



TRAUMA RESPONSE AND INTERVENTION MOVEMENT

RESPONDING TO, RECOVERING FROM, REDUCING AND REMOVING TRAUMA AND VIOLENCE 8-BLOCKS AT A TIME



The Spirit of Giving

Christmas cheer was spread throughout TR4IM's 8-Block sector. Many of the families residing in the 8-Block sector received gifts and gift cards. **I AM ABLE Center for Family Development, Illinois Action for Children, and PIE** (Plan, Implement, Evaluate) donated over \$4000 in cash and gifts to be distributed to families. Names were selected at random by I AM ABLE/TR4IM partners and gifts were delivered to resident's front doors. The gifts and gift cards were a welcomed relief to families during the Christmas holiday.

Families also benefitted from the generosity of Harmony Church. Harmony Church provided turkeys to the residents of the 8-Block Sector and were delivered by the TR4IM 'elves.' The 10th District police station also welcomed our families to receive toys for their children.

TR4IM and its 8-Block sector residents are extremely grateful for the generosity of our Partners.



AND THE GIVING CONTINUES...

Special thanks to **Robert Wood Johnson Foundation** as TR⁴IM was extremely fortunate to receive a grant for \$6,500 which was used to purchase PPE (masks, hand sanitizer, and Ivory soap). The team distributed PPE to the residents in the 8-block sector once in November, and twice during the month of December. Prior to receiving the items, a survey was completed by the families to determine the size of the household, and approximately how many items would be needed to properly assist. There were over 2,889 masks, and bottles of hand sanitizers distributed. Additionally, over 5,778 bars of Ivory soap were distributed.



TR⁴IM was able to set up a schedule through the end of the year regarding our Consortium for Committees (CFC) distributions where ten families received over two hundred pounds of food from Costco. That is an average of over 4,000 pounds for the months of November and December.

Special thanks to our partners at **Harmony Community Church** who continue to provide food to thirty-six Senior Citizens in the 8-block sector. The TR⁴IM team distributed over 1,400 pounds of food, including turkeys to all of the Seniors during the months of November and December. Thanks to **Robert (ROC) Calhoun** from **Men Making A Difference** and the TR⁴IM team, who together contacted our non-seniors, making them aware of turkeys that were available. ROC and his team delivered over 50 turkeys to residents in the 8-block sector.



THE TR⁴IM TEAM

Victoria D. Taylor, TR⁴IM Coordinator

Victoria was born in North Lawndale, and a graduate of Westinghouse A.V.H.S and Malcolm X College. She is currently enrolled at Southern New Hampshire University and believes you are never too old to learn. Victoria has lived and worked on the westside of Chicago most of her life and has seen both the growth and struggles affecting our neighborhood.

"I feel blessed and truly grateful for the opportunity to work at I AM ABLE where I can lend my knowledge and passions to help move our communities forward."



Tracy Daniel, TR⁴IM Case Manager

Tracy has served in the social service field over 20 years. She was born and raised in North Lawndale. Tracy completed high school on the west side of Chicago and obtained her Bachelor of Arts while attending Grambling State University in 1988.

As the TR⁴IM Case Manager, Tracy spends her time out in the neighborhood, meeting residents and connecting them to TR⁴IM Community Partner Agencies.

"I remain dedicated to my community through my role as Case manager and an 8-Block Sector Leader for my block, Central Park Avenue."



Floyd Vaughn III, TR⁴IM Resource Case Manager

Floyd is the newest member to the TR⁴IM team. He was born and raised in the community and states, "I have seen us at our best and worst of times."

"I've had the privilege to witness the unlimited potential we possess. From the athletes to the artists, to the intellectuals, our creative insight on ways to survive and maintain breeds genius."

Floyd attended Blessed Sacrament Our Lady of Lords grade school where he, "experienced the grace and love we all have inside of us."

Floyd has been involved in several local basketball programs, including: Hoop-Stars with Steven Space, Homan Square Park District with Sonny Parker, Shed Park and Garfield Park.

Floyd has been involved in the neighborhood from every block and every corner with Caring People Outreach, NHS and now TR⁴IM services. ***"I am very enthusiastic about us developing as a community and I am honored to be a part of such a great group of neighbors."***



TR⁴IM'S BLOCK BY BLOCK MODEL HELPING GET FOOD TO SENIORS

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A West Side food pantry is partnering with a local block club network to make deliveries to seniors struggling to access food.

The block club network, organized by social service agency **I AM ABLE**, works with the Harmony Community Church food pantry to have groceries delivered weekly to seniors in need.

"It actually turned out to be something that was essential for keeping seniors safe," said Diane Carioscio, director of Harmony's food pantry. "Since COVID-19 has come in ... it's hitting the seniors. They're telling 60-year-olds and above to stay home.

