

ARROW GROUPING FIXES

Arrow Groups

Left of the Center of the Target

Reasons

Bow tension/torque
Bow arm being hit by string
Plucking
String alignment
Bow Cant (tilt)
Nocks Too tight

Solutions

Check Stance
Check bow sight
Adjust bow hand position
"String alignment by moving the head"
Align Bow vertically; smooth release
Move fingers farther apart
Align bow vertically
Looser Nocks

Right of the Center of The Target

Cant bow
Bow hand position is bad
String Alignment
Not enough back muscle tension
Tight Nocks

Check Stance
Check bow sight
Align bow vertically
Fix bow hand position
"String alignment by repositioning head"
Work out back muscles
Looser Nocks

Above the Center of The Target

Inconsistent anchor point
Peeking
Pinching arrow
Rising bow on release
Heeling the bow

Check Stance
Check bow sight
Maintain consistent anchor point
Make sure eyes are on the center of the target until arrow hits.
Spread out fingers on the string a bit
Move bow hand towards target
Fix bow hand placement

Below The Center Of The Target

Creeping
Dropping of the bow arm
Bad anchor point
Lack of back muscle tension
Moving head towards the string

Check Stance
Check bow sight
Work out the back muscles
Move bow hand towards target
Work on anchor point
Work out the back muscles
Keep head in place