

## Boaden Catering - Sample Menu

M O N D A Y	AM Snack: Bagels & Cream Cheese
	Honey Garlic Chicken
	Steamed Rice with Carrots
	Red, Yellow & Green Pepper Sticks
	Milk
	Seasonal Fresh Fruit
PM Snack: Cranberry Loaf & Peach Preserves	

Veg Option: Grilled Vegetables and Tofu

T U E S D A Y	AM Snack: Cereal & Milk
	Grilled Cheese Burger on a Bun w/condiments
	Maple Baked Beans
	Steamed Diced Carrots
	Milk
	Seasonal Fresh Fruit
PM Snack: Arrowroot & Fruit	

Veg Option: Veggie Burger on a Bun

W E D N E S D A Y	AM Snack: Muffins
	Oven Roasted Turkey with Gravy
	Mashed Potatoes
	Cooked Carrots
	Whole Wheat Bread
	Milk
Seasonal Fresh Fruit	
PM Snack: Mini Croissant & Cream Cheese	

Veg Option: Veggie Patty with Gravy

T H U R S D A Y	AM Snack: Bread with No Nut Butter & Jam
	Filet of Sole
	Caesar Salad
	Steamed Rice with Carrots
	Milk
	Seasonal Fresh Fruit
PM Snack: Oatmeal Cookie & Fruit	

Veg Option: Vegetarian Nuggets

F R I D A Y	AM Snack: Cereal & Milk
	Hearty Italian Wedding Soup
	Cucumber Coins & Tomato Wedges
	Whole Wheat Buns
	Milk
	Seasonal Fresh Fruit
PM Snack: Trail Mix & Raisins	

Veg Option: Vegetarian Wedding Soup (Tofu)