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# Whitby's Choices



**COE, Lorne**  
 Progressive Conservative Party



**LEADBETTER, Stacey**  
 Green Party



**LUNDQUIST, Niki**  
 New Democratic Party



**WASHINGTON, Leisa**  
 Liberal Party

On Friday, June 8th go to  
[www.brooklintowncrier.com](http://www.brooklintowncrier.com) for full election results

**Not a valid ballot**

## HIGHLIGHTS OF THIS BTC:

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 CX-9**

*Welcome to the Clubhouse*



Less than Half the Picture *By Richard Bercuson*



I love a parade - usually

Now a Brooklin Spring Fair veteran (ie. more than two), I can confidently state it's always a blast. A blast of noise; a blast of odd smells; a blast of children gobbling bad things; a blast of money for more ride tickets. The organizers do a bang-up job from set up to take down. The entire production is impressive and everyone associated with it is disgustingly pleasant.

I didn't even mind much when security "wanded" my wee grand girls, ages 4.5 and 2.7. They gotta do what they gotta do.

So when there's a glitch, I want to believe it was an unexpected occurrence that just happens. As it did in the parade.

I love parades. My parents took us to the Orange Bowl parade once and years later the Rose Bowl in Pasadena. It's impossible to compare anything with those spectacles.

Our charming spring fair parade has less of the show biz schmaltz and more of the charming local panache. The marching bands are toe-tapping fun (I have a terrible weakness for pipe and drum bands), the dancing kids adorable,

the free candies a bonus. One quibble: no chocolates.

Saturday's event came five days before one of the most bizarre and contentious provincial elections in memory. Historically, our elected politicians have always walked or ridden in the procession, as is proper, to show their community support. This year though, with the election looming, other party candidates were permitted to join in. That was a mistake.

Why? Because showing trust in people's common sense and decency doesn't always pan out. All three parties chose to turn the beginning of the parade into a political rally. I'm certain that wasn't the organizers' intent.

Lorne Coe led off, his entourage marching somewhat triumphantly in front of the municipal float carrying Mayor Don Mitchell and Councillors Mulcahy, Yamada and Gleed.

Behind them, carrying placards proclaiming "No more tolls," came NDP candidate Niki Lundquist and her throng who chanted their mantra, yup, "No more tolls!"

Further back, strolling silently and in what seemed like a funereal mood

was the Liberals' Keisa Washington and supporters.

Keep in mind that, in 2016, the Spring Fair preceded Whitby's north ward by-election by 12 days. Yet then, no council candidate chose to be in the parade, probably because it would appear tacky, classless, and opportunistic.

On Saturday, however, the marching phalanxes of the three parties looked just that. All should be ashamed of hijacking a community event by taking advantage of being allowed in the parade. They didn't

ruin the experience but they did leave folks squirming and with a sour after taste. They didn't belong there.

Lesson learned. Please, no political party representation at all, ever again. Let our elected representatives appear in convertibles or walking, alone or with their families. Order of appearance: Local to provincial to federal. That's it.

To more important matters: how to get chocolate handouts to complement the hard candies.

Get Active With Bike Month

Bike Month, an annual campaign led by Smart Commute, a program of Metrolinx, runs from May 30 to June 30. The Town is encouraging residents to incorporate cycling into how they travel, whether by biking to school, the grocery store, park or work.

The many benefits of active transportation options like cycling include a reduction in commuting costs, improved personal health, improved local air quality and reduced traffic congestion.

As part of the Town's commitment to active transportation, a new trail was constructed in 2017 to connect Cullen Central Park to Ash-

burn Road through the Heber Down Conservation Area. Combined with other cycling facilities on Regional roads and the Ministry of Transportation's Highway 401/Henry Street structure, this continuous centralized north-south route will connect the Greenbelt Cycling Route (Townline Road) to the Waterfront Trail.

New this year, crossrides – marked crosswalks for cyclists – will enable cyclists to move more efficiently throughout Whitby. The Town's Active Transportation Plan will be finalized in early 2019.

For more information, visit [whitby.ca/active-transportation](http://whitby.ca/active-transportation).