"Deliveries are going to seniors in the area bounded by 16th Street, Ogden Avenue, Ridgeway Avenue and Central Park Avenue. Blocks in the area are part of **I AM ABLE's Trauma Response and Intervention Movement, known as TR⁴IM**, which tackles the root causes of trauma and violence by building hyperlocal support networks within eight-block sectors of the West Side.

"Our goal is to meet people where they are, to address the trauma and any issues and challenges they may have," said Tracie Worthy, a former eight-block leader who is now a vice president for I AM ABLE.

Residents in the block club network have relationships with one another, so they know what kinds of challenges their neighbors face and the type of support they need. To bolster the mutual support neighbors in the area give each other, **I AM ABLE** has partnerships with more than 30 community groups "that we can make referrals to provide support and assistance to the people who live in that eight-block sector," Worthy said.

Years ago, when Worthy was an eight-block leader, she'd spoken to an elderly neighbor who struggled to get food because of mobility issues that made it difficult to leave the house. "I offered to go down to Harmony to get food for her," Worthy said.



In late 2019, when the food pantry started seeking grants to improve local food access, Carioscio remembered hearing from Worthy about how hard it was for seniors in the network to get groceries. The pantry then won funding from the RRF Foundation for Aging to develop the program in partnership with I AM ABLE's block club network.

The deliveries began last winter. Worthy worked with another eight-block leader to drop off food provided by Harmony for seniors biweekly. After finding success

doing deliveries to around eight seniors, they partnered with the **Men Making A Difference** neighborhood group to extend their reach.

By the time the stay at home order hit last March, it was evident how crucial the deliveries were to seniors, who are among the most vulnerable to coronavirus. Organizers responded to the surge in need by shifting to weekly deliveries to seniors in the block club network.

"We're already in a food desert, so it's not like you can run to the corner store or go to the grocery store. People have transportation issues, so they already couldn't get out in the best of circumstances," Worthy said.

The program now makes deliveries to about 40 seniors in the eight-block sector each week, Carioscio said.

By partnering with **I AM ABLE**, the food pantry is able to take advantage of the tight-knit social infrastructure the block club network has been building for years. Having a relationship-driven food delivery model allows the pantry to more easily identify the seniors who need food and check in to see what other support they might want, Carioscio said.

"They're able to make wellness checks every week when they're calling to let them know the food is coming. They can also ask how they're doing and see that their seniors in their area are doing well. And on the other hand, the seniors aren't opening their doors to people they don't know," Carioscio said.

Pascal Sabino is a Reporter for America Corps member covering Austin, North Lawndale and Garfield Park for Block Club Chicago.



FAMILY ACTIVITY CORNER

THE  FEELINGS GAME		
FOR EVERY		SHARE
Red		One thing that makes you HAPPY .
Brown		One thing that makes you SAD .
Green		One thing that makes you ANGRY .
Yellow		One thing that makes you EXCITED .
Blue		One POOR CHOICE you made today and what you could have done differently.
Orange		One GOOD CHOICE you made today.

1. Get a bag of your favorite M&M's

2. Take turns pulling a candy from your bag.

3. Share 'one thing' that matches the candy color you pulled.

FAMILY ACTIVITIES BINGO!

See how many activities you and your family are able to complete! Can you get five in a row? Can you get the whole board?!

GO ON A BIKE RIDE!	GO SIGHT-SEEING IN YOUR TOWN!	CLEAN THE WHOLE HOUSE TOGETHER!	GO ON A NATURE HIKE!	HAVE A TALENT SHOW NIGHT!
HAVE A GAME NIGHT!	CREATE A PHOTO ALBUM!	LEARN A NEW SKILL TOGETHER!	PLAN AND COOK A MEAL!	GO ON A PICNIC!
GO CAMPING!	HAVE A FAMILY MOVIE NIGHT!		COMPLETE A LARGE PUZZLE TOGETHER!	VISIT A HISTORICAL SITE!
VOLUNTEER TOGETHER!	WRITE AND DRAW A BOOK TOGETHER!	VISIT A PARK IN THE NEXT TOWN OVER!	PLAY A SPORT TOGETHER!	BORROW BOOKS FROM THE LIBRARY AND READ TOGETHER!
PLANT A GARDEN IN YOUR YARD!	HAVE A WATER BALLOON FIGHT!	CREATE A BOARD GAME TOGETHER!	EXERCISE AS A FAMILY!	LEARN AN INSTRUMENT TOGETHER!



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TR⁴IM is the social cohesion model of Trauma Informed Care, sponsored by **I AM ABLE Center for Family Development, Inc.**, and its collaborative partner network and community residents. North Lawndale residents from 16th-Ogden and Central Park to Ridgeway (TR⁴IM's first 8-block sector) can enroll in TR⁴IM's partner agency services by calling **773-840-8082** and through the website: **www.tr4im.org**.