented in the Newcastle region.

Secondly, government believes that current service model and service delivery methods need to be improved. In the past, government used to allocate funding to Non Government Agencies that establish and deliver service to people with disability. To increase the efficiency of such allocations, government plans to transfer the fund directly to people with disability. As recipients, they should know their own needs better, how to meet those needs and which agency would be more suitable. This approach, in theory, can better meet the needs of people with disability and their families.

Nevertheless, this concept is basically theoretical. In practice, can it be implemented appropriately according to plan, especially for families who are of migrant background? How to implement these policies to meet individual needs and reflect personal choices? Will it be possible that the reform could lead to a drop in the supply and quality of services due to individualized funding? Will some families be excluded or disadvantaged by this? These are many questions when these new measures are put into practice.

While the government will have to tackle many of these concerns or issues, parents' involvements in the policy making process are vital as well, as this current reform relates directly to them and their children, and could have an impact on their future benefits and welfare. Contributions should be made by everyone who is affected. While the idea, as formulated by the government, may sound good, we need to think through whether it will work; who will benefit from it; and which aspects will have an impact on the welfare of your children.



Chun Wing Fan

Up Coming Events

<u>17/02/2013</u>	-	Chinese New Year Twilight Parade
<u>21/02/2013</u>	-	Mum to Mum Activity
<u>23/02/2013</u>	-	Chinese New Year Lunch Celebration
<u>21, 28/03/2013</u>	-	123 Magic Parenting Program
<u>30/03/2013</u>	-	Easter Picnic
<u>04/04/2013</u>	-	123 Magic Parenting Program
<u>10/04/2013</u>	-	Chinese Cultural Day

A4D — Activities for the disabled (3:30 - 4:30pm)

Hip Hop dances for young people with disabilities
02, 16/02/2013, 02, 16/03/2013, 06, 20/04/2013

Sailability at Kogarah Bay (10:00am - 2:00pm)

Youth Group: 02, 16/02/2013, 16/03/2013, 06, 20/04/2013
Junior Group: 02/03/2013



Chinese New Year Celebration

農曆新年慶祝會



Date 日期: 23/02/2013 Saturday 星期六 (11:00 am—2:30 pm)

Venue 地點: Terrazas Restaurant 朗月軒酒家
Hurstville RSL Club (1a Ormonde Parade, Hurstville)

Fees 費用:

	<u>Members 會員</u>	<u>Non-members 非會員</u>
Adults 成人 (12 yrs +):	\$20	For All 一律: \$25
Children 兒童 (4-11 yrs):	\$15	
Children 兒童 (0-3 yrs):	Free 免費	
*PWD:	Free 免費	

This Program is Kindly Sponsored by
Hurstville 2012-13 Community Grants Program

Enquiries : 9784 8120 / 0406 233 222 Mandy Tues & Thurs 10am-3pm

Booking is essential, closing date 請早報名, 截止日期: 14/02/13

*PWD refers to the children with disabilities
of ordinary members of the Chinese Parents Association - Children with Disabilities Inc.

Regular Weekend Activities

Junior Group 兒童組

Fun to Learn! Independent Living Skills!

導師 Instructor: Melissa Cox



時間: 逢星期六下午2:30pm 至 3:30 pm地
點: Belmore Youth Resource Centre,
38-40 Redman Pde, Belmore



Kindly sponsored by Canterbury ClubNSW
Bulldog Leagues Club

Rhythm & Motion

By Christine

唱遊活動



Date: Saturdays 星期六
Time: 3.30pm — 4.30 pm
Venue: Belmore Youth Centre
38 Redman Pde, Belmore

Kindly sponsored by Canterbury ClubNSW
Bulldog Leagues Club

Community Outdoor Activities



Date: Saturdays
星期六
Time: 2:00-4:00pm
Or
School Holidays

兒童組美術活動 Junior Art Program



Date: Saturdays 星期六
Time: 3.45—4.30 pm
Venue: Belmore Youth Centre
38 Redman Pde,
Belmore

Youth Group 青年組

Ice Skating

日期: 星期六 Saturday
時間: 8.45am to 9.45am
地點: Canterbury Olympic Ice Rink
Phillips St, Canterbury, NSW.