Town of Whitby

June 8, 2018

UPCOMING EVENTS

Celebrate Seniors Month

This month, residents age 55+ are invited to take part in a number of free activities and events, including a Seniors Art Display at the Whitby Public Library. Registration is required for some activities. [whitby.ca/seniors](http://whitby.ca/seniors)

Whitby Youth Rooms

Youth ages 12 to 18 years are invited to drop in to any Youth Room on Thursday, June 14 at 4 p.m. to take part in a FIFA video game tournament. [whitby.ca/youthrooms](http://whitby.ca/youthrooms)

Canada Day in Whitby

Sunday, July 1, starting at 1 p.m. Fireworks finale at 10 p.m. Victoria Fields and Port Whitby Marina. [whitby.ca/canadaday](http://whitby.ca/canadaday)

[whitby.ca/calendar](http://whitby.ca/calendar)

Council Meetings

Planning and Development Committee

June 11 at 7 p.m.

Operations Committee

June 18 at 7 p.m.

Council

June 25 at 7 p.m.

For more information, contact the Clerks Department at [clerks@whitby.ca](mailto:clerks@whitby.ca) or 905.430.4315 [whitby.ca/civicweb](http://whitby.ca/civicweb)

Notices

Rossland Road Construction to Begin July 3

The Town is advising residents that Rossland Road West, from Lake Ridge Road to McQuay Boulevard, will be fully closed starting July 3. The road closure is expected to end in November. For the most up-to-date information, visit [whitby.ca/construction](http://whitby.ca/construction)

News

June is Recreation and Parks Month

To celebrate, the Town invites residents to get active.

June 9 to 15: Free recreational swims at the Whitby Civic Recreation Complex and the Anne Ottenbrite Pool

June 16 to 22: Free drop-in programs at the Brooklin Community Centre and Library and Whitby Seniors' Activity Centre

June 23 to 30: Free public skates at Iroquois Park Sports Centre and McKinney Centre [whitby.ca/recreationandparksmmonth](http://whitby.ca/recreationandparksmmonth)

New Boston Pizza to Open at Iroquois Park Sports Centre

Visitors to two of the Town of Whitby's arenas will soon have access to a range of on-site food options – including a new Boston Pizza expected to open later this summer at Iroquois Park Sports Centre. [whitby.ca/news](http://whitby.ca/news)

explore + experience whitby

Available now! Pick up your copy of the Town's new magazine at facilities or view online at [whitby.ca/explore](http://whitby.ca/explore)

Get involved!

The next Whitby municipal election will be held **October 22, 2018**.

The Town is hiring for a number of important roles to work at voting locations.

Submit your application online by June 14

Whitby Election 2018

[whitby.ca/vote](http://whitby.ca/vote)

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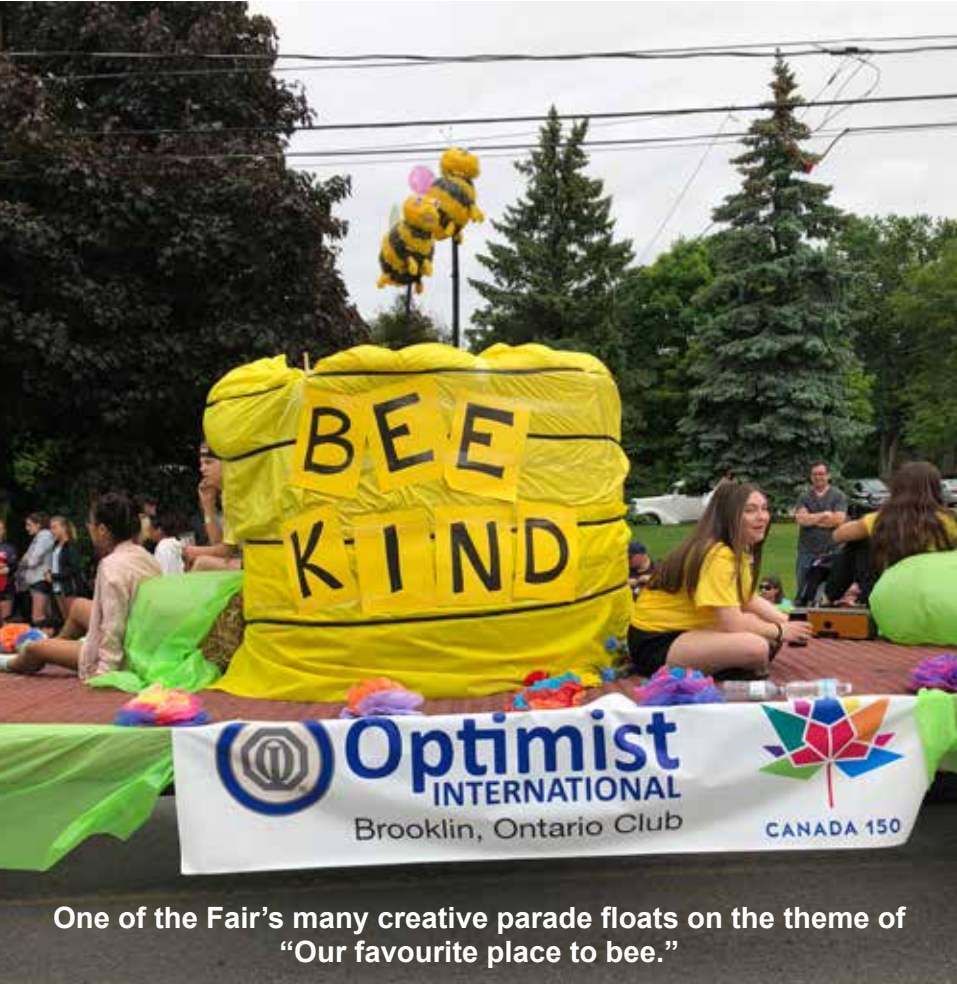
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One of the Fair’s many creative parade floats on the theme of “Our favourite place to bee.”

