

**PLANNED PARENTHOOD ANNOUNCES THE RELEASE OF A FIRST OF ITS KIND RESOURCE, "THE TEACHING TRANSGENDER TOOLKIT: A FACILITATOR'S GUIDE TO INCREASING KNOWLEDGE, DECREASING PREJUDICE & BUILDING SKILLS"**

**FOR IMMEDIATE RELEASE: Planned Parenthood of the Southern Finger Lakes and their LGBT Health and Wellness Program, Out for Health, are proud to announce the publication of an important new resource in the field of education and training.**

As an increasing number of transgender people come out, there is a growing need for the provision of culturally competent and fully inclusive professional training to help create a world that is more affirming of transgender people. This is a critical time for transgender people and related rights - the backlash toward greater acceptance of people who are lesbian, gay or bisexual is being targeted toward transgender people. As we see from places like Houston, Texas, fear, misinformation, and ignorance about transgender people are being used as a catalyst for campaigns to strip transgender people of their rights. Education and training is an essential component in protecting and expanding the rights of transgender people. Up until now, there have been limited resources available for facilitators and trainers to use while conducting these trainings. To address this gap, Dr. Eli R. Green and Luca Maurer, MS, have written *The Teaching Transgender Toolkit: A Facilitator's Guide to Increasing Knowledge, Decreasing Prejudice & Building Skills*.

Author, Luca Maurer, shares why we need such a resource, "Transgender people are in our families, our communities, our workplaces, our faith communities, and our schools - they are part of the fabric of our society. Yet stigma and discrimination can make it extraordinarily difficult for transgender people to make their way in the world, and for everyone to learn accurate information about the lives and experiences of transgender people. Education and empathy are first steps toward making a difference and building a more inclusive society in which everyone may fully participate and is treated with dignity and respect. We hope our work inspires and equips others to make just such a difference."

Author Dr. Green reflected, "Over the years, we have seen more and more people interested in participating in training so that they can better understand the needs of people in the transgender communities. With the increased media attention around people like Chaz Bono, Caitlyn Jenner, Laverne Cox and Janet Mock, people are clamoring for information. We are excited and ready to help provide tools so more people can share important positive and affirming information."

**The Teaching Transgender Toolkit is a detailed collection of best practices, lesson plans and resources for those who wish to facilitate trainings about transgender people, identities and experiences.** The first of its kind, this book translates the authors' decades of experience leading transgender-related trainings and educational best practices into a guide that can be used by trainers of all levels to provide accurate and effective trainings. Whether you are a novice who has never led training before, or you are an expert trainer or an expert on transgender identities, the Teaching Transgender Toolkit has something for you!

Using a "create your own training" model, facilitators have 30 lessons to choose from and combine to create their own transgender training. There are 12 foundational lessons which help build participants' basic knowledge about transgender people, reduce anti-transgender prejudice, and build ally skills. These lessons are ideal for use with college students, community groups, faith communities, parents/family groups, and more. There are 12 professional development lessons that, when used in combination with the foundational lessons, will help providers build skills towards providing transgender

affirming services, including: K-12 professionals, college/university professional staff, medical, mental health and social service providers.

With particular attention paid to intersectional approaches and marginalized identities, these lessons are complemented by extensive foundational knowledge about transgender people's identities and experiences, detailed guidance on how to plan, facilitate, and navigate the nuances of teaching about transgender-related topics, and resources to build further knowledge. As a result of these trainings, your participants will be well prepared to acknowledge, support, and engage with transgender people in an affirming manner.

Please visit [TeachingTransgender.com](http://TeachingTransgender.com) for more information and to place an order.

### **Endorsements for the Teaching Transgender Toolkit:**

"Society is increasingly eager to learn about trans people. And while thousands of trans folks and allies have made themselves available to do really great training, we need even more people doing this real teaching. All of us would benefit from a systematic, organized, thorough and thoughtful book like this."  
– *Mara Keisling, Executive Director, National Center for Transgender Equality*

"The Teaching Transgender Toolkit is a first of its kind, much needed resource for any educator looking to help youth serving professionals, families, and communities be more trans sensitive and inclusive. These empathy building and skills-based tools are a great way to help your audiences support transgender communities better."  
– *Leslie M. Kantor, PhD, MPH, Vice President, Education, Planned Parenthood Federation of America*

