

Rocking Horse Early Learning Center

2253 American Way
Port Allen, LA 70767

Breakfast
July 2018

225-749-4004
Info@RHELC.com
TaxID: 26-3480811

Monday	Tuesday	Wednesday	Thursday	Friday
2 Cheese Toast Mixed Fruit Milk	3 Pancakes with Syrup Fesh Bananas Milk	4 Creamy Oatmeal Sliced Peaches Milk	5 French Toast Fruit Cocktail Milk	6 Cheese Grits Sliced Pears Milk
9 Pancake & Sausage on a Stick Mixed Tropical Fruit Milk	10 Maple & Brown Sugar Oatmeal Mandarin Oranges Milk	11 Cinnamon Toast Mixed Fruit Milk	12 Buttered Grits Sliced Peaches Milk	13 English Muffin with Breakfast Sausage Furit Cocktail Milk
16 Waffles with Syrup Sliced Pears Milk	17 Cereal Fresh Bananas Milk	18 Pancake Mixed Tropical Fruit Milk	19 Oatmeal Mandarin Oranges Milk	20 Buttered Toats Mixed Fruit Milk
23 French Toast Sliced Peaches Milk	24 Cheese Grits Mixed Tropical Fruit Milk	25 Cinnamon Biscuits Sliced Pears Milk	26 Pancake & Sausaage on a Stick Mandarin Oranges Milk	27 Buttered Toast with Jelly Fruit Cocktail Milk
30 Waffles with Syrup Sliced Peaches Milk	31 Buttered Grits Fruit Cocktail Milk			

USDA Nondiscrimination Statement: The U.S. Department of Agriculture (USDA) prohibits discrimination in all its programs and activities on the basis of race, color, national origin, age, disability, and where applicable, sex, marital status, familial status, parental status, religion, sexual orientation, genetic information, political beliefs, reprisal, or because all or part of an individuals income is derived from any public assistance program. (Not all prohibited bases apply to all programs.)

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Lunch
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Monday	Tuesday	Wednesday	Thursday	Friday
2 Tuna Salad with Ritz Crackers Glazed Carrots Pineapple Chunks Milk	3 Pork & Sausage Pastalya Sweet Potatoe Casserole Tropical Fruit Milk	4 White Beans w/Sausage & Ham Over Steamed Riice Buttered Squash Fresh Bananas	5 Oven Baked BBQ Chicken Macaroni & Cheese Lima Beans Mixed Fruit	6 Sloppy Joe on a Bun Salad w/Ranch Dressing Sliced Peaches Milk
9 BBQ Pulled Pork on a Bun BBQ Baked Beans Applesauce Milk	10 Grilled Cheese Sandwiches Cut Green Beans Sliced Pears Milk	11 Chicken & Sausage Jambalya Sweet Peas Fruit Cocktail Milk	12 Taco Casserole Buttered Corn Mandarin Oranges Milk	13 Oven Fried Fish Garlic Mashed Potatoes Lima Beans Pineapple Chumks
16 Red Beans w/Sausage & Ham Over Steamed Rice Buttered Corn Mixed Tropical Fruit	17 Baked Chicken Nuggets Green Beans Mixed Fruit Milk	18 Beef Stew Over Steamed Rice Buttered Squash Fresh Bananas Milk	19 Baked Breaded Fish Patty Macaroni & Cheese Sweet Peas Sliced Peaches	20 Smothered Pork Chops Mashed Potatoes Glaxed Carrots Applesauce
23 Chicken & Sausage Gumbo Steamed Rice Buttered Corn Sliced Pears	24 Spagehetti with Meat Sauce Steamed Broccoli Fruit Cocktail Milk	25 Tuna Salad on Bread Green Beans Mandarin Oranges Milk	26 Oven Baked BBQ Pork Chops Cajun Rice Dressing Buttered Potatoes Pineapple Chunks	27 Corn Dogs Green Beans Mixed Tropical Fruit Milk
30 Meatloaf in Gravy over Rice Sweet Peas Sliced Pears Milk	31 Baked Fish Fillets Mashed Potatoes Buttered Corn Applesauce			

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Afternoon Snack

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Monday	Tuesday	Wednesday	Thursday	Friday
2 Teddy Graham Crackers Juice	3 Whole Grain Animal Crackers Juice	4 Honey Graham Crackers Juice	5 White Cheddar Cheeze Its Juice	6 Crackers Mozzarella Cheese Stick Juice
9 Cheese Crackers Juice	10 Whole Grain Cheddar Goldfish Crackers Juice	11 Teddy Graham Crackers Juice	12 Whole Grain Animal Crackers Juice	13 Pretzel Goldfish Crackers Juice
16 Cracker Mozzarella Cheese Stick Juice	17 White Cheddar Cheez It Cracker Juice	18 Teddy Graham Cracker Juice	19 Blueberry Muffin Juice	20 Cheese Crackers Juice
23 Crackers Mozzarella Cheese Stick Juice	24 WG Pretzel Goldfish Crackers Juice	25 Teddy Grahams Juice	26 Whole Grain Animal Crackers Juice	27 Cheese Crackers Juice
30 Cheddar Goldfish Crackers Juice	31 Teddy Graham Crackers Juice			

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