Kindly sponsored by:
Bankstown City Council

Youth Art Program



時間: 星期六舉行
下午 3:30pm 至 4:30pm
地點: Belmore Youth Centre,
38-40 Redman Pde,
Belmore

Kindly sponsored by ACCF 華人公益金

Music Lessons

時間: 星期六舉行
下午 2:30pm 至 3:30pm
地點: Belmore Youth Centre,
38-40 Redman Pde,
Belmore



保齡球課 Ten Pin Bowling Lessons

Kindly sponsored by Multicultural Youth Sports Partner-



時間: 逢星期六舉行, 上午10am 開始
地點: 3 - 5 George St, North Strathfield

Volunteer Team Of The Year

2012 紐省中西區義工團隊獎

The purpose of the NSW Volunteer of the Year Award is to recognise the 1.7 million volunteers in NSW who work tirelessly for the community.

In 2012, the team members of CPA "Listen to My Music" Team, undoubtedly, had all worked hard together towards the goal – the production of the CD "Set Me Free". In August 2012, the team had been nominated in the "Volunteer Team of Year 2012 (NSW)" Award Category. They were announced as the Volunteer Team of Year 2012 Mid-West Region of NSW in Nov 2012 by "The Centre for Volunteering (NSW)". Their hard work eventually had been recognised.

This team comprised of parents of children with disabilities and they had been working continuously as volunteers for CPA for the past years. They dedicated their precious time, effort, knowledge, skills and expertise in supporting this project, working patiently to help the young people with disabilities. As parents, they learn to accept and admit their children's disabilities. In the meantime, they also look forward to the understanding, acceptance and support for their children from the community. As a team, through this project, they would like to address the community that, with proper training in physical and social development, their children are unique and capable of growing into independent individuals.

Ms Janey Tham, the Executive of 2AC of Sydney, had highly recommended the nomination of the CPA "Listen to My Music" Team. CPA was grateful for her support and encouragement.

In Nov and Dec 2012, the co-ordinator of "The Centre for Volunteering (NSW)" invited CPA Kidz to perform at the Regional and State Ceremonies respectively. It was the honour of our children to showcase their musical talents to the community audience. Their performance was brilliant and they had received tremendous applause and appreciation.

The team had received the certificates, trophies, memoir and a small financial award for being chosen as the Volunteer Team of Year 2012 Regional Winner. A great and memorable achievement!

一年一度的紐省義工提名目的是: 希望藉此活動, 表揚紐省的一百七十萬義工在全省各社區中所作出的貢獻。

在2012年度, 協康會的義工父母會員, 組成了一組義工隊, 共同努力, 錄音印製了一隻音樂光碟: 「讓我高飛」。同年八月, 整隊義工人員被提名參選「2012 紐省義工團隊獎」。在十一月中, 紐省義工中心 (The Centre for Volunteering, NSW), 宣報協康會團隊獲取了「2012 紐省中西區義工團隊獎」。協康會的義工父母們的努力, 沒有白費, 獲得社區的認識和認同。

協康會團隊成員, 大部份都是弱能兒童的父母, 也有



社區中的專業人士, 為協康會作義工多年。他們為錄印此隻音樂光碟而貢獻出他們的寶貴時間, 精力, 知識, 技能和專業學問, 相互間傾力合作和配合, 也要花時間去照顧和提供孩子們的音樂訓練。一切都是無償的付出。作為父母, 他們願望得到社區人士的瞭

