



Bismarck



Century



Dickinson



Jamestown



Legacy



Mandan



Minot



St. Mary's



TMCHS



Watford City

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2021-22 All-WDA Gymnastics awards announced

BISMARCK, N.D. – The Western Dakota Association released its 2021-22 postseason gymnastics awards, including the all-WDA team. Coaches nominate and vote on the selections. Six teams had at least one gymnast named. WDA champion Dickinson led the way with six selections. Jamestown had five named. Bismarck Century, Bismarck High, Mandan and Minot High had one gymnast selected to the team. In addition, coaches selected this year's region senior athlete of the year and coach of the year.

All-WDA Team

Bismarck Century – Teah Schulte, So.

Bismarck High – Alyson Krug, So.

Dickinson – Amy Fridley, Jr.; Addison Fitterer, So.; Rylee Olson, So.; ; Aspen Roadarmel, 8th; Anna Karsky, 7th; Elizabeth Karsky, 7th

Jamestown – Haley Nelson, Sr.; Emma Hillerud, Jr.; Brenna Hatch, Jr.; Blair Arbuckle, Jr.; Julia Skari, Fr.

Mandan – Jericah Lockner, So.

Minot High – Haley Conklin, Fr.

Region Senior Athlete of Year: Haley Nelson, Jamestown

WDA Coach of the Year: Andrea Bitz, Jamestown