

July Breakfast & Lunch Menu

Monday	Tuesday	Wednesday	Thursday	Notes
			1	No School 20th: First Day of School
5		7	8	Welcome back!!! We are excited to see you all again. Lets make it a great year!!!
12		14	15	
19	20 Cereal Diced Peaches String Cheese Fruit Juice Milk	21 Pancakes w/ Syrup Apple or Orange Fruit Juice Milk	22 Yogurt w/ Granola Diced Peaches Fruit Juice Milk	
26 Cereal Apple Sauce String Cheese Fruit Juice Milk	27 Biscuit & Gravy Fruit Juice Apple or Orange Milk	28 Sausage Pancake To-Go Syrup Diced Peaches Fruit Juice Milk	29 Egg & Cheese Sandwich Fruit Juice Apple or Orange Milk	Any questions, please call or email Chef Mayo at (928)692-0013 Ext. 209 Email: amayo@hesd.net

Monday	Tuesday	Wednesday	Thursday	Notes
			1	No School 20th: First Day of School
5		7	8	We are so excited to have you all back, and welcome to the new students!!! We are going to make this a great year!! -Chef
12		14	15	
19	20 Nachos Refried Beans Fruit and Vegetable Bar Milk	21 Crispy Chicken Sandwich On Whole Grain Bun Fruit & Vegetable Bar French Fries Milk	22 Pepperoni Pizza Fruit & Vegetable Bar Broccoli Florets w/ Ranch Milk	
26 Chicken Nuggets BBQ Sauce Fruit & Vegetable Bar Seasoned Green Beans Milk	27 Beef Tacos Salsa Fruit and Vegetable Bar Refried Beans Milk	28 Cheese Burger On Whole Grain Bun Fruit & Vegetable Bar French Fries Milk	29 Pizza Fruit & Vegetable Bar Broccoli Florets w/ Ranch Milk	Any questions, please call or email Chef Mayo at (928)692-0013 Ext. 209 Email: amayo@hesd.net

"This institution is an equal opportunity provider."