# Mayor And Council To Leaders: Remove 412 Tolls

In late May, Town Council unanimously supported a resolution calling on provincial party leaders to remove the tolls on Highway 412. This resolution was in follow-up to and support of the joint media statement issued on Friday, May 25, by Regional Chair Gerri Lynn O'Connor and Mayor Don Mitchell that included the following:

“In other communities, high-speed links from the 401 to the 407 are not tolled, namely Highways 404, 400, 410, 403 and 427,” stated Chair O'Connor. “Our request is that Durham residents be treated fairly and equitably compared to our neighbours in Toronto, York and Peel. Ontario residents helped to pay for those roads through provincial taxes. With highway development coming later to Durham, why should our residents now be asked to pay individually for similar access roads?”

Mayor Mitchell noted that Whitby Council has always opposed the location of the 412.

- Highway 412 is the only north-south 400 series highway in the entire Greater Toronto and Hamilton Area that is tolled.
- This highway link was imposed over the wishes of Whitby Council in the 1990s. The issue of tolling was not part of those discussions. The decision by the Province to toll

412 was made in 2009.

- This Link has taken an enormous quantity of valuable land to create an underutilized highway which adds virtually no value to our Town and Region. At the same time the Province was imposing tolls on 412 in Whitby, they were adding new lane kilometres to Highway 427 which are not tolled.
- A toll free 412 would reduce congestion across town by helping residents going west to access the 407 more efficiently. This would have an additional benefit of relieving traffic pressure from the 401 and in Downtown Whitby and support our goal of making it pedestrian friendly and comfortable.
- The Town is delivering services to the employment lands located along the 412. The economic value of those prestige industrial lands is related to their exposure. The low utilization of a tolled 412 degrades the value and marketability of those lands. The Province owns most of these lands and are losing substantial value on them in exchange for the minimal revenue being received through tolls.

“It is time to end the unfairness and allow 412 to generate real economic and social value to our Town and Region” said Mayor Don Mitchell who asked all provincial party leaders and local candidates to confirm their support for a toll free 412.



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Next Issue: Friday, June 22, 2018  
Deadline: Friday, June 15, 2018



## Our Brooklin Kids *By Leanne Brown*

# It's Growing Season



Is it just me, or do kids seem to have growth spurts over the summer vacation?

Every September, I pull out the long pants from storage and discover that somehow my daughter has acquired a wardrobe full of capris. It seems I'm not alone. Just looking at her friends tells me they, too, are due for a shopping spree. Are temperature increases causing not only flowers and plants start to grow but also an increase in your child's height?

As it turns out, studies indicate that the summer growth spurt is, in fact, real. Children grow and put on more weight during the summer holidays than in the school term, according to Professor Timothy Olds from the School of Health Sciences at the University of South Australia.

### Summer growth

"Although we don't have a good explanation for it, children seem to grow fastest in the summer and slowest in the fall," says Joseph Gigante, M.D., associate professor of pediatrics at Vanderbilt Children's Hospital in Nashville.

Furthermore, kids grow a bit faster in the spring than during the summer. Once that growth kicks in, usually around June, it tends to continue throughout the summer months,

slowing in September. This is due, in part, to changes in diet, more exercise, more vitamin D from the sun and less stress.