"Winning equality for transgender people is the most important challenge facing the LGBT movement right now. To do this, we need an army of educators who can create respect, understanding, and empathy. The Teaching Transgender Toolkit offers a complete curriculum that will help do just that. It's a valuable resource that we can't do without."  
– *Roey Thorpe, Equality Federation*

"The Teaching Transgender Toolkit does a skillful job with a difficult task – providing a nuanced discussion and avoiding the pitfalls of easy fixes and platitudes in a way that is still accessible and usable to a diverse array of audiences – from the seasoned advocate to those newer to these issues. It is an important resource for anyone educating about transgender people and issues."  
– *Emily Greytak, Ph.D, Director of Research, GLSEN*

"The Teaching Transgender Toolkit is just what the transgender educational movement needs — a step-by-step guide to facilitating transgender trainings. Particular attention is paid to the diversity of transgender people and trainers, allowing for each trainer to develop excellent quality, individualized lesson plans."  
– *Laura Erickson-Schroth, M.D., New York City Psychiatrist and Editor of Trans Bodies, Trans Selves*

"This is a most impressive work! It is thorough, well-informed, thoughtful, current and expert. The authors not only give us rich background information about transgender lives and experiences, they also provide a Toolkit that allows us to train others, shift the culture and transform the world. Resources don't get much better than this!"  
– *Marcia Quackenbush, MS, MFT, MCHES, Senior Editor and Health Education Specialist, ETR*

"At last there is a comprehensive resource to inform, guide, and inspire educators, administrators, and other professionals in their efforts to be trans-inclusive and affirming. The Teaching Transgender Toolkit is a remarkable collection of lessons that will create positive and much needed change in the world. A copy should be in every school, medical office, social service agency, and home."

– *Al Vernacchio, M.S.Ed., Sexuality Educator, Author of For Goodness Sex: Changing the Way We Talk to Teens about Sexuality, Values, and Health.*

“FANTASTIC Resource! Every educator in every setting should have The Transgender Toolkit as a resource, whether or not there is formal teaching specifically on transgender issues. I learned so much just reviewing it.”

– *Konnie McCaffree, PhD*

“This is a necessary toolkit for all sexuality educators. In this single publication, you will find a comprehensive guide to facilitating culturally competent transgender affirming education for a wide variety of audiences. This is a must own for all educators who wish to become more competent in raising awareness regarding transgender-related issues across multiple settings.”

– *Stephanie C. Chando, MSW, LSW, MEd, University of Pennsylvania Health System*

“This toolkit provides valuable lessons for those who desire to create spaces and provide resources which all people deserve. It is clear, respectful, and easy to use. This is a must have toolkit at all Universities and should be required for all Student Affairs professionals.”

– *Elizabeth Amaya-Fernandez, MPH, Senior Program Coordinator of Community Outreach; Center for Alcohol Studies, Rutgers University*

“The breadth, depth and scope of The Teaching Transgender Toolkit will have a profound impact on the delivery of compassionate, highly effective trans-inclusive sex education and healthcare. Long overdue, this user-friendly manual needs to be in the hands of every educator, therapist, and healthcare provider. As I read this manual, I kept a running tally of all the places I could use it; all the providers who will benefit. I’m most thankful for the way it is thoughtfully organized and can be used by organizations just beginning their process towards creating more inclusive environments and for those ready for intensive, advanced work.”

– *Lisa Schulze, M.Ed, CSE, Training and Education Coordinator, The Adolescent Health Project, Women’s Fund of Omaha*

“This amazing, thorough, creative book should be in the hands of every educator, every family, and every school/health care provider in the nation. It is a life-saving manual that is exactly what we need.”

– *Mary Jo Podgurski, RNC, EdD*

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For over forty years Planned Parenthood of the Southern Finger Lakes (PPSFL) has served as our community’s leading sexual and reproductive health care provider and advocate. We believe that all people deserve information and expert services to make informed, personal decisions that affect their health, their lives, and their futures. We proudly educate families and youth replacing fear and facts, and misinformation with education. Our programs include a teen pregnancy prevention program, Out for Health, our LGBT Health and Wellness program, and comprehensive services to victims of sexual assault through our Sexual Assault Resource Center. We advocate for policies that improve sexual health.

Please visit [PPSFL.ORG](http://PPSFL.ORG) for more information.