解, 接受和支持他們; 藉此建樹, 他們也希望向社區人士表白: 透過適當的幫助和訓導, 他們的孩子, 也能如常人般, 向獨立生活方面成長發展。

悉尼市2AC電台台長Ms Janey Tham也大力推薦協康會參與提名。我們感謝台長的支持和鼓勵。在2012年11-12月期間, 「紐省義工中心」的主持邀請協康會「CPA Kidz」分別出席區域和紐省的義工獎項頒獎會中作音樂表演。他們的每一次的演出, 都獲得很多的掌聲和讚賞, 很多社區機構亦認識協康會的存在和服務。

協康會團隊獲得了「2012 紐省中西區義工團隊獎」, 對協康會義工們是一個很大的鼓舞, 認同和欣賞! 希望來年能有更多熱心人士加入義工的行列!

Celebration of New Year Day



Picnic at Bicentennial Park

We had a picnic to celebrate New Year and enjoyed a pleasant hot summer morning and afternoon. We brought our own picnic rugs and chairs placed under a big tree.

A big group of 94 people went to Bicentennial Park on 5th of January, which was the first activity held in 2013.

Bicentennial Park in Sydney Olympic Park is a beautiful hideout with the greenery, birds, great walking and cycling tracks around and with the necessary amenities like water, BBQ etc it is a great picnic spot.

I brought my scooter. We also had a rehearsal to sing "Advance Australia Fair" which we will sing on Australia Day. There were Joanne, Thuman, Andrew, Michael, Bowman, Samson, Karen, Victor Wu, Timothy, Barry, Stephanie, Reuben, Jack and myself. We were such a big group and we practised singing the songs several times.

As always, we had a big feast during lunch time and there were so much food. We had salad, sausages, bread rolls, roast chicken, BBQ Korean style beef and watermelon.

A big thanks to Auntie Ping, Syliva and Winda who prepared the delicious food.

Really looking forward to the next outing!!

By Jonathan Yung



You are cordially invited to attend:
the inauguration of CPA Art Exhibition

協康會畫展

“Our World of Colours”

by People with Disabilities

Hurstville Library, Queen’s Road, Hurstville
13 April 2013 11am Saturday

Art Exhibition: 13 - 19 April 2013

“Art and Music” Art Exhibition & Music performance

23 March 2013 Saturday

Ultimo College TAFE, 651-731 Harris St, Ultimo

CPA ART PROGRAM WITH MS CHEN

During the summer holidays, CPA (Chinese Parents Association – Children with Disabilities Inc) organised a fun arts program that was held 3 times a week; from 14th to 25th January 2013. On the 14th, 16th and 18th of January, many children gathered at BYRC (Belmore Youth Resource Centre); and they learnt many different arts skills such as sketching, tracing, and brushing with different colours from Mrs Chen, an arts teacher with more than 30 years experience.

During my time at the arts program, I had fun with all the other people there including the teacher. It was a wonderful learning experience as I had a great opportunity to meet new people and learn basic art skills. We sketched and painted the Sydney Opera House, the Sydney Harbour Bridge and the frogs on the Lilly Pillies. However from the 21st till the 25th I would miss the lessons as I was away on camp; I thank CPA and Mrs Chen for organising a fun program; and I hope to participate in more CPA activities in the coming year.

By Christopher Lin



“International Day of People with a Disability” “International Day of People with a Disability”

By The Vishva Hindu Parishad (VHP) of Australia



Chinese Parents Association- Children with Disabilities Inc and her CPA Kidz Band had attended the celebration acknowledging International Day of People with a Disability at the Pennant Hills Community Centre, hosted by The Vishva Hindu Parishad (VHP) of Australia on December 15, 2012.

CPA, all along, has encouraged our members to integrate into the community through the participation in the community events, and this was one of the many functions they had joined in during the year 2012.

This VHP event showcased the remarkable achievements of Australian youth with special needs, and helped united them with the wider community in an effort to promote a more positive image around disability.

