

# NEOGL LEVEL 4 & MODIFIED OPTIONAL CHAMPIONSHIPS AT OGI

May 4-5, 2013

**LOCATION:**

**The Ohio Gymnastics Institute, Inc.**

5701 West Webb Road  
Austintown, OH 44515  
330-652-4386 (voice) / 330-652-4387 (fax)  
www.JADEC4L@hotmail.com/ www.TEAMOGI@aol.com

**SKILL LEVELS:**

Girl's level 4 and Modified Optional Novice, Intermediate, Advanced

**AWARDS:**

Awards are as follows:

Individual Events: placement awards will be provided up to 10 places

All Around: top 10 placements will be awarded

Ties will not be broken

All competitors will receive a medal

Gymnasts' age is age as of January 1, 2013

Level 4s will be broken into Experienced with an All Around of at least a 34.00 and Novice being a 33.975 and below

MOI will be broken into Experienced with an All Around of at least a 35.00 and Novice being a 34.975 and below

All Around scores can be used from any intra-league competition

\*Please specify if your athletes are Experienced or Novice on the meet entry form

**ENTRY FEE:**

\$25.00 per Gymnast

Make checks payable and mail to:

Ohio Gymnastics Institute, Inc.

5701 West Webb Road

Austintown, OH 44515

Entry fees are due by March 24, 2013

**GATE:**

Adults: \$5.00 / Students & Seniors \$3.00 (55 + & 18 - 4 yrs) /

Infants: Free (4 yrs & under)

**SANCTION:**

This event is sanctioned by the AAU Gymnastics.

All participants must have a current AAU Membership

AAU membership may not be included as part of the entry fee to the event

**FORMAT:**

Traditional

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## Final Schedule

Saturday, May 4, 2013

### Session 1: MON (66)

8:00-8:30 Stretch  
8:15 Coaches meeting  
8:30-9:45 Warm ups  
9:45-10:05 March in  
10:05-11:45 Competition  
11:45-12:15 Awards

### Session 2: MOA/MOI (47)

1:15-1:45 Stretch  
1:30 Coaches meeting  
1:45-2:35 Warm ups  
2:35-2:50 March in  
2:50-4:30 Competition  
4:30-5:00 Awards

### Session 3: Level 4 Experienced-10 & Older (37)

6:00-6:30 Stretch  
6:15 Coaches meeting  
6:30-7:10 Warm ups  
7:10-7:30 March in  
7:30-8:30 Competition  
8:30-9:00 Awards

Sunday, May 5, 2013

### Session 4: Level 4 Novice-9 & Younger (50)

8:00-8:30 Stretch  
8:15 Coaches meeting  
8:30-9:10 Warm ups  
9:10-9:30 March in  
9:30-10:45 Competition  
10:45-11:15 Awards

### Session 5: Level 4 Novice-10 & Older (47)

12:15-12:45 Stretch  
12:30 Coaches meeting  
12:45-1:25 Warm ups  
1:25-1:45 March in  
1:45-3:00 Competition  
3:00-3:30 Awards

### Session 6: Level 4 Experienced-9 & Younger (51)

4:30-5:00 Stretch  
4:45 Coaches meeting  
5:00-5:50 Warm ups  
5:50-6:10 March in  
6:10-7:30 Competition  
7:30-8:00 Awards