That vitamin D is a key factor as it's important for maintaining healthy bones and is thought to protect against cancer, type 1 diabetes and multiple sclerosis. The theory is that during the spring and summer, pregnant mothers absorb more health-boosting Vitamin D from sunshine in the second and third trimesters, giving their offspring a head-start in size. So if it works for building babies in the womb, you can only imagine the benefits it has for growing healthy kids.

### Sleeping in helps

That summer growth can be sizable. Kids can grow as much as 10 to 16 centimetres in a year. In fact, according to Professor Olds, "They can actually grow half a centimetre in a single night. Human growth hormone comes out in pulses, and those pulses come out when you're sleeping. So when kids are allowed to sleep in and rest more during the summer months, more growth can occur."

Overall, it's good to try to keep some of that great summer growth stuff going over the colder months. Children produce more growth hormone during the first hours of sleep than during the day. Therefore,

regular sleep is important. So if you want to encourage that growth all year round, a regular bedtime is a good start. And, of course, more exercise and less screen time is something all kids can benefit from.

In the meantime, why not try an experiment? Measure your kids on the last day of school. Then measure them again on the first day of school in September. Prepare to be surprised.

## Win Prizes For Favourite Whitby Things

Now through June 11, Whitby residents can go on social media to share their favourite things to do in our community and have a chance to win a prize pack filled with \$290 worth of gift certificates and swag donated by local businesses.

Included in the prize pack are two flights at the new iFly, gift cards to Whitby restaurants, jump time at Sky Zone and more!

Residents can enter by following the Town on Twitter at **@townofwhitby**, "tweet" a picture of their favourite attraction or location in Whitby, and include mention of the Town's handle (**@townofwhitby**) and hashtag **#ExploreWhitby**.

The entry deadline is Monday, June 11 at 4:30 p.m.

For contest details, residents can visit **whitby.ca/explore**.

### Prize Basket

Prize basket includes a sampling

from businesses, restaurants and attractions highlighted in the Explore + Experience Whitby Magazine.

\$25.00 Gift Certificate from **A Tavola Bistro**  
 \$25.00 Gift Certificate from **Cupcake Junkie**  
 Free Coffee from **Cupcake Junkie** with purchase of a Cupcake  
 \$40.00 Gift Certificate for High Tea from **M & R Cakes and Café**  
 T-shirt and Bottle Opener from **Town Brewery**  
 Two Free Flight Samplers from **Brock Street Brewing Company**  
 Two Free Samples from **5 Paddles Brewery**  
 Moleskin Notebook  
 First Time Flyer Package (2 flights) from **iFLY Toronto – Whitby**  
 Two 60-minute Jump Time and Swag from **Sky Zone Trampoline Park**  
 \$20.00 Gift Card from **The Village Bakery**

## Community Calendar

**Sat., June 9: 9 am - 12 noon: Walk for Mental Health Awareness**  
**Presented by Community Care Durham**  
 Port Perry Fairgrounds  
 - Walk 1, 2, or 5 km - BBQ lunch included  
 Loads of prizes  
 - Raise \$20 and get a tee-shirt  
 To pre-register or sponsor: **905-430-8014** or **905-985-7784**, or visit **communitycaredurham.on.ca/events/walk-for-mental-health**

**Wed., June 13: 7:30 pm - Brooklin Horticultural Society**  
 At Brooklin United Church  
 Features guest speaker Yvonne Tremblay: "Cooking with Lavender," One of the latest cooking trends. Used in desserts, salads and other dishes. Learn what ingredients and dishes go well with lavender. Hear about the Lavender Trail where you can visit lavender farms in the summer.

**Sat., June 16: 10 am - 2 pm : Nova's Ark 8th Annual Friendship Walk**  
 From Grass Park,  
 a 3 km walk led by Bing the Camel  
 Afterwards, music by Workin' Dawgs and BBQ by Starr Burger  
 Also, face painting and interaction with therapy animals  
 To register, visit **novasark.ca** or email: **friendshipwalk.novasark@bell.net**

**Tues., June 19: RCMP Musical Ride at Windreach Farm**  
 Shows at 12:30 pm and 5:15 pm  
 \$25 for adults/\$15 for children  
 312 Townline Road, Ashburn

For tickets and info.: **windreachfarm.org**  
 Parking included.  
 Refreshments available to buy

**Fri., June 22: 4:00 - 5:00 pm (4th Friday of each month)**  
**Teen Leadership Council at Brooklin Library**  
 Whitby Library's Brooklin Branch seeks Teen Leadership Council members to share ideas & assist with special events and programs. Grade 9-12 students earn community service hours. Snacks provided. No registration required.  
 For information, email **teenservices@whitbylibrary.ca**.