The celebration kicked off by speeches by various guests who expressed their support for the event and its relevance in the local community. Then, there was the Yoga demonstration followed by the informative talks by various community groups/organisations. Mr Vincent Yu introduced his Many Minds Link, a program established to help ease young adults with a disability into the work force.

The participants in this program also have created an iPhone app to help their clients strengthen their communication skills.

Then came the awe-inspiring performance by CPA Kidz Band, where our Chinese youths with different abilities performed amazing renditions of popular and meaningful songs, including ‘We are the world’ and ‘I still call Australia home’. It was reported that ‘...The two lead singers charmed the audience with their passionate voices and their infectious smiles. Music has a profoundly positive effect on those with special needs. It was a pleasure to watch a couple of youth in the audience who simple couldn’t control their feet, get up and dance!’

There was also the Bollywood dance performed by young people from Moorebank Bala Samsar Kendra and Hindu Youth Australia.

Our CPA young members and their carers had a great time in getting to know each other and sharing their experience with other members from various cultural communities. This was a successful function enjoyed greatly by all! Great thanks to the organizers!

(Information adapted from “VHP’s fun event felicitates people with disability”, Indian Link, Vol. 20 No. 3 (2), December (2) 2012, p12)

Dad to Dad 爸爸對對碰 活動

By William Wu



This was the second activity organised by me for the dads who are members of CPA. This program is kindly sponsored by Bankstown Local Club GRANTS Committee. It was the Badminton exercise held on 2 December 2012 at Bankstown Basketball Stadium at Condell Park.

On the Sunday morning, seven dads and five children gathered together at the venue starting the warm-up exercise before the badminton practice. It was followed by single matches as well as double matches with fathers against their children or families against families. It was great fun.

Most importantly, everyone had the chance to go into physical exercise which is beneficial to our physiques and emotional/stress management. Apparently, there was also improvement in our badminton skill and we were looking forward to more badminton practice.

這是2012年舉辦的第二次活動，來參加活動的爸爸們大部分都是澳洲弱能兒童協康會的會員。能成功舉辦這一次的活動，也要感謝 Bankstown Local Club GRANTS Committee 提供的慷慨贊助和大力支持。活動舉辦的日子是在2012年12月2日，而地點是在Condell Park。

在星期天的早晨，七個爸爸和五個孩子聚集一起在場地。開始前我們還做好了羽毛球熱身運動。在這一次的活動裡，我們用了多種形式，包括單打，有父親對子女或家庭對家庭的雙打比賽。這非常有趣。最重要的是，每個人都有機會進入體育鍛煉，有利於我們的體質，情緒/壓力管理。顯然，改善我們的羽毛球技術，我們期待更多的羽毛球練習。

該活動結束時，父親們還進行了茶聚。希望在未來我們將形成一個友好的關心網絡。這也有助於建立一個更好的親子關係。



The program concluded with tea gathering through which we would form a friendship network amongst the families. It also helps to build a better relationship between fathers and their children.

2013 New Year Eve Fireworks



On 31 December 2012, I went to the Lord Mayor's New Year Eve Picnic and Fireworks at the grounds of government house.

We were special guests there and many children were dressed as rock stars or princesses. After entering via the government house gate, there was a big picnic ground. There were lego blocks to play with, face painting and stage entertainment with special appearance on stage by Kylie Minogue and the lord mayor.

They served us pies, sausage rolls, corn, ice cream, chocolate, fruit and juice. We also received a box of lego as present.

At 8:40 pm, we were escorted to the Botanic Gardens where we watched the 9 pm fireworks which was spectacular.

After the fireworks, we walked to Martin Place train station to catch the train home.

Thanks to the City of Sydney for this great evening.

My parents helped me write this and I typed this into the computer.

