

feel free to copy and paste the parts that resonate, or use as inspiration

Raising Kids with Big, Baffling Behaviors: A Course for Parents

Stop playing behavior whack-a-mole with your child's most baffling behaviors by finally addressing the real problem!. This 12-week course will teach you what behavior really is, and how to change it. Created by Robyn Gobbel and based on the USA Best Selling book by the same name, *Raising Kids with Big, Baffling Behaviors: A Course for Parents* make your child's behavior make sense- *even the ones that don't*. You'll become equipped with interventions, tools, and techniques- that actually work! And in this no-shame, no blame approach to parenting, you'll finally understand why knowing is only half the battle. The course is strategically designed so you don't just learn a bunch of parenting tools and techniques. By the end, you'll actually be able to do the powerful techniques you'll learn.

This course will benefit all parents but is especially offered for parents of kids with vulnerable nervous systems and baffling behaviors. This includes children with a history of trauma and toxic stress (including foster care and adoption), as well as children who are neurodivergent, gifted, have sensory processing differences, or neuroimmune disorders. You might not know why your child has a vulnerable nervous system, and that's OK. This course is for you, too.

The three core tenets of *Raising Kids with Big, Baffling Behaviors: A Course for Parents* are

1. Behavior is just a clue. It's what we see on the outside that gives us some information about what might be happening on the inside.
2. We all need connection to survive. If your child is behaving in a way that makes us not want to be connected to them, we can pause and ask "What's up with that?"
3. Regulated, connected kids who feel safe behave well. To change children's behaviors, we will look for ways to increase regulation, connection, and felt-safety.

Section 1- How to Become the Expert in Your Child's Behaviors. Using the science of being relationally, socially, and behaviorally human, this section will demystify the most baffling behaviors. You'll change how to see and interpret your child's behavior. That change will become the most powerful tool in your parenting toolbox.

Section 2- Now, Let's "Fix" Those Behaviors. Your parenting toolbox will be stuffed with brain, body, and sensory strategies- that actually work. These techniques will strengthen your child's nervous system and decrease baffling behaviors. Better yet, by the end of this section you'll know what interventions to use when.

Section 3- Why Knowing Isn't Even Half the Battle. You aren't a bad parent, so what happens between learning new parenting skills and actually *using* those new parenting skills? Section 3 will grow your tolerance for baffling behaviors so you can parent the way that you want to.

THIS COURSE IS RIGHT FOR YOU IF YOU ARE...

- Ready to move past behavior intervention techniques
- Longing to find a way to see your child's true self....even if they never show it to you
- Willing to do the hard work of looking inward to move onward

THIS COURSE MIGHT NOT BE THE BEST FIT IF YOU ARE...

- Looking for the right behavior intervention to change your child's behaviors
- Most comfortable with consequence-based parenting interventions
- Not interested in considering and addressing the underlying cause of difficult behaviors
- Parenting a child with chronically dangerous behaviors (violence, aggression, substance abuse, sexually acting out, self-injury, etc.)