**Tues., June 26: 7 pm - Brooklin Heritage Society**  
 A general membership meeting at the Brooklin Legion upstairs.

**Wed., June 27: 7:30 pm - Brooklin Horticultural Society**  
 Guest speaker Bill Peel: "Catch the Photo, Capture the Memory." He will share stories that have coloured his life and different mediums to share memories.

**French Family Storytime:**  
 Children and their caregivers can join Madame Sue for weekly French Family Storytime! A half hour of French stories and songs, with a dash of English! Drop in at Central Library's Children's Program Room

**Tuesdays: 7:25 pm: Brooklin Toastmasters Club**

If you have a community not-for-profit event you would like included in the calendar, please email it to **editorofBTC@gmail.com** with the subject line "calendar." Priority will be given to Brooklin events. Some editing may occur.

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# Candidates: Lately On Tolls

**Lorne Coe - PC:**  
On June 3, Lorne Coe announced that if the PC Party forms government the first priority of Durham Region PC MPPs will be to advocate strongly for the removal of the tolls from the 412 and 418 Highways, running North-South between the 401 and the 407.

“All Durham candidates believe removing the tolls from the 412 Highway and not tolling the 418 is the right thing to do as it will help keep life more affordable for families and drivers in Durham,” said Coe. “Removing the tolls will also help to reduce traffic congestion on our local roads and allow people to spend more time with their family and friends.”

**Niki Lundquist - NDP:**  
Durham Region NDP candidates Niki Lundquist, Jennifer French and Joel Usher announced June 1 that Andrea Horwath and the NDP will remove the tolls from Highway 412, and prevent the roll-out of tolls on planned Highway 418.

“The 412 is the only toll road in the province that connects its community in the north to its community in the south,” said Lundquist, “Adding these tolls hurt families, and drivers have avoided using the 412. The result is more traffic on local and side streets – which means more accidents, interference with emergency

vehicles, and more noise and air pollution.”

Lundquist is a founding member of the Free the 412 group.

“As we eliminate tolls on the 412, the NDP will continue building GO Regional Express Rail, so people commuting between Durham and downtown Toronto have frequent, reliable, affordable commuting options,” said Lundquist.

Eliminating tolls will move drivers onto Highway 412, and get them off regional, arterial and residential roads. This announcement follows a resolution passed by the Town of Whitby in 2016 calling for a removal of the tolls, which was also endorsed by the City of Oshawa and regional councillors.

“The Liberals worked with private companies to establish these tolls, and the Conservatives would be even worse – advocating for user fees and privatization every chance they get,” said Lundquist. “Let’s not go from bad to worse. Instead, we can have a premier that is fully committed to removing the unfair tolls on Highway 412 and stopping the planned tolls for highway 418. That’s one of the changes for the better this region needs.”

**Leisa Washington - Liberal**  
(Crickets.)

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Not intended to solicit those under contract.



Plant-Based Eating *by Sheree Nicholson*



Salad bowls

Big, hearty salad bowls are a great lunch idea as you can pack them full of plant-based proteins and greens. They're easily digestible so you won't suffer that head dropping tired spell in the afternoon.

I got the idea from a Starbucks high protein vegan salad I purchased one day. I thought the price was a little high and decided I could make it better myself. What I love about salad bowls is how fast they are to make. I pre-cook vegetables and brown rice on Sunday, buy a bag of greens and other toppings I might think of. Then at night or in the morning, I grab a bit of this and a bit of that from the food containers with my pre-cooked food. I add about a ¼ cup of brown rice to my salads as I find it helps me to feel fuller longer.

A favourite salad bowl this week contained spring mix, baked sweet potato, roasted red pepper strips, brown rice and chick peas. There are endless combinations but I find the key to their staying power is the brown rice, or something hearty in them. I've added stir-fried tofu, chopped baby potatoes, spiralized zucchini noodles, edamame, pumpkin seeds and more.