Robbie Leong
17 01 2013



Photo Gallery



Volunteer Team of the Year



Volunteer Team of the Year



Volunteer Team of the Year



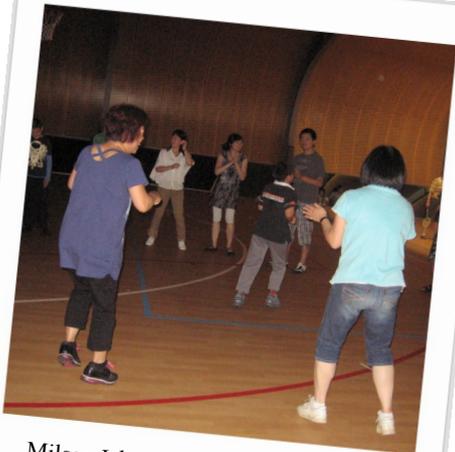
Volunteer Team of the Year



Multicultural Disability Day



Milson Island Sport Recreation Camp



Milson Island Sport Recreation Camp

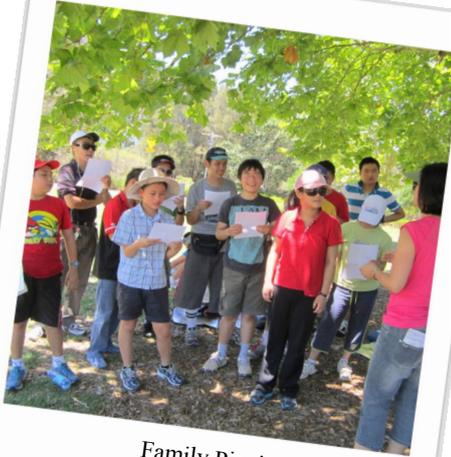


Milson Island Sport Recreation Camp



Milson Island Sport Recreation Camp

Photo Gallery



Family Picnic



Family Picnic



Christmas Party



Mum to Mum



Mum to Mum



Ten Pin Bowling



Ten Pin Bowling



Christmas Ice Skating



Christmas Ice Skating

Community Information



UNSW



Neuroscience
Research Australia
Discover. Conquer. Cure.

SEEKING YOUNG SCIENTISTS

An MRI study of emotion processing in children

How do kids process information about emotions?

Why do some children have problems recognising certain emotions?

Researchers at the University of NSW would like your help to study this using Magnetic Resonance Imaging (MRI).

WHO CAN PARTICIPATE?

Boys aged 8-16 years diagnosed with:

- Autism spectrum disorders
- Conduct problems
- OR no history of behavioural or mood disorders

WHY PARTICIPATE?

To help us understand how some children have trouble recognising certain emotions

You will be contributing to research which may someday help children with difficulty processing emotions

You will be reimbursed for travel and parking costs, and every participant will receive 2 movie tickets and a picture of their brain to take home with them!

For further information:

(02)93991268

or

p.yeung@neura.edu.au

How can you help? 請給我們支持: 郵址 Postal Address : PO Box 345 Campsie, NSW 2194

捐贈 款項 I would like to make a donation of : \$ _____

本人願意參加為貴會會員: I would like to become :

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| 義工 | Volunteer | <input type="checkbox"/> |

會員年費 \$10
Membership Fee \$10 pa
(From 1 July -30 June)

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請將支票抬頭 Please make cheque payable to: " Chinese Parents Association-Children with Disabilities Inc"

DGR # 900 487 253

Acknowledgement

Donors

Alice Luk
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Natalie Chen
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Volunteers

Chun Wing Fan
Dora Li
Harry Tinyow
Jacky Lam
Mario Yuen
Magdalene Cheung
Paul Yau
Vincent Yu
Winda Mok

Birthday Boys & Girls

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Jonathan Yung
Leon Huang
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Victor Li
Wilson Trang



