1st Annual Mineral County Court Appointed Special Advocates (CASA)

5K Run/Walk

(100% of the proceeds to benefit CASA)



The 5K Run/Walk is on a measured and marked course along Water Street and Harley O. Staggers Drive in south Keyser, WV. The course will begin and end at the entrance of the parking lot of the the Keyser South End Park by the pool. This race is flat and great for runners/walkers at all stages of health.

5K Run/Walk Entry Fee:

\$20.00 Adults/\$15 (13 & under) if registered before April 12th **\$25.00 Adults/\$20 (13 & under)** All entries after April 12th to April 27th Make checks payable to: Mineral County CASA

Mail Registration Forms to:

Mineral County CASA 251 ½ W. Piedmont St. Keyser, WV. 26726

Day of the event:

Entrants may pick up their numbers beginning at 8:00 Am, April 27th, under the marked pavilion at the South End Park, the race will start at 9:00 Am. Feel free to dress as your favorite super hero. There will be lite refreshments before and after the race at no charge. There will be a costume contest for adults, children and pets. (see separate entry form)

Awards: 5K Run/Walk Awards to the OVERALL MALE and FEMALE winners and 2nd place male & female

Plus Top 2 finishers in the following age groups:

Women: 13 & under, 14-19, 20-29, 30-39, 40-49, 50-59, 60 & over **Men:** 13 & under, 14-19, 20-29, 30-39, 40-49, 50-59, 60 & over

Miscellaneous: Restrooms are available at the Keyser Swimming Pool, healthy snack options and water will be available to participants at no cost. There will be other fun activities for families to enjoy like the bouncy house, basketball drills from the Men's and Women's Basketball teams of WVU Potomac State College, Think your Drink from WVU Extension, and even a local Farmer's Market and of course photo opportunities with Super Heroes.

For more information contact the Mineral County CASA at 304-788-0068. Also follow the event on CASA's Facebook.

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In consideration of your accepting this entry in the CASA Super Hero 5K Run/Walk, I the undersigned, on behalf of myself or my child, my heirs, executors, administrators, and assigns, do hereby release and discharge Mineral County CASA, their partners, volunteers, medical and support staff and all sponsors as well as their representatives, successors and assigns of all the foregoing from any and all claims for damages, demands, and causes of action arising from and out of my participation in the CASA Super Hero 5K Run/Walk on April 27, 2018.

Last Name:		First Name:		MI:
Address:		City:	State:	Zip:
Circle: Male	Female	Age as of April 27, 2019:		
Signature:			Date:	
Parent's Signature (if under 18)			Date:	