



EMDR International Association Approved EMDR Therapy Consultations

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CONSULTATION CONTRACT & AGREEMENT

1. OVERVIEW:

- A. EMDR Therapy Consultations offered in this plan will cover 10 hours of Individual Consultations and 10 hours of Group Consultations meeting the EMDR International Association Guidelines for Certification as is currently in force.
- B. If additional requirements are stipulated by the EMDR International Association in the future, this Contract will be amended accordingly
- C. The Consultation Fee for the Individual Consultations is \$120 for a 60-minute session or \$80 for a 90-minute session shared by two Consultees. Each 90 minute shared session counts as 1 hour per participant.
- D. The Consultation fee for a 90 minute Group Consultation is \$50. The Group is limited to 6 participants.

2. Individual Consultations:

- A) Individual Consultations is being offered in Dyads, where each participant will have 45 minutes in a 90-minute session. This will count as a 60 minute Individual Consultation for each participant.
- B) The participants can learn from each other's experiences and gain from a more intensive discussions in a longer session format.
- C) It is recommended that the consultees pair-up as a dyad through the consultation process so that they can follow each other's cases from session to session. They can also offer peer support and exchange ideas outside the formal consultations

3. Group Consultations:

- A) Group consultations are 90 minutes long.
- B) The Group size is limited to 6 participants with an average of 15 minutes for each participant.
- C) It is a great idea to stay with the same cohort of consultees through the consultation process but is not essential. This helps group members to offer support and exchange ideas with each other outside the formal consultations

4. Remote Video Conference Consultations

- A) All Consultations will be offered remotely through 'Zoom' Video Conferencing unless specifically arranged otherwise
- B) In order to participate in the Consultations remotely, the Consultee needs a Web Cam and a high-speed internet connection
- C) Consultees can participate in video conferencing using their computer, tablet, or even a smart phone
- D) Consultees are advised to use high quality webcam and wired or blue tooth microphone/headphone in order to have a quality video-conferencing experience

5. This Consultation Plan will be valid for 18 months from the effective date of this contract. This will require that the Consultee complete the 10 hours of Group and Individual Consultations in 18 months.

- A) Consultant will offer adequate time slots to accommodate the consultees, but it will be the responsibility of the Consultees to arrange their schedules to participate in the available time slots
- B) The Consultee will have to sign up for the consultations on 'ScheduleOnce' an online signup system in the available time slots on a 'first come-first served' basis.
- C) The scheduling page is embedded on my website www.emdrtrainingacademy.com and accessible to all without any login or password

6. Payments

- A) Payment is required at the time of sign-up.
- B) The Consultation Fee is \$80 for the Individual Consultations and \$50 for the Group Consultations
- C) After you schedule your consultation on the scheduling page, you will be directed to the payment page.
- D) Cancellation and Refund Policies are specified on the scheduling/payment page

7. Limitations of Consultations

- A) No supervisory or employment relationship exists between the Consultant and the Consultee.
- B) The Consultant is not responsible or liable for any ethical violations or misconduct by the Consultee in one's clinical practice.
- C) Consultee (& the Consultee's Clinical Supervisor as appropriate) is solely responsible for the services provided to one's clients.
- D) The Consultant will provide information based on research, scholarly consensus, and experience for Consultee to consider. Consultee will, at all times, will rely on one's own judgment in offering specific psychotherapy services to one's clients.
- E) The Consultee who is not yet independently licensed is **mandated to seek on-going clinical supervision from a Licensed Mental Health Professional** during the course of the EMDR Therapy Consultations

7. The Consultant will provide the letter of recommendation for EMDRIA Certification after the Consultee has met the conditions as specified below

- A) The Consultee has to actively participate in the Consultations and demonstrate one's understanding of all the eight phases of EMDR Therapy protocols/procedures and three-pronged approach as taught in the EMDR Basic Training
- B) The Consultee has to demonstrate fidelity to EMDR Therapy protocols and procedures
 - a) Through discussions and role-plays during Consultations
 - b) Video recording of EMDR therapy sessions with a client demonstrating Phase-3 through Phase-8
 - c) A written case study for one client from the intake session, covering psychosocial assessment, autobiographical narrative, and the treatment plan as outlined in the Therapy Manual from the Basic EMDR Training
 - c) Successfully complete a final oral or written test covering the material from the EMDR Basic Training
- C) If the Consultant in his/her subjective assessment finds the Consultee deficient in any aspect of implementing the protocols and procedures of EMDR Therapy, the Consultant is required to provide constructive feedback with the goal of facilitating Consultee's learning and clinical competencies in a timely manner
 - a) The Consultant may require the Consultee to do appropriate remedial work and/or seek additional consultations for additional fee in order to accomplish that goal
 - b) The Consultant's decision in this regard is final and is not subject to appeal

8. Confidentiality: Consultee will notify clients and obtain written informed consent for consultation prior to presenting any case material to the Consultant and the Consultation Group. Consultee will omit or redact any and all potentially identifying information from written materials and in oral discussions with Consultant and the Consultation Group..

9. Termination of Consultation Contract:

- A) The Consultant or the Consultee can terminate this Contract at any time without cause or reason
- B) Resolution of issues: Consultant and Consultee abide by their respective professional organizations' code of ethics. If any ethical issues arise related to the consultation relationship, Consultant and Consultee will make every effort to resolve them informally and with good will.

10. I (Name) _____ have read the above, and understand all the clauses in this contract and consent to the same. I hereby execute this contract to take effect from (Date)_____

Consultee Date

Consultant Date