

28 years ago, I was misdiagnosed with Meniere's disease. Dizzy spells came to visit me as if I were an old friend. In the first 15 or so years, I experienced some extreme episodes. The room would spin; I would become nauseous and very dizzy. As I became older, the symptoms were not as intense and did not make the room spin. However, the dizziness lasted much longer each time, sometimes close to two weeks, and then return a few days later. After complaining to my primary doctor, I was referred to Dr. Scott Sanders at BalanceMD - Indianapolis and this was the beginning of a medical miracle, in my opinion. Through the tests, etc, Dr. Sanders verified that he found not only that I had been misdiagnosed, I had benign paroxysmal positional vertigo - BPPV, which in my case happened after having gone through a period of migraine headaches earlier in life. Crystals of calcium carbonate broke from part of the inner ear and became lodged in a couple of my ear canals, causing the dizziness. The testing provided the technician and the doctor with the info necessary to diagnose the problem. This computerized test is the greatest scientific discovery to touch my life. What an amazing process! After reading the results, Dr. Sanders performed the Epley maneuver on me, which made me quite dizzy, but it was worth every second of it. After 28 years, I was and am, dizziness free. I am very grateful to Dr. Sanders and his staff for making it possible for me to live the rest of my life without the curse of dizziness. If any dizziness should happen to return Dr. Sanders and the staff will be there to help.

Cecilia