

Race Date  
April 30, 2016

# Inaugural Mental Health Association 5K

## Age Group Results

### 5K Run/Walk

#### Male Winners

<u>Place</u>	<u>Name</u>	<u>City</u>	<u>Age</u>	<u>Bib No</u>	<u>Overall</u>	<u>Time</u>	<u>Pace</u>
1	Brandon Rinchack	Vero Beach FL	21	5956	1	20:48.31	6:43/M

#### Male Masters Winners

<u>Place</u>	<u>Name</u>	<u>City</u>	<u>Age</u>	<u>Bib No</u>	<u>Overall</u>	<u>Time</u>	<u>Pace</u>
1	Chris Edwards	Vero Beach FL	45	5915	2	22:09.58	7:09/M

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#### Male 14 and Under

<u>Place</u>	<u>Name</u>	<u>City</u>	<u>Age</u>	<u>Bib No</u>	<u>Overall</u>	<u>Time</u>	<u>Pace</u>
1 *	Jody Ross	Vero Beach FL	4	5902	33	34:16.42	11:03/M
2 *	Jacob Smith	Vero Beach FL	9	5904	59	52:25.85	16:55/M
3 *	Aidan Ross	Vero Beach FL	14	5901	62	56:15.57	18:09/M

#### Male 15 to 19

<u>Place</u>	<u>Name</u>	<u>City</u>	<u>Age</u>	<u>Bib No</u>	<u>Overall</u>	<u>Time</u>	<u>Pace</u>
1 *	Zane Shadowen	Ft. Pierce FL	15	5965	6	25:31.33	8:14/M
2 *	Jacob Schwarz Jr	Sebastian FL	17	5964	53	46:30.56	15:00/M

#### Male 20 to 29

<u>Place</u>	<u>Name</u>	<u>City</u>	<u>Age</u>	<u>Bib No</u>	<u>Overall</u>	<u>Time</u>	<u>Pace</u>
1 *	Stevie Ray Stark	Vero Beach FL	24	5914	12	27:11.51	8:46/M

#### Male 30 to 39

<u>Place</u>	<u>Name</u>	<u>City</u>	<u>Age</u>	<u>Bib No</u>	<u>Overall</u>	<u>Time</u>	<u>Pace</u>
1 *	Chris Holbrook	Vero Beach FL	35	5959	11	27:10.44	8:46/M
2 *	Mark Gerstung	Ft Pierce FL	38	5968	16	28:16.11	9:07/M
3 *	Duane Radcliff	Wheat Ridge CO	38	5895	30	33:10.69	10:42/M
4	Jacob Schwarz Sr	Sebastian FL	38	5937	54	46:44.98	15:05/M

#### Male 40 to 49

<u>Place</u>	<u>Name</u>	<u>City</u>	<u>Age</u>	<u>Bib No</u>	<u>Overall</u>	<u>Time</u>	<u>Pace</u>
1 *	Marc McCain	Vero Beach FL	41	5962	4	23:22.26	7:32/M
2 *	Jonathan Blackburn	Vero Beach FL	40	5971	5	24:19.64	7:51/M
3 *	Jimmy Smith	Vero Beach FL	47	5906	56	49:34.03	15:59/M
4	Tom Wilson	Vero Beach FL	41	5942	64	56:38.50	18:16/M

#### Male 50 to 59

<u>Place</u>	<u>Name</u>	<u>City</u>	<u>Age</u>	<u>Bib No</u>	<u>Overall</u>	<u>Time</u>	<u>Pace</u>
1 *	Barron Davis	Eastlake CO	56	5909	10	26:18.60	8:29/M
2 *	Lance Kimball	Vero Beach FL	51	5888	13	27:34.34	8:54/M
3 *	Tim Collins	Vero Beach FL	55	5923	37	37:39.86	12:09/M
4	Mike Shupe	Micco FL	54	5945	69	57:01.76	18:24/M

