



# The Institute for Global Outreach

*Presents our 7<sup>th</sup> Annual*

## Walk for Humanity Baton Rouge And 5K (3.1 Mi) Race

Riverwalk Downtown across from River Center  
275 South River Road, March 21, 2020 -8:00 a.m.

**Entry Fee:** Pre-Registration is \$25.00 by March 7th. March 8<sup>th</sup> – March 20<sup>th</sup> is \$30.00. Race Day fee will be \$35.00. Students - \$15.00. Children 12 and under - \$10.00. You may register with **CASH OR CHECK** made out to “The Institute for Global Outreach” and mailed to 1024 Pierre Avenue, Shreveport - 71103. Or **sign up online at [www.eventbrite.com](http://www.eventbrite.com)**. Direct link - <https://www.eventbrite.com/e/walk-for-humanity-baton-rouge-tickets-88542084759>

**Packet Pick Up:** Every pre-registered participant will receive an official “Walk for Humanity” 2020 T-shirt that can be picked up Race Day at 7:00 a.m. at the race site. (Downtown on the Riverwalk across from the River Center 275 South River Road)

**Location:** Participants will meet on the Riverfront where the event will take place. The 1 mile walk will start at 8:00 a.m. and the 5k (3.1 mile) run/walk will start at 8:30 a.m. The course is along the river on the riverwalk).

**Post Event:** Stick around to learn more about the Institute for Global Outreach and enjoy refreshments! You can also learn more at [www.IGOCares.org](http://www.IGOCares.org).

**Special Note:** Under RRCA regulations, absolutely no baby joggers, strollers, bikes, skate devices.

**Online Registration link — <https://www.eventbrite.com/e/walk-for-humanity-baton-rouge-tickets-88542084759> (Eventbrite.com)**

### Waiver & Release

In consideration of my being admitted to enter “Walk for Humanity”, I, for myself, my heirs, and assigns, executors and administrators, do hereby forever release and discharge **RRCA and The Institute for Global Outreach and all sponsors**, their employees and agents, of and from any and all claims or demands for damage, injuries, or liability, in any manner arising out of participation in this event. I agree to indemnify and hold harmless the parties released above from any claims or demands for damages, for injuries or liability, in any way arising out of my participation in this event. I certify that I have prepared myself for this race and that I am in adequate physical condition to complete the event I have entered. I agree to follow all rules of this race and to permit myself be removed from the competition if in the opinion of Race Management that continuing would endanger my health.



## Official Walk for Humanity Form Saturday, March 21, 2020



Last Name \_\_\_\_\_ First Name \_\_\_\_\_

Address \_\_\_\_\_ City \_\_\_\_\_ State \_\_\_\_\_ Zip \_\_\_\_\_

Please Circle ONE: 1 Mile Run/Walk

5K Run/Walk

Sleep Late-Donate

I am running/walking for Team: \_\_\_\_\_

Date of Birth: \_\_\_\_/\_\_\_\_/\_\_\_\_ Phone number: \_\_\_\_\_ Sex: Male or Female

Email address: \_\_\_\_\_

T-shirt Size: (PLEASE CIRCLE) YM YL S M L XL (2XL add \$2.00) (3XL add \$3.00)

I understand and agree to all conditions of waiver. Signature \_\_\_\_\_

Parent/Guardian Signature if under 18 years old \_\_\_\_\_