January - April 2013 Activities

2013	Junior Group- Afternoon	Youth Group- Morning	Youth Group- Afternoon	Remarks
January	2:30pm to 4:30pm	8:45am to 12:00pm	2:30pm to 4:30pm	
5 Jan (Sat)	Family Picnic Day at Bicentennial Park Homebush Bay			
12 Jan (Sat)	No activity	Ice-Skating 9:15-10:15am	A4D dance 3.30-4.30	<i>New time (Ice Skating)</i>
14,16,18 Jan	No activity	Art Program 10 am-12 at Belmore Centre		
19 Jan (Sat)	Monkey Mania for Junior Group	Ice-Skating 9:15 -10:15 am	Rehearsal for performance on Australia Day 2:30-3.30pm A4D dance 3:30-4:30pm	<i>New time (Ice Skating)</i>
21,23,25 Jan	No activity	Art Program 10 am-12 at Belmore Centre		
26 Jan (Sat)	Australia Day Performance			
February				
2 Feb	Art and Craft Music program by Catherine Paix	Ice-Skating 8:45-9:45 Sailability 10:00-2:00 Bowling 10:15-12:00	Music 2:30-3:30 A4D dance 3.30-4.30	Catherine Paix
9 Feb	Fun to learn Rhythm & Motion	Ice-Skating 8:45-9:45 Bowling 10:15-12:00	Art 2:30-4:30	Irene Mok
16 Feb	Fun to learn/outing Rhythm & Motion	Ice-Skating 8:45-9:45 Sailability 10:00-2:00 Bowling 10:15-12:00	Parade rehearsal 2:30-3:30 A4D dance 3:30-4:30 Birthday Party 4:30	
17 Feb (Sun)	2013 Chinese New Year Parade (City of Sydney)			
23 Feb	Chinese New Year celebration at Terrazas Restaurant, Hurstville (朗月軒)			
March				
2 Mar	Sailability 10:00-2:00	Ice-Skating 8:45-9:45 Bowling 10:15-12:00	Music 2:30-3:30 A4D dance 3.30-4.30	Ernest Chow
9 Mar	Fun to learn/art & craft Rhythm & Motion	Ice-Skating 8:45-9:45 Bowling 10:15-12:00	Art 2:30-4:30	Irene Mok
16 Mar	Fun to learn/cooking/ Rhythm & Motion	Ice-Skating 8:45-9:45 Sailability 10:00-2:00 Bowling 10:15-12:00	Music 2:30-3:30 A4D dance 3.30-4.30	Ernest Chow
23 Mar	Fun to learn/art & craft Rhythm & Motion	Performance at TAFE Ultimo	Music Rehearsal 2:30-4:30 Birthday Party 4:30	
30 Mar	Easter Saturday (Picnic at Ken Rosewall Tennis Court)			
April				
6 Apr	Fun to learn/art & craft Music program by Catherine Paix	Ice-Skating 8:45-9:45 Sailability 10:00-2:00 Bowling 10:15-12:00	Music 2:30-3:30 A4D dance 3.30-4.30	Catherine Paix
10 Apr	Chinese Cultural Day Performance (City of Sydney)			
13 Apr	Fun to learn/art & craft Rhythm & Motion	Art Exhibition Launch Hurstville Library 11am	Art 2:30-4:30 Birthday Party 4:30	Irene Mok
20 Apr	School Holiday Break	Ice-Skating 8:45-9:45 Sailability 10:00-2:00 NO Bowling	Music Rehearsal A4D dance 3.30-4.30	Ernest Chow
25 Apr (Thur)	Anzac Day			
27 Apr	School Holiday Break	Ice-Skating 8:45-9:45 NO Bowling	Music Rehearsal 2:30-4:30	Ernest Chow
The above programs may be changed without prior notice due to unforeseen reasons.				

Ice-Skating at Canterbury Ice Rink, Phillips Avenue Canterbury | Bowling at George Street North Strathfield
Sailing at Kogarah Bay Sailing Club Princes Hwy Kogarah Bay | Others at Belmore Senior Citizen Centre, Redman Parade Belmore
* Ice skating & Sailing in the school holiday is not funded by CPA