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#### Male 60 to 69

<u>Place</u>	<u>Name</u>	<u>City</u>	<u>Age</u>	<u>Bib No</u>	<u>Overall</u>	<u>Time</u>	<u>Pace</u>
1 *	Doug Bickerstaff	Vero Beach FL	66	5907	3	23:06.24	7:27/M
2 *	Frank McDonald	Sebastian FL	64	5890	7	25:47.13	8:19/M
3 *	Alan Madison	Vero Beach FL	67	5897	20	30:15.81	9:45/M
4	Peter Connelly	Island Falls ME	68	5950	25	31:14.95	10:05/M
5	Richard Radcliff	Vero Beach FL	62	5894	26	31:47.52	10:15/M
6	John Feasel	Vero Beach FL	60	5967	27	32:04.06	10:21/M
7	Gary Silverman	Vero Beach FL	65	5892	66	56:41.96	18:17/M

#### Male 70 to 79

<u>Place</u>	<u>Name</u>	<u>City</u>	<u>Age</u>	<u>Bib No</u>	<u>Overall</u>	<u>Time</u>	<u>Pace</u>
1 *	T Kinkead	Vero Beach FL	78	5900	31	33:19.52	10:45/M
2 *	Jim Palinkas	Vero Beach FL	71	5913	42	40:06.46	12:56/M
3 *	James McSweeney	Vero Beach FL	76	5903	48	41:11.86	13:17/M

#### Male 80 and Over

<u>Place</u>	<u>Name</u>	<u>City</u>	<u>Age</u>	<u>Bib No</u>	<u>Overall</u>	<u>Time</u>	<u>Pace</u>
1 *	Don Palinkas	Vero Beach FL	81	5954	43	40:18.60	13:00/M
2 *	Walter McNeill	Vero Beach FL	80	5961	49	44:24.43	14:19/M

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### 5K Run/Walk

#### Female Winners

<u>Place</u>	<u>Name</u>	<u>City</u>	<u>Age</u>	<u>Bib No</u>	<u>Overall</u>	<u>Time</u>	<u>Pace</u>
1	Lenora Ritchie	Vero Beach FL	46	5922	8	26:14.35	8:28/M

#### Female Masters Winners

<u>Place</u>	<u>Name</u>	<u>City</u>	<u>Age</u>	<u>Bib No</u>	<u>Overall</u>	<u>Time</u>	<u>Pace</u>
1	Maria Lawson	Vero Beach FL	52	5921	9	26:14.40	8:28/M

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### 5K Run/Walk

#### Female 20 to 29

<u>Place</u>	<u>Name</u>	<u>City</u>	<u>Age</u>	<u>Bib No</u>	<u>Overall</u>	<u>Time</u>	<u>Pace</u>
1 *	Brittany Corr	Vero Beach FL	27	5972	14	27:46.95	8:57/M
2 *	Lauren Collins	Vero Beach FL	21	5924	22	30:39.37	9:53/M
3 *	Noel Kreger	Vero Beach FL	25	5893	36	36:30.79	11:46/M
4	Victoria Graham	Sebastian FL	28	5941	45	40:57.17	13:13/M
5	Kyra Hagan	Vero Beach FL	29	5969	60	52:29.44	16:56/M
6	Nichole Johnson	Vero Beach FL	24	5934	75	1:00:04.28	19:23/M

#### Female 30 to 39

<u>Place</u>	<u>Name</u>	<u>City</u>	<u>Age</u>	<u>Bib No</u>	<u>Overall</u>	<u>Time</u>	<u>Pace</u>
1 *	Astra VanDyke	Vero Beach FL	37	5896	24	31:11.11	10:04/M
2 *	Jennifer Rogers	Vero Beach FL	39	5953	28	32:42.33	10:33/M
3 *	Sherise Molten, Rn	Vero Beach FL	31	5917	32	33:36.34	10:50/M
4	Monica Holbrook	Vero Beach FL	32	5958	40	39:18.48	12:41/M
5	Kristinia Harp	Vero Beach FL	39	5933	50	46:18.61	14:56/M
6	Shawnii Woodward	Sebastian FL	38	5939	51	46:19.79	14:56/M
7	Carolyn Rinella	Vero Beach FL	35	5947	63	56:37.54	18:16/M
8	Jennifer Sowa	Vero Beach FL	35	5930	70	59:07.59	19:04/M
9	Lisa Borda	Vero Beach FL	35	5936	77	1:01:08.60	19:43/M

#### Female 40 to 49

<u>Place</u>	<u>Name</u>	<u>City</u>	<u>Age</u>	<u>Bib No</u>	<u>Overall</u>	<u>Time</u>	<u>Pace</u>
1 *	Terri Caruana	Fort Pierce FL	41	5966	18	29:39.56	9:34/M
2 *	Jacqueline Gibbons	Woodbridge CT	48	5952	21	30:21.53	9:47/M
3 *	Charleen McDonald	Vero Beach FL	43	5929	34	34:46.91	11:13/M
4	Pam Isenburg	Far Hills NJ	48	5951	38	38:33.45	12:26/M
5	Heather McCormack	Vero Beach FL	40	5916	41	40:01.71	12:55/M
6	Briseida Neuberger	Vero Beach FL	44	5910	44	40:32.90	13:05/M
7	Rhonda Smith	Vero Beach FL	46	5905	61	52:36.58	16:58/M
8	Sandra Smith Ross	Vero Beach FL	46	5948	67	56:43.26	18:18/M
9	Becca Mason	Vero Beach FL	46	5935	71	59:30.59	19:12/M
10	Angela Ryan	Vero Beach FL	41	5932	72	59:58.33	19:21/M
11	Rachel Hancock	Fort Pierce FL	41	5943	73	59:59.80	19:21/M
12	Diane Burns	Vero Beach FL	46	5940	74	1:00:02.50	19:22/M
13	Kathy Zebrowski	Fort Pierce FL	49	5944	76	1:01:07.86	19:43/M

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#### Female 50 to 59

<u>Place</u>	<u>Name</u>	<u>City</u>	<u>Age</u>	<u>Bib No</u>	<u>Overall</u>	<u>Time</u>	<u>Pace</u>
1 *	Cathy Davis	Eastlake CO	55	5908	15	27:59.61	9:02/M
2 *	Iris Madison	Vero Beach FL	59	5898	19	30:01.68	9:41/M
3 *	Arleen Alter	Vero Beach FL	57	5970	29	33:09.15	10:42/M
4	Susie Von Rosenvinge	Groton MA	52	5963	46	40:59.01	13:13/M
5	Cindy Perry	Vero Beach FL	53	5918	47	40:59.08	13:13/M
6	Donna McGrath	Vero Beach FL	54	5887	55	46:53.34	15:07/M
7	Donna Wooland	Tallahassee FL	57	5957	58	51:00.50	16:27/M
8	Carol Silverman	Vero Beach FL	59	5891	65	56:40.57	18:17/M
9	Kathy Shupe	Micco FL	57	5946	68	57:00.36	18:23/M

#### Female 60 to 69

<u>Place</u>	<u>Name</u>	<u>City</u>	<u>Age</u>	<u>Bib No</u>	<u>Overall</u>	<u>Time</u>	<u>Pace</u>
1 *	Heidi Fritz	Vero Beach FL	61	5955	17	29:30.58	9:31/M
2 *	Pat Palinkas	Vero Beach FL	66	5912	35	35:23.03	11:25/M
3 *	Katha Kissman	Vero Beach FL	60	5911	52	46:24.99	14:58/M
4	Mary Reynolds	Vero Beach FL	62	5928	57	50:59.00	16:27/M

#### Female 70 to 79

<u>Place</u>	<u>Name</u>	<u>City</u>	<u>Age</u>	<u>Bib No</u>	<u>Overall</u>	<u>Time</u>	<u>Pace</u>
1 *	Roberta McNeill	Vero Beach FL	78	5960	23	30:54.19	9:58/M
2 *	Beverly Kinkead	Vero Beach FL	75	5899	39	39:07.90	12:37/M