Dressing it up

One of the best parts of a salad is the dressing. I generally will make my own because commercial dressings tend to be high in sugar, bad fats and sodium. I have several favourite homemade salad dressings and the below hemp seed dressing is one. If

you're looking for a great pre-made vegan Caesar salad dressing, I recently purchased one from Lil Organic Kitchen in Whitby.

Hemp seeds, often called hemp hearts, are the seeds of the hemp plant and are a powerhouse of nutrients. They're a complete protein, containing not only all 20 amino acids but also each of the nine essential amino acids our bodies cannot produce. They're an excellent 3:1 balance of omega-3 and omega-6 fatty acids, which promote cardiovascular health. They are virtually tasteless so they go great in smoothies, salads, oatmeal and I even sprinkle them on toast with peanut or almond butter.

Hemp seed dressing:

- 1/2 cup hulled hemp seeds
- 1/2 cup water
- 2 tablespoons nutritional yeast
- 2 tablespoons fresh lemon juice
- 1 clove garlic, peeled
- 1/4-1/2 teaspoon fine grain sea salt, to taste

This dressing can become quite creamy. Nutritional yeast does have a sharper flavour so it's often used as an ingredient in cheese substitutes. If you find the flavour too much cut back to 1 tablespoon of the yeast and reduce your water a bit.

**Sheree's Hack:** Double the recipe for a healthy dip for raw veggies. Did you know a cup of broccoli has about 3 grams of protein in it? This makes it a great snack.

2018 Whitby Election Workers Needed

The next Whitby municipal election will be on Monday, October 22. The Town seeks election workers as more than 150 people will be scheduled to work at designated voting locations Which will be set up at local schools and community gathering places.

Residents can apply for positions and find more information – including position descriptions and duties, qualifications, work hours, training and pay rates – at whitby.ca/vote. The deadline to apply is June 14, 2018, at 4:30 p.m. Only those selected for an interview will be con-

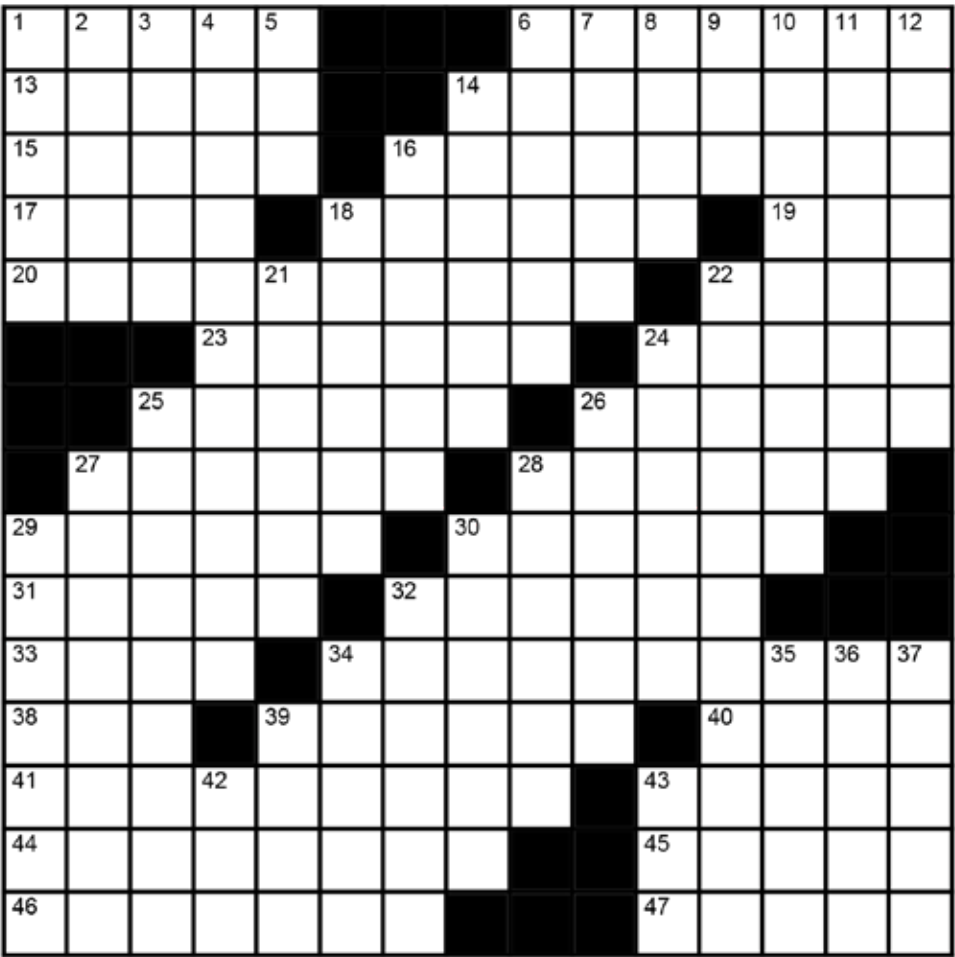
tacted. Interviews will take place in late June and early July.

Some positions being hired include Vote Tabulator Operator, Deputy Returning Officer, Poll Clerk, Revision Clerk and Greeters. The Town is looking for residents with previous election experience, intermediate to advanced computer skills, and the ability to deliver excellent customer service.

For more information, visit whitby.ca/vote, email [elections@whitby.ca](mailto:elections@whitby.ca) or call 905-430-4315.

Brooklin Bafflers: *by Liz Lowe*

Crossword



Across

- 1 Resell illegally  
6 Lacking courage  
13 Handle the food for a party  
14 An admission of guilt  
15 Science  
16 Worship that admits or tolerates all gods  
17 Earthen pot  
18 Fraudulent  
19 Pack animal  
20 One of the mourners carrying the coffin at a funeral  
22 Soup vegetable  
23 Throat part  
24 Grounds  
25 The basic units of money in Sierra Leone  
26 Hush-hush  
27 Large oval fruits  
28 Secret stores of valuables or money  
29 Invoke upon (verb)  
30 Placed temporarily  
31 Willow twig  
32 Argentine shortstory writer, essayist, poet and translator  
33 Consumer  
34 A device for changing

- one substance, form or state into another  
38 Dissenting votes  
39 Piglets  
40 Cambodian currency  
41 Growing to a large number or quantity  
43 Middle Eastern confection made with sesame seeds and honey syrup  
44 Corrections  
45 Depleted  
46 Kitchen set  
47 The part of the leg below the ankle joint

Down

- 1 Inside info  
2 Kind of lily  
3 Lagoon surrounder  
4 Monetary system  
5 Snoop  
6 Aromatic herb having edible seeds, leaves and stems  
7 Foodie  
8 Sore  
9 French way  
10 Flashed intermittently  
11 A sudden forceful flow

- 12 Censure severely or angrily  
14 Relatives of Tahitians  
16 Moon stages  
18 A long flag; often tapering  
21 Dried nasal mucus  
22 Plan and control how a complex undertaking is done  
24 Something constructed with multiple levels  
25 Don Juan  
26 Some N.C.O.'s  
27 The longest river in the United States  
28 Engraves or cuts by chipping away at a surface  
29 Ejected from the premises  
30 Neural structure  
32 A slipper that is soft and wool (for babies)  
34 Navigational aid  
35 Lubricated  
36 Musical show  
37 High-fives  
39 Slovenly woman  
42 Apply  
43 Accident

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**WORSHIP DIRECTORY**

**Burns Presbyterian Church**  
765 Myrtle Rd West  
(just 4 minutes north of Brooklin)  
10am Worship, Kids Zone Fun & Nursery Care  
"Discovering God, Sharing God's Love"  
905.655.8509 [www.Burnschurch.org](http://www.Burnschurch.org)

**St. Thomas' Anglican Church**  
101 Winchester Road East  
Sunday Services: 8:30 and 10:30 am  
Sunday School & Nursery Program (10:30am)  
Wednesday 10:00 a.m.  
Communion and Healing Service  
905-655-3883  
[www.stthomasbrooklin.ca](http://www.stthomasbrooklin.ca)

**Brooklin United Church**  
19 Cassels Rd. E.  
Sunday Services at 10:30 am  
Sunday School & Nursery Care  
[www.brooklinunited.ca](http://www.brooklinunited.ca) 905-655-4141  
Come catch the Spirit!

**Renaissance Baptist Church of Brooklin**  
40 Vipond Road (Just West Of Library)  
Sunday Worship & Kids Program 10:30 a.m.  
905-655-4554 [www.brooklinrbc.ca](http://www.brooklinrbc.ca)  
We're here for Brooklin!



# BHS Hosts Ramadan Dinner

Brooklin High School held its second annual Ramadan Iftaar Dinner on May 30. The evening brought in almost 100 staff, students and community members as well as board personnel, including the Durham Board of Education Director, Lisa Millar.

Saamah Jadoon and Naima Shah, the event organizers and teachers at Brooklin High School, started this event last year. The positive response encouraged them to do it again.

The evening was about building community and sharing. It allowed many to understand the meaning behind fasting which is practiced by Muslims all over the world during the month of Ramadan. All guests got to enjoy a dinner buffet catered by five different vendors across the region of various ethnic foods.

Celine Kassem, a grade 12 student spoke on her experience as a newcomer to Brooklin and how welcomed she felt. Sarah Matthews, a grade 12 student, and Matt Parfitt, a teacher, also participated in fasting and were recognized at the Iftaar Dinner for their efforts.



photos by Andrew Ali

1 SCALP 5 FEARFUL

13 CATER 14 MEACULPA

16 OLOGY 18 PANTHEISM

19 OLLA 21 PHONEY 23 CUB

26 PALL 28 BEARER 30 OKRA

33 TONSIL 34 DREGS

37 LEONES 38 SECRET

41 MANGOS 42 CACHES

45 BIDDEN 46 PARKED

49 OSIER 50 BORGES

53 USER 54 CONVERTORS

57 NOS 58 SHOTES 60 RIEL

63 CUMULATES 64 HALVA

67 ERASURES 68 ATEUP

71 DINETTE 72 PEDES

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Blooming in Brooklin By Ken Brown

Heat - and vinegar



Apparently we've just experienced the hottest month of May though I didn't need the weather channel to tell me. I've been in the garden living it.

Why does a gardening column focus so much on the weather? They're such intertwined subjects that it's impossible to comment on the former without discussing the latter. When gardeners gather, we spend more time discussing weather than about our newest plants and weed control techniques.

Anyway, my usual late May routine is to plant the warm weather vegetables because they don't appreciate cool nights. Lately I've been struggling to get them planted and keep them watered as the heat dries out the plants and the soil.

I usually put a new pepper plant in the soil, water it, and then move on to the next bunch of plants. Last week I spent the first part of every day watering yesterday's plantings before even thinking about today's. By then it was too hot in the garden.

Too much weeding

As to weed control, I'm exhausted by constant weed pulling, but I care about the vegetables I eat and the

health of our planet. I will not use, except in unusual circumstances, weed control chemicals sold in stores. Glyphosate, sold as Roundup, is the most widely used herbicide in Canada and it continues to be approved for many agricultural uses. It's also available to consumers though it's only registered for controlling noxious weeds such as poison ivy.

There must be acres of poison ivy around judging by the huge stacks of Roundup in every big box store. I will not use it anywhere near any soil that's going to produce food, which is most of my yard. Vinegar, by the way, is a great herbicide. It just burns the leaves of almost anything it touches and kills all annual weeds. After a couple of applications, most perennial weeds just run out of energy and die as well.

The vinegar we put on our fries will have no effect on vegetation. It's too weak since it re-

quires at least 10% acetic acid to be useful as a herbicide. Tired of weeding, I sought a source for 10% vinegar and discovered that it's available in the household cleaning products aisle at Canadian Tire.

But the smell works

I shouldn't tell you this since the rush

to empty the shelves will reduce its availability. I don't use it straight from the bottle. It requires the addition of an ounce or two of dish soap and a few tablespoons of vegetable oil. These products act as surfactants to disperse the acetic acid and help it penetrate the waxy coating in many leaves. Its effects will be noticeable by the next day and it's inexpensive. Your yard will smell like a fish and chip estery for a few hours but that's not a bad thing.

Meanwhile, my new tuberous begonias have started beautifully and will be moved into 20 cm pots so they can brighten up my shady deck for the summer. I usually leave them out in the autumn until the frost takes the tops off, but last fall the first frost was - 7 C and it made mush of the tubers. What an excellent opportunity to buy the new fancy varieties I have growing and making me anxious to see just how wonderful their blooms will be. There's always an upside in gardening.

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**Tuesday June 19, 2018**



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Arrive 1 hour prior to show time to ensure seating and parking  
Tickets - \$25 per adult, \$15 per child  
WindReach Farm, 312 Townline Road, Ashburn



Visit [windreachfarm.org](http://windreachfarm.org) for tickets, more information, and directions.

Event will take place rain or shine! Parking included in ticket price. A variety of refreshments will be available for purchase on-site prior to show time. Don't miss the exciting opportunity to see the RCMP Musical Ride and to visit with horses and